

القواعد العامة لكتابة موضوع التعبير

يعتبر موضوع التعبير من أصعب الاسئلة التي تواجه طالب الثانوية العامة ولذا كان الحصول علي درجة التعبير كاملة ليس بالامر اليسير. وبناء علي ذلك فقد خصصت له هذا الجزء ليكون عون للطالب ووسيلة للتدريب المكثف علي كتابة موضوع التعبير بحيث يكتسب الطالب الخبرة اللازمة للتعامل مع هذا السؤال وكذلك يكتسب مهارة الكتابة. وهذا الامر لا يتحقق الا بالتدريب المستمر علي كتابة موضوعات التعبير ونحن هنا نوفر هذه الفرصة وعلينا ان نتبع التالي جيدا :
أولا :- الامام بقدر معقول من الثروة اللغوية مع حفظ ما يتسني لك من التعبيرات الشائعة.

ثانيا :- موضوع التعبير هو عبارة عن عدة جمل مترابطة في المعني ولذا كان لزاما عليك ان تعرف البناء السليم للجملية الخبرية. (كل ما ذكر

في الترجمة)

ثالثا :- يجب مراعاة القواعد العامة لكتابة موضوع التعبير وهي :

1- ان تترك مسافة تعادل خمسة احرف في السطر الاول فقط من الموضوع.

2- ان تبدأ كل جملة بحرف Capital كبير وواضح.

3- ان تضع (.) واضحة في نهاية كل جملة .

4- ابدأ الموضوع بـ topic sentence أي جملة رئيسية تحتوي في مجملها علي فكرة الموضوع.

5- أن تراعي الترابط والتنسيق العام بين أفكار الموضوع .

6- ان تستخدم الزمن الصحيح والمناسب لنوعية الموضوع الذي تكتبه فقد يكون في المضارع وقد يكون في الماضي أو المستقبل أو خليط بينهم.

7- تجنب استخدام الجمل المعقدة والتي تحتوي علي مفردات وتركيبات صعبة قد توقعك في أخطاء أنت في غني عنها وعلينا باستخدام الجمل البسيطة والسهلة في المعني.

8- خصص صفحة كاملة أو صفتين للموضوع في ورقة الامتحان ويفضل دائما أن تترك سطر عند كتابة الموضوع.

9- اجتهد في تحسين خطك وذلك بترك مسافة بين كل كلمة واخري فهذا يعطي انطباعا طيبا للمصحح ويسهل عليه فهم ما تريد التعبير عنه .

1 - البداية (المقدمة) 2 - الموضوع (subject matter)

2- النهاية (the end)

1) طرق كتابة بداية الموضوع :

جمل افتتاحية تصلح لموضوعات نافعة

ملحوظة : نضع في الفراغ الموجود في هذه التعبيرات كلمة او عبارة تمثل الموضوع :

1) We all agree that is one of the most important things in our life and has it is vital role nowadays .

⊗ نتفق جميعا أن واحد من أهم الأشياء في حياتنا وله دورا حيويا هذه الايام.

2) We all admit the importance and necessity of in our life.

⊗ كلنا نقر باهمية وضرورة في حياتنا

3) No wonder if we say that has (have) its good and positive effects on us.

⊗ لا عجب إذا قلنا أن له آثار طيبة وايجابية في حياتنا جميعا.

4) We all agree that is very necessary and plays an important part in our life.

⊗ كلنا نتفق أن ضروري جدا ويلعب دورا هاما في حياتنا .

5) We should put into consideration that has (have) become one of the most important things in everyone's life.

⊗ يجب أن نضع في الاعتبار ان قد أصبح واحدا من أهم الأشياء في حياة كل شخص.

7) In my opinion, is really important and necessary nowadays. It may have good and positive effects on all of us. I think so because may bring all the good to our society.

⊗ في رأيي هو حقا مهم وضروري هذه الايام وقد يكون الاثر الطيب والايجابي علينا جميعا وانني اعتقد ذلك لان قد يعود بالنفع علي مجتمعنا.

جمل وتعبيرات تصلح مقدمات لموضوعات ضارة أو مشاكل

1) I see that stands for an obstacle in the way of our progress so our state spares no effort to put an end to it.

⊗ انني اري ان يمثل عقبة في طريق تقدمنا ومن ثم فدولتنا لا تدخر جهدا لكي تضع حدا له.

<p>2) In my point of view, is really serious and harmful nowadays. It may have bad and negative effects on all of us. I think so because may bring all the evil to our society.</p> <p>من وجهة نظري هو فعلا خطير وضار هذه الايام وقد يكون له اثار سيئة وسلبية علينا جميعا . وانني اعتقد ذلك لان قد يجلب الشرور الي مجتمعا.</p> <p>3) There is no doubt that is one of the most dangerous phenomena in our life and has its bad and negative effects nowadays.</p> <p>مما لاشك فيه أن هي واحدة من أخطر الظواهر في حياتنا وكذلك له اثاره السيئة والسلبية في وقتنا هذا.</p> <p>4) Frankly Speaking, is one of the worst things in our life. Thus, our state spares no effort to fight it.</p> <p>بصراحة القول واحدا من أسوأ الأشياء في حياتنا . وعلي هذا فان دولتنا لا تدخر جهدا لكي تكافح وتقاوم هذا الشيء.</p>	<p>يمكنك أن تبدأ بـ</p> <p>1- جملة عامة عن الموضوع يفهم القارئ من خلالها ما يدور حوله الموضوع.</p> <p>2- حكمة أو مثل أو حكاية.</p> <p>3- بتعريف الموضوع .</p> <p>4- باقتباس.</p> <p>2) أما عن كتابة الموضوع ينبغي مراعاة الاتي :</p> <p>1- يجب أن تكون الجمل واضحة ومتوازنة .</p> <p>2- تجنب الجمل الطويلة بشكل عام . وأن تختار الكلمات المناسبة للتعبير عن الفكرة وتجنب استخدام الكلمات الغريبة الغير مفهومة.</p> <p>3- الاستخدام الصحيح لعلامات الترقيم (punctuation) .</p> <p>4- تجنب الكتابة بضمير المتكلم الا إذا كان الموضوع يخص شخص لكاتب الموضوع مثل موضوع My favourite game – لعبتي المفضلة.</p> <p>3- الخاتمة The end :</p> <p>غالبا ما تتضمن الخاتمة ملخصا (summary) للآراء التي عبرت عنها أو النتيجة التي وصلت إليها والنتيجة هذه قد تكون نصيحة أو تحذير أو اعطاء رأي أو غيره.</p> <p>1- ولما كانت البداية الجيدة تعطي انطبعا جيدا للمصحح ، رأيت أن أقدم لك هذه المجموعة من التعبيرات الشائعة وعليك أن تحفظها لتكون عوننا بشرط أن توظفها في مكانها الصحيح وفي الموضوع الذي تتناسب معه.</p>
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كيف اربط بين أفكار وجمل الموضوع ؟

خامسا : هناك بعض الروابط والكلمات والمصطلحات التي تكتب مع بداية كل فكرة جديدة وتستخدم لربط الموضوع مثل :-

On one hand	من ناحية	One the other hand	من ناحية أخرى
In addition to that	بالإضافة إلى ذلك	Moreover = further more	علاوة على ذلك
Above all	فوق كل ذلك	Thus	وبناء على ذلك
Hence	ومن ثم	At the same time	في نفس الوقت
And as a result	ونتيجة لذلك	More than that	اكثر من ذلك
Over and above	مضافا إلى ذلك	Consequently	نتيجة لذلك

سادسا : ثم ننهي الموضوع باحدى هذه العبارات : كيف أختتم موضوع التعبير

👉 Finally , it is quite clear that(الموضوع) Is really.....(صفة)..

👉 In brief, I think that is really

👉 To sum up , one can say that is really

الموضوع السلبي

I don't know where to begin because this matter occupied my attention as it is one of the most serious problems which threatens our life at present .It's out of discussion that the problem ofالموضوع..... doesn't bring happiness and development to our society

We must exploit all our natural resources and do our best to find suitable answers to ...الموضوع....In my opinion this problem hinder progress and development.



At my point of view , I believe that.....الموضوع..... is really serious and harmful and may have bad and negative effects on all of us . I see thatالموضوع.....stands for an obstacle in the way of our progress , hence our state spares no effort to put an end to it . On one hand I think that one should unite , co-operate and stand , shoulder to shoulder againstالموضوع..... . On the other hand the government must try to overcome this serious problem by finding the best solutions .one of the most important solution to this problem is that all members of the society must participate in putting an end to this serious problem

الموضوع الايجابي

I don't know where to begin because this matter occupied my attention but can we imagine life in the absence of.....الموضوع.....? In my opinion , I'd like to say thatالموضوع.....is really necessary nowadays and may have good and positive effects on all of us . I think so because ...الموضوع.....may bring all the good to our society . To begin with , I'd like to say that , we Egyptians always react well to what is good and react badly to what is bad . Thus we all agree to and encourage.....الموضوع.....

In fact , it's impossible to lead a happy life without.....الموضوع.....as it is one of our chief sources of wealth . with the help of ...الموضوع.....we can realize progress and development .The government must exploit all our natural resources and does its best to encourage...الموضوع.... to raise the standard living of citizens. We should put into consideration thatالموضوع..... has (have) become one of the most desirable topics in our society. No wonder if we say thatالموضوع..... has its good and positive effects on usالموضوع..... is considered an important step to improve and develop one society .We all agree thatالموضوع.....is one of the most important things in our life and has its vital role nowadays .

الخلاصة للبرجراف

الموضوع الايجابي

المقدمة

There is no doubt that الموضوع play an important role in our daily life because it has a lot of advantages which we can t count but we can mention some of it .

I جمل للموضوع

It can increase our national income It can solve a lot of social problems .It can provide employment or job opportunities for the youth ..It can provide hard currency for our country . It can lead to progress , welfare and prosperity .It can build our body and character. I can strengthen our health and be fit .It can protect the youth from crimes and deviation . It can save time and effort and do jobs quickly.It can provide us with news an knowledge in all fields .

الخاتمة

الموضوع So we should do our best to support and encourage

الموضوع Finally, we can't do without to live happily .

الموضوع السلبي

المقدمة

There is no doubt that الموضوع has bad effects on our daily life because it has a lot of disadvantages which we can't count but we can mention some of it .

جمل للمشاكل

الاسباب-1

It is clear that المشكلة has several causes for example (burning oil –loud noise –throwing Rubbish-free time without useful hobbies –plenty of money-lack of food money health .)

النتائج-2

It can lead to serious health problems . It can cause crimes and deviation . It can lead to poverty and social problems . It can hinder progress , welfare and prosperity . It can lead to waste of time ,effort and health uselessly . It can spread diseases and dirt in our environment . It can lead to violence and hatred . It can lead to depression and economic problems .

الحلول-3

So we should do our best to get rid of this problem through co operation and hard work .

The government and the individuals should stand shoulder to shoulder to fight against this problems by spreading the national awareness and its dangerous results .

الخاتمة-4

الموضوع So we should try hard to put an end to to live in happiness .

Common Mistakes in Writing

أخطاء شائعة في الكتابة

● عندما تريد أن تقول : يوجد الكثير من.....

نستخدم: **There are a lot of** في حالة الأسماء الجمع التي تعد و نستخدم **There is a lot of** في حالة الأسماء التي لا تعد و المفرد

- ◆ **There are a lot of computers in our schools nowadays.**
- ◆ **There is a lot of evidence that smoking is harmful to health.**

■ هناك فرق بين

there هناك (ظرف مكان) their ضمير ملكية

- ◆ **The boys studied their lessons well.**
- ◆ **Can you see the tree over there?**

الكلمات الآتية مفرد و لا تجمع:

Equipment evidence information

- ◆ **The equipment we use in our schools is modern.**

لا نستخدم حرف جر مع:

Everywhere, anywhere, next week, last week

- ◆ **Computers are used everywhere nowadays.**
- ◆ **I will travel to London next week.**

في حالة استخدام **which, who, that** يحذف الضمير الذي حلت محله هذه الكلمات

- ◆ **The food that we eat should be healthy.**

لاحظ حذف الضمير "it" بعد الفعل eat في الجمل السابقة

عند ترجمة جملة فيها "حقق إنجازات" نقول **made achievements**

- ◆ **Scientists made great achievements in the 20th century.**

عند ترجمة جملة فيها "يؤثر في" نقول إما **have an effect on** أو **affect + obj**

- ◆ **Smoking has a bad effect on health.**
- ◆ **Smoking affects health badly.**

■ هناك فرق بين

Peace سلام

piece قطعة

- ◆ **Egypt plays a great role in making peace in the Middle East.**

الكلمات الدالة على الجنسية تبدأ بحرف **Capital**

- ◆ **The government provides health care for all Egyptians.**

■ ضمائر الملكية التي لا يتبعها اسم هي:

Mine, hers, yours, ours, theirs

- ◆ **This is my book, it's not yours.**

■ لاحظ أن **its** هو ضمير ملكية يأتي بعده الاسم:

- ◆ **A lot of tourists visit Egypt to enjoy its beautiful weather.**

■ ولاحظ أن **it's** هي اختصار **it is / it has**

- ◆ **It's raining now.**
- ◆ **It's written in English.**
- ◆ **It's the most beautiful garden I have ever seen.**

■ الكلمات الآتية تأتي بعدها فعل مفرد و لكن يشار إليها بضمير جمع :

someone/ somebody/ everyone/ everybody/ anyone / anybody / no one / nobody

- ◆ **Everyone should do their best so that Egypt can keep up with advanced countries.**

■ عند كتابة خطاب لاحظ أن الجمل الآتية هي الصحيحة :

◆ **I am writing this letter to thank ...**

- ◆ **I am waiting for your reply.**

■ لاحظ أن الفعل **enjoy** لا يستخدم معه حرف جر

- ◆ **She enjoys playing tennis.**

■ لاحظ أن الفعل **teach** بمعنى "يعلم" أو "يدرس" و يأتي منها كلمة **teacher**

■ لاحظ أن الفعل learn بمعنى "يتعلم" أو يأتي منها كلمة learner (متعلم/دارس)

- ◆ Schools teach us English.
- ◆ We learn English at school.

■ لاحظ أن فعل to be لا يستخدم إلا في ثلاث حالات فقط هي :
(1) في تكوين زمن المضارع المستمر و الماضي المستمر

- ◆ They are building a new road.
- ◆ She was listening to the news.

(2) في تكوين المبني للمجهول

- ◆ The city was destroyed by the earthquake.

(3) كفعل أساسي في الجملة

The weather was beautiful yesterday.

■ لاحظ أن كلمة means تستخدم في المفرد و الجمع بنفس الهجاء و في حالة المفرد تسبقها الأداة a:

- ◆ Television is a means of communication.
- ◆ Buses and trains are means of transport.

■ الجملة التي تبدأ بفعل مضاف له ing يأتي معها الفعل مفرد:

- ◆ Learning foreign languages is useful.
- ◆ Doing sports helps us to get fit.

■ لاحظ ما يلي :

With the help of..... بمساعدة In this way..... بهذه الطريقة
One of the advantages of ----- is that -----

Common Mistakes

هذا بحث مبسط غرضه تصحيح الأخطاء التي يقع فيها الطلاب عند الكتابة

أولاً : أخطاء علامات الترقيم punctuation

1- نجد الطالب يبدأ الجملة بحرف small ويستخدم ال capital في غير مكانه وقد ينهي الجملة بفاصلة ويختم السؤال بنقطة يعني فوضى.
لازم الطالب يعرف أن :

أول حرف في الجملة لازم يبدأ ب capital مثلما مش ينفع اكتب كده . he is ill لازم اكتبها كده :
He is ill.

الضمير (أنا I) يكون هكذا capital في أي مكان في الجملة.

أسماء الأيام والشهور والأشخاص والبلاد والوزارات واللغات والجنسيات والبحار والانهار والمحيطات والقنوات والخلجان والسدود والواحات و الجبال والكتب والصحف ولفظ الجلالة God وضمائره والألقاب كلها تبدأ بحرف capital.

ننهي الجملة بنقطة.

ننهي السؤال بعلامة استفهام.

بعد Yes او No نضع فاصلة وكذلك قبل الكلام المباشر وعند مخاطبة شخص وللفضل بين مجموعة من الكلمات في قائمة من نوع واحد.

وعلامة التعجب بعد التعجب ! What a good pen .

علامات التنصيص " " في الاسلوب المباشر.

ال- apostrophe للملكية: سيارة عمر Omar's car ولو الاسم منتهى ب s نضع ' فقط.

ثانياً / أخطاء الجرامر وهذه كثيرة جداً ومنها :

1- كتابة الجملة بدون فعل وهذا لاعتقاد الطالب انه مادامت الجملة في العربي مش فيها فعل (الجملة الاسمية طبعاً) يبقى في الانجليزي نفس الوضع .
طبعاً الكلام ده غلط لأن لازم الجملة في الانجليزي يكون فيها فعل لذلك اذا لم تجد فعل في الجملة العربي التي تترجمها الى انجليزي استخدم من عندك احد أفعال verb to be .

مصر احسن بلد في العالم / يروح كاتب : Egypt the best country in the world نقوله لا ناقصة حاجة مفروض تقول Egypt is the best country in the world.

2- عدم استخدام a / an حينما يكون ضروري استخدامهم مثلا الطالب يريد ان يقول : اشتريت كتابا يكتبها هكذا **I bought book.** نقول له الجملة ناقصة هي قول ناقصة اية؟ نقوله كلمة كتابا دي اسم مفرد معدود نكرة صح؟ يبقى لازم نحط قبلها اداة نكرة **a** مع الاسم البادئ بحرف ساكن و **an** مع البادئ بحرف متحرك يبقى الصح انه يقول **I bought a book.**

3- الاستخدام الخاطئ **the** فكثير من الطلاب يستخدمها قبل كلمات لا تأخذ **the** ولذلك ننصح الطالب بمراجعة استخدامات **the** ومتى لا تستخدم. تذكر ان **the** لا تستخدم قبل الالعاب الرياضية **football** وليس **the football** ولا تستخدم قبل اسماء المواد الدراسية ولا المواد الخام ولا الاسماء المعنوية ولا اسماء الوجبات ولا اسماء اللغات ولا قبل كلمة **home** ولا قبل كلمة **work** بمعنى العمل ولا تستخدم قبل اسماء الاشخاص والبلاد الا المستثنى من هذه القاعدة ولا قبل الاسم الجمع الذي يشير الى شئ عام غير محدد اما ان اثار الى شئ محدد او مخصص يسبق ب **the**.

4- الاستخدام الخاطئ لترجمة الافعال التي تتبع بحرف جر في اللغة العربية بينما هذه الافعال لا تأخذ حرف جر في الانجليزية وذلك لاختلاف طبيعة كل لغة عن الاخرى واليك هذه الأمثلة:

* يتمتع ب **enjoy** وليس **enjoy with** كما يكتبها كثير من الطلاب وهذا خطأ أكيد.
 * يحتفل ب **celebrate** * يخاطر ب **risk** * يتغلب على **overcome** * يجيب على **answer** * يقترب من **approach** * ينتهي من **finish**
 * يصل الى **reach** لكن **arrive at/ arrive in** * يسمح ل **let** * يؤثر على **affect**

5- من الخطأ العجيب استخدام **to** بعد الافعال الناقصة يعنى مش ينفع اقول **will to** ده خطأ فادح.

6- استخدام **verb to be** قبل كل الافعال بدون تمييز مثلا تلاقى طالب كاتب : **The government is pays attention to developing education** طبعا غلطة لا تغتفر لابد ان يعرف الطالب استخدامات **verb to be** كفعل اساسى في الجملة (مفيش معاه فعل تانى) بمعنى (يكون) و أحيانا بمعنى (موجود) وفي هذه الحالة يأتى بعد صفة **He is ill.** او اسم **He is a doctor.** او ظرف مكان **I am here... الخ** ويستخدم ايضا كفعل مساعد في تكوين الازمنة المستمرة **I am writing a letter now.** وفي المبني للمجهول **Football is played by me every day.**

7- ومن الاخطاء الغربية ان بعض الطلاب يستهل الجملة بالاسم وبعده الضمير وهذا خطأ انظر الى هذه الجملة:

Ahmed he is nice. طبعا ده غلط في غلط اما يقول **Ahmed is nice.** او **He is nice.**

8- من الأخطاء الشهيرة نسيان اضافة ال **s** مع الضمائر **he/ she/ it** ومايساويها من الاسماء عند استخدام زمن المضارع البسيط الذي يعبر عن الحقائق والعادات فمثلا تجد الطالب يكتب : **He play football every day.** لاحظت الخطأ؟ اكيد الخطأ انه نسي حرف **s** مفروض كان يكتب ويقول : **plays**

9- من الاخطاء الواضحة الترجمة الخاطئة للمضاف والمضاف اليه اقصد (اسم نكرة + اسم معرفة) زي مثلا (تلوث البيئة) تجد الطالب يكتبها كده : **Pollution environment** وطبعا ده غلط طب الصح ايه؟ الصح انك لما تترجم (اسم نكرة+معرفة) تضع **the** قبل النكرة و **of** بعده فتصبح : **the pollution of the environment** أو : **environment pollution**

10- وكذلك من الاخطاء الترجمة الحرفية لحروف الجر المصاحبة لبعض الكلمات لظن الطالب ان اللغة العربية لا تختلف عن الانجليزية في اى شئ وهذا طبعا خطأ واليك بعض الامثلة: يساهم في **contribute to** وليس **contribute in** / جيد في **good at** مش **good in** لاحظ الترجمة الصحيحة لما يلي : خطر على : **dangerous to** / يفكر في **think of/ about** / يحلم ب **dream of/ about** / يشجع... على **encourage ..to** يمكن ..من **enable ...to** / يثنيه... عن **discourage ... from** وهكذا

11- وكذلك من الاخطاء المعروفة الناتجة عن

الاختلاف بين اللغة الانجليزية واللغة العربية ان هناك كلمات باللغة العربية جمع بينما في الانجليزية مفرد غير معدود وتأخذ فعل مفرد وليس جمع كما هو الحال في اللغة العربية فتجد طالب يقول : **The news are good today.** الصح ايه؟ معروف **The news is good today.**

The importance of electricity and how to save it at home.

Electricity has become a main part of our life. People can't do without it. It is light, it is

Important Paragraphs

(1) Energy

There are different forms أشكال of energy. Most of the energy used today in homes and industry

heat, and it is energy. Think of how many home appliances are run by electricity. We depend on electricity in almost all aspects of life. There are many ways by which we can save energy in our everyday lives. You use a lot of electricity every day. Use only what you need. Don't turn on two lights if you only need one. Remember to turn off the lights when you leave a room. Turn off the TV and video games, too. On a sunny day, read by a window. It's a simple way to save energy. Keep the refrigerator door closed. If the air conditioner is on, keep doors and windows closed. If you can, just use a fan and wear light clothes instead of using the air conditioner. Use the microwave. فرن كهربى Microwave ovens shorten cooking times, which saves energy. Always buy economical light bulbs that use less energy. The things you do every day make a difference. If everyone saves just a little energy, it adds up to a lot. When you save energy, you save money, too. You have more money to spend on other things. Saving energy also helps protect the environment.

The necessity of reducing our consumption of water and electricity

It is known that energy and water are the basis and the artery of life. All living things and machines can't live or work without them, however energy and water are about to run out. Therefore we mustn't ignore these problems otherwise we will lead hard life. All of us must seek hard to rationalize using them. The Nile is the only source of water in Egypt. So we must keep it clean and use its water only when necessary. We mustn't be wasteful at using its water. We mustn't forget to rationalize using electricity. From my point of view, there are many simple ways to rationalize electricity for example we should switch off electric sets after using them. We must spread the awareness of the importance of rationalization among citizens to avoid this serious problem. We can use natural light by day. Dr. Ibrahim Ghneim, Minister of education asked for rationalization of consumption of water and electricity in schools and education departments. At last not at least we can say that consumption rationalization of water and electricity need great interest from us.

Increasing Production and encouraging tourism are the only ways for Egypt to reach the shore of

comes from fossil fuels وقود حفري. Coal, oil and natural gas are all fossil fuels. They are called non-renewable غير متجددة because it takes millions of years to make or renew them. So, we must reduce the amount of non-renewable fuels that we use.

We need to find other forms of energy that will never run out تنفذ / تنتهي. These forms of energy are called renewable. Examples of these are energy from the sun and the wind. Water is another renewable source of energy. It is called hydroelectric power. Nuclear energy is also a clean renewable source مصدر of energy. However, it is dangerous. It is important that we all save energy.

(2) The Sun

The sun is very important to us. It gives us heat and light. Without the sun, there wouldn't be life on Earth. The energy we get from the sun can be used in different fields مجالات. The sun is a long way from the Earth. In ancient times, people knew the importance of the sun. Some of them even worshipped عبدوا the sun.

There are some dangers of the sun. If you look directly at the sun, it may damage your eyes. The sun gives out X-rays and ultraviolet rays الأشعة فوق البنفسجية. These rays are very harmful to life. Most of these rays get soaked up تمتص in the atmosphere. This is why they do not affect us. In fact we cannot do without يستغني عن the sun.

(3) The Eiffel Tower

The Eiffel Tower is the most famous landmark أشهر المعالم in Paris. It was built in 1889. It was the world's highest structure بناء until 1931. It is 300 meters high. The Tower was named after سمي باسم Gustave Eiffel, the engineer who designed it. It cost more than a million dollars to build. People from all over the world visit the Eiffel Tower every year.

The Tower has three levels, which are connected by lifts بمصاعد. Visitors can climb the steps السلالم to the top of Tower or use the lifts.

The Tower has been climbed by mountaineers متسلقو

safety.

Egypt nowadays is facing a great challenge. It wants to cross this critical transitional stage مرحلة إنتقالية حرجة to reach the shore of safety. In order to attain this sublime goal, هدف سامي Egypt is in a hard need of more efforts, more sacrifice and more self-denial. إنكار There is no time for slogans شعارات and cheers. Actions speak louder than words. All Egyptians must realize this fact to forget about their political attitudes and serve their beloved Egypt. Every one of us should do his duty fully to make up for the time lost. We must bear in mind that increasing production is the only way for stability and safety. With it, we can increase our income and pass the burdens of life. Moreover, we have to encourage tourism by all possible means. We know that tourism is the second earner of hard currency after petroleum products. That's why we ought to provide tourists with all facilities to attract them to visit Egypt. Good accommodation, good transport and friendly treatment are the magical keys for tourism to flourish and prosper. Each one of us should see himself as a tour guide to achieve tangible ملموس progress in the field of tourism. In fact it's our responsibility to restore Egypt's pioneering role in the Middle East area.

The importance of trees

Trees are very important to our life. They take in carbon dioxide and give us oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful. Therefore, trees protect us from global warming. Trees provide us with many useful things such as rubber المطاط and medicines. Some trees may provide a cure علاج for diseases like cancer. Planting trees is very useful. We have to plant more trees, especially in towns and cities. This helps to reduce the amount of pollution. Trees help to keep the balance of nature المحافظة علي توازن الطبيعة. If the balance of nature is upset اختل, life on Earth will be impossible. We have to take great care of trees and punish نعاقب those who cut them down.

إعادة التصنيع Recycling

Many societies reuse materials that are thrown away. Materials ranging from precious metals معادن ثمينة to plastic spoons, can be reused. This recycling process extracts تستخلص

الجبال. From the top of the Tower you can see most of Paris. The view المنظر from the top of the Tower is wonderful.

(4) The Cairo Metro

The Cairo Metro is a wonderful work of engineering عمل هندسي. It's the only underground in Africa or the Middle East. It's fast, cheap and safe. You can go to any place in a very short time. About 2 million passengers use the Metro daily. There are now plans for a Metro line in Alex.

A decade has passed since the Cairo Metro started its service. It has proved أثبت to be the most efficient الأكثر كفاءة public means of transport وسيلة in the city. It links the city suburbs الضواحي in the north and south with downtown وسط المدينة. One of its great merits مزايا is that it is environment friendly, صديق للبيئة having no fumes عادم to pollute the atmosphere. Moreover, it is the only public means of transport where smoking is strictly forbidden ممنوع منعاً باتاً. Those who smoke pay a fine غرامة of 10 pounds.

(5) The importance of trees

Trees are very important to our life. Animals and people breathe in يستنشق oxygen and breathe out يخرج carbon dioxide. Carbon dioxide ثاني أكسيد الكاربون is a poisonous سام gas. Plants and trees take in carbon dioxide and give out oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful.

Trees provide us with many useful things such as rubber المطاط and medicines. Some trees may provide a cure علاج for diseases like cancer. Planting trees is very useful. This helps to reduce the amount of pollution. Trees help to keep the balance of nature المحافظة علي توازن الطبيعة. If the balance of nature is upset اختل, life on Earth will be impossible. We have to take great care of trees and punish those who cut them down.

(6) My plans for the future

(What career are you going to choose and why?)

We all have our dreams which we hope will come true تتحقق. I have many plans for the future. I want to go to university and become a doctor. I'd like to practise medicine for a few years. After that, I'd like to do research.

the original material **المادة الأصلية** and uses it in new products. In general, using recycled materials **المواد المعاد تصنيعها** to make new products costs less and requires **يتطلب** less energy than using new materials. The most commonly recycled waste product is printed **المطبوعة** materials.

Glass is a material which is economical to recycle. The recycled glass is melted **يصهر** and formed into new products. Certain types of nuclear waste **النفايات النووية** can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive. It reduces pollution because recycling a product creates less pollution than producing a new one. Most experts **الخبراء** state **يبينون** that the economic consequences **النتائج الاقتصادية** of recycling are positive in the long term **المدى البعيد** **إيجابية علي**.

The Nile

The Nile is a source of life to Egypt. It is considered a chief source **مصدر رئيسي** of wealth, welfare and prosperity to Egypt. We enjoy drinking its fresh pure water. We irrigate our lands from it. Vast areas of land are reclaimed with the help of the Nile. Egypt is the gift of the Nile **هبة النيل**. We should not throw waste into our dear Nile. We should keep it clean and pure. Without the Nile, Egypt would be a desert barren **قاحلة** land. The Nile is the lifeblood **دم الحياه** of Egypt. Without the Nile, life would be impossible in Egypt. After the white revolution of 25 January and when Government recognized that former regime **النظام السابق** was not giving due care to the countries which share **تشاركنا** us in the Nile, so they started to plan for setting up new projects and dams on the Nile which can lead to a decrease in our share **حصتنا** of water, prime minister **رئيس الوزراء** Dr. Sharaf accompanied **بمصاحبة** by popular organizations have made many visits to those countries to strengthen **يقوى** our relations with them and convince them to keep the same quantity of water which we should get as per previous agreements.

Egypt as I think and dream of مصر كما أحلم بها

Egypt , my beloved home country , is the Cradle of Civilization **مهد الحضارة** . So , I have always been thinking of it as the land of peace and love . I have always been dreaming of Egypt as the most modern and advanced country . A country in which people respect and tolerant to

I hope to investigate **يبحث** the causes of diseases like cancer or brain disease. I'd like to learn more and more about those diseases which make people suffer **يعاني** a lot. Therefore **لذلك**, I must study hard. I'd like to set up experiments and make things that can really help mankind. **البشرية** I want to help people become happy. I hope my plans for the future will pay off. **تتج**

(7) The advantages and disadvantages of modern technology

Our life today is quite different from life fifty years ago. Life in the past was very simple and easy. In the past people used animals to go from place to place. People died from many diseases which they could not cure. Today, thanks to **بفضل** modern science and technology, there are many inventions which have made man's life easier and more comfortable. Modern means of transport help us to travel long distances in a very short time. The progress **تقدم** in medicine has enabled us to find a cure for most diseases. We also have pure **نقية** water and electric supply.

However modern technology has several disadvantages. The most noticeable **ملحوظة** disadvantage is pollution. Pollution is very harmful to man's life and can cause many diseases. Man now depends too much on machines. There are a lot of people who can't find jobs because we use machines to do most of our work. Many people nowadays suffer from stress **توتر / ضغط** and worry. Some people may have a nervous breakdown **انهيار عصبي**.

(8) Living in space

Next summer I am going to travel to space with three friends. We are going to have some training at first. The training will be long and difficult. You must be fit **لائق جسميا** in order to survive in space. We are going to take some things with us like canned **معلب** food and bottles of water.

In space there are a lot of problems. There is no gravity **الجاذبية** in space. It is hard to live without gravity. We will stay in the space shuttle all the time. We will miss our families. We will try to keep ourselves busy by reading books or listening to music. Living in space will be an exciting experience in spite of its disadvantages.

each other . A country in which law is applied and respected . A country in which discrimination has no place among citizens , regardless their religious or political beliefs . A country in which everyone has his work and lives in a safe home . I have been dreaming of Egypt like this as it has all the factors to be a pioneering country in all fields , with its great location and culture . Finally , I think my dream is up to achieve after the struggle of its youth to have their freedom and opportunity to live a decent life . حياة كريمة .

**"Technology "" Means of communications""
Mobile" "A discovery or invention of the last 50
years"**

Modern technology plays an important part in our life. All modern equipment such as television, computers, mobiles , and all other devices are based on the highest technology. We can't imagine life without means of transport .They enable us to travel long distances easily, comfortably and in a short time .In addition, modern means of communications enable us to keep in touch with the latest events at any part of the world in no time by means of satellite or the internet .At the same time , the mobile is in hand . It is really a breakthrough in communication .We can't imagine life at homes without electric sets. It will be dark and dull without TV. The refrigerator helps housewives to preserve food to use later .Washing machines help housewives to do washing easily and quickly. In the field of medicine it is easy for surgeons to perform operations thanks to modern equipment . In fact .Thanks to technology, our life is enjoyable and comfortable.

**" Terrorism""Violence" "Spreading crimes and
bullies الجريمة لا تفيد " " الباطجة Crime doesn't pay**

It is clear that crimes have increased in alarming rate nowadays. No day passes without hearing about a crime on TV or in the newspapers. In fact there are many reasons for spreading crimes in our society. These may be because of unemployment problem, ignorance, illiteracy, poverty, over population and the lack of religious awareness. These crimes cause fear, horror and insecurity among citizens. Crimes are always committed without any persuasive reasons. Criminals must know the fact that any

(9) Lifelong learning التعلم مدى الحياة

Lifelong learning goes on for life مدى الحياة , from the time you graduate يتخرج until you retire يتقاعد . This is necessary as employers أصحاب do not offer permanent دائمة jobs. We must learn the skills required المهارات المطلوبة for different jobs. Companies pay a lot to provide training for their employees العاملين . Lifelong learning helps us to acquire the knowledge المعرفة and skills needed in the labour market.

Distance learning طريقة التعلم عن بعد is a method of study that helps us to continue our learning. We need to continue learning to keep up with نواكب the latest developments أحدث التطورات in different fields. Human knowledge is increasing all the time. If we do not update نطور our knowledge, we will not be able to live in today's world. In fact, lifelong learning is important to everyone.

(10) How we can help to protect and improve the environment

Environmental pollution التلوث البيئي is a very serious problem nowadays. This pollution causes great damage أضرار كبيرة to the environment and all living things. There are a lot of things we can do to preserve يحافظ على the environment. Factories should be moved to land outside cities. A great number of trees should be planted along the sides of the roads. Trees take in carbon dioxide and release oxygen, so they help to clean the air.

The government should pass laws to reduce the number of cars on the roads. We have to spread awareness ينشر الوعي among ordinary people of the importance of preserving the environment. We must teach young children how to keep the environment clean. If we succeed in preserving (conserving) the environment, our children and grandchildren can enjoy the world we live in. Preserving the environment has become a very important issue مسألة هامة in the modern world.

(11) Recycling إعادة التصنيع

Many societies reuse materials that are thrown away. Materials ranging from precious metals معادن ثمينة to plastic spoons, can be reused. This recycling process extracts تستخلص the original material المادة الأصلية and uses it in new products. In general, using recycled materials المواد المعاد تصنيعها to make new products costs less and requires يتطلب less energy than using new materials. The most

crime doesn't pay and the criminal must be revealed how long he escapes. He also must know that he must obtain his penalty. The family, the school, the mosque, the church and the government must cooperate together to find a solution to this serious problem which threatens our life.

My plans for the future

(What career are you going to choose and why?)

We all have our dreams which we hope will come true. I have many plans for the future. I want to go to university and become a doctor. I'd like to practise medicine for a few years. After that, I'd like to do research.

I hope to investigate the causes of diseases like cancer or brain disease. I'd like to learn more and more about those diseases which make people suffer a lot. Therefore, I must study hard. I'd like to set up experiments and make things that can really help mankind. I want to help people become happy. I hope my plans for the future will pay off.

Women's rights:

Women's rights is one of the important subjects. There are promoters. Women should be educated and well-learned. They have to share in public life. There must be a different attitude towards their being housewives. Women should be a moving energy. They should lead a better life. It will be beautiful to make use of women in public life. We should try to improve their economic and social levels. Along with this, equality between men and women is desired.

The role of youth in making their country better

We all agree that youth are the backbone of any country. As they play the main role in anything. They have the power and determination to do any thing for the sake of their country. If we want to make any progress, we must depend on them to do that. They can share in developing and saving their countries in time of war and in time of peace. In Egypt, their role became clear during the 25th revolution and they played the main role. They also have the duty of rebuilding their country. The promising

commonly recycled waste product is printed materials.

Glass is a material which is economical to recycle. The recycled glass is melted and formed into new products. Certain types of nuclear waste can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive. It reduces pollution because recycling a product creates less pollution than producing a new one. Most experts state that the economic consequences of recycling are positive in the long term.

(12) A Famous Egyptian scientist – Ahmed Zewail

Ahmed Zewail is a worldwide famous Egyptian scientist. He was educated at Alexandria University. After his graduation, he went to the United States of America to continue his education. There he worked very hard and outdid everyone else.

In 1998, he won the Franklin Institute Award after he had discovered the smallest unit of time. This award is usually given to famous scientists and inventors. Dr. Zewail also uses very fast lasers to find out more about the chemicals. His work helps scientists to produce new and better drugs for curing diseases. In fact Ahmed Zewail is a very good example that all Egyptian young men should follow.

(13) Value of reading / أهمية القراءة / Reading for all

Reading is very important. It is the food of the mind. Through reading, we benefit from the experience of other people. Reading has a good effect on our behaviour. It helps us to acquire good qualities. It enables us to understand the world that we live in. It helps us to solve our problems in life.

Through reading, we get a lot of information about the progress in science and technology. By reading, we never feel lonely. In fact, books are the best friends. Reading helps us to develop our characters and widen our horizons. Mrs. Mubarak has started the project 'Reading for All'. This project aims at spreading the habit of reading among young children. It also aims at developing the abilities of young children to become good citizens in the

, rising youth must work hard and sincerely (honestly) to reach with our country to the land of safety from this current crisis. Thus we can see our loving country one of the best nations in the world

Life in the future

Our life in the future will change completely. Computers and internet will occupy our life. So, instead of wasting time going here and there, we will use the internet to get our needs, Students of the future will get the information they need through their computers which will be available and will be within the reach of their hands. Housewives can shop through the internet and the housework will be done by certain kinds of robots. Most houses will be air conditioned and people won't suffer from the heat of the sun. Our factories will be computerized. There will be better means of communications and transport.

(Computers)

The computer is the most important invention in the twentieth century. Children enjoy using computers. They help communicate with people in other countries very quickly. Computers store a lot of information. You can work from home if you have a computer. Computers are now used in all fields. We can now use computers to learn a new language. Doctors use computers to help them diagnose diseases and treat patients. Banks cannot do without computers. Teachers use computers in schools so that students can learn better and faster. But computers have some disadvantages. Computers are different. Some of them are difficult to use. A lot of computer games are violent . Some children spend too much time indoors playing computer games.

The importance of trees

Trees are very important to our life. They take in carbon dioxide and give us oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful. Therefore, trees protect us from global warming. Trees provide us with many useful things such as rubber المطاط and medicines. Some trees may provide a cure for diseases like cancer. Planting trees is very useful. We have to plant more trees, especially in towns and cities. This helps to reduce the amount of pollution. Trees help to

future. Many public libraries have been set up in towns and villages. This will enrich our cultural life and create أجيال يخلق generations of scientists and thinkers مفكرين.

(14) Life in the future

Life in the future will be different from life now. Many changes will take place in every field. New inventions and new discoveries will appear. Man will send more spaceships سفن الفضاء to other planets and may find life possible there. Vast areas مناطق شاسعة of the world's desert will be reclaimed يستصلح. The production of food will increase. A cure for dangerous diseases such as cancer and AIDS may be discovered.

New sources of energy will be found. Computers will be widely used in all fields, especially in education. Means of transport will be faster and more comfortable. In fact, life will be very complicated معقدة and man will depend completely on machines. No one can be sure if life in the future will be better or worse.

(15) Life in big cities

Life in big cities is very hard. People there suffer from many problems such as over-population, housing problems and crowded means of transport. It takes a very long time to go from one place to another. There is very little cooperation among people. الزحام الشديد overcrowding results in يؤدي إلى many accidents.

Pollution caused by car fumes is a major cause of many diseases. The air is unclean and impure غير نقي. There are no gardens or green areas where people can spend nice time. The noise from cars and machines also make life in big cities unbearable لا تحتمل. Great efforts are needed to solve the problems in big cities. People should think of going to new cities built in the desert or the country.

(16) Unemployment البطالة

Unemployment means that there aren't enough jobs for people. The most important cause of unemployment is over-population. Thousands of young people graduate يخرجون every year from schools and universities. They remain for long years without jobs. This is because most of them are waiting for governmental jobs.

keep the balance of nature. If the balance of nature is upset, life on Earth will be impossible. We have to take great care of trees and punish those who cut them down.

إعادة التصنيع Recycling

Many countries reuse materials that are thrown away. This recycling process extracts the original material *المادة الأصلية* and uses it in new products. In general, using recycled materials *المواد المعاد تصنيعها* to make new products costs less and needs *يتطلب* less energy than using new materials. The most widely recycled waste product is printed *المطبوعة* materials. Glass is a material which is economical to recycle. The recycled glass is melted *يصهر* and formed into new products. Some kinds of nuclear waste *النفايات النووية* can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive. Recycling reduces pollution because recycling a product creates less .

الإعلانات Advertisements

It's a fact that business without advertisements never flourishes *يزدهر*. Goods can be advertised in different ways; on TV in newspaper and in magazines, by posters *ملصقات* put up in streets, cinemas, shops and means of transport. In Egypt, advertisements have become an important part of television. Not only do they attract kids *الاطفال* but the elders as well. Most of them are about fast food, crisps, chocolate ad the like. Some advertisements are about films and plays. Of course they ruin *يفسد* the pleasure *متعة* of watching TV programmes because they are displayed *بذاع* the midst *وسط* of them. I myself don't like the way they are displayed on TV in Egypt. hey don't reflect *يعكس* the Egyptian culture at all. Almost all of TV advertisements show merely *فقط* dance and nonsense.

Reading as a hobby

Reading is a useful hobby. It is a good means to spend our time and to increase our general knowledge, we read daily newspapers and magazines, by reading newspapers we are aware of all the news of our county as well as the news of the world. Magazines deal with cultural subjects, reportages and short stories, the book is the fiend of man. We read prose and poetry in

Another cause of unemployment is the increasing use of modern technology in all fields. Man depends a lot on machines. This leads to a lack of job opportunities *نقص فرص العمل*. To solve this problem, we should encourage *نشجع* young people to go the desert and reclaim it. They should look for jobs in the new cities. Banks can lend them loans *مقروضات* to start their own projects.

(17) Tourism السياحة

Tourism is the second main source of national income after petroleum products. *المنتجات البترولية* It brings in a lot of hard currency which we need to import *نستورد* goods. Tourists from all over the world visit Egypt all the year round *علي مدار العام*. Egypt has many famous sights and tourist attractions *مناطق جذب السياح*. Tourists also enjoy the fine weather in Egypt.

Tourists can visit places of interest such as the Pyramids, the temples, the museums and other historic places. The government does its best to encourage the tourist industry. New tourist villages are built. Splendid *فخمة* hotels are erected. The government provides cheap and comfortable means of transport. Egyptians do their best to welcome tourists and treat them well. When tourism flourishes *تزدهر*, our national income *الدخل القومي* improves.

(18) The value of sports أهمية الرياضة

There are many kinds of sports. The most common sports are football, basketball, volleyball, tennis, skiing, swimming and cycling. Sports have great value in our life. They are very important for keeping us healthy. People who are used to practising *ممارسة* sports usually enjoy good health. They are always active and do their jobs well.

Sports are a good way of spending our spare time. Sports help us gain good qualities such as patience, cooperation and how to face difficult problems and situations *مواقف*. Sports teach us good manners and develop our character. Some sports help us to defend ourselves such as karate and judo.

literary books while scientific books deal with to date inventions and historical stories. Man can never feel lonely so long as he has book or a magazine as friend.

Libraries

Libraries are placed where we can read or borrow books we can spend a useful time reading in the library , we can find many books of various kinds and standards which satisfy all classes , all tastes and all cultures the library is the best place where a person can be acquainted with the latest researching of brave men , the emotions and feelings of men of arts , in fact , it is a spring of knowledge which is never finished .it is the place where a person finds comfort and relief after the troubles and cares of life . In the library a person can find himself among books which are the best friends of man, through books in libraries we spend our spare time and increase our general knowledge.

Saving up

Life is full of ups and down. a wise person should think of the day when he becomes unable to earn his living , he should bear in mind that a rainy day will come and so he has to be ready for it. Saving is of great benefit. we must not spend our incomes unwisely , we have to save part of our income so as to face the unknown future saving enables a person to secure a better life and good living condition for his children and his family , a child may fall ill and a father finds himself in a difficult position if he has not saved money to provide for such a situation , if we save money we serve ourselves as well as our agriculture projects thus all of us live in a society whose standard of welfare is secured for all citizens .

How we make use of our deserts

We make use of the natural wealth which lies hidden in the bottom of the desert. In the eastern desert, engineers, geologists, experts and laborers prospect for oil and exploit fields. In the deserts near Aswan iron ore is found in large quantities. It is used in the iron and steel industry. The reclamation of the deserts is one of the chief projects carried out in the A.R.E the desert is changed into cultivable land. Thus we can increase the area of the green land. People who live in overpopulated districts settle down in the new reclaimed land. In order to make use of the oases we have to encourage rural

In fact, sports are very essential أساسية for us.

(19) Over-population التزايد السكاني

Over-population is a very serious problem. Egypt has been suffering from this problem for a long time now. The increase in population has led to many other problems such as shortage of food, نقص ازدحام وسائل النقل, ازدحام وسائل النقل, overcrowded means of transport, نقص فرص العمل lack of job opportunities and the problem of housing الإسكان. There aren't enough houses, jobs or food for all people. If we continue to increase in this way, we may face starvation مجاعة/الموت جوعا.

Great efforts are made to solve this problem. The government does its best to convince the people of the importance of birth control تحديد النسل and family planning تنظيم الأسرة. Vast areas مناطق شاسعة of the desert land have been reclaimed. New cities and communities have been built. Mass media are doing their best to persuade people to participate effectively يشاركون بصورة فعالة in solving this problem.

(20)Pollution

Pollution is a difficult problem in modern life. There are different kinds of pollution. Air Pollution is caused by car fumes عادم السيارات which contain very harmful substances. مواد ضارة These substances have a bad effect on health and can cause many diseases. The sea is polluted by the chemical waste النفايات الكيميائية thrown into it by factories and ships. The soil is also polluted by the chemicals we use such as insecticides المبيدات.

All these kinds of pollution affect not only man's life but animal life and plant life as well. The world is making great efforts to fight نحارب pollution. Ordinary people have to cooperate with يتعاونوا مع the government and scientists to get rid of يتخلص من pollution. If pollution continues to increase, life on earth will be in great danger. Even ordinary people can help to eliminate من يتخلص من pollution.

(21) Terrorism

Terrorism has become an international problem. The word "terrorism" comes from the word "terror" which means a violent action فعل عنيف which causes great fear. The terrorist attacks هجمات إرهابية in many parts of the world caused thousands

industries and facilitate means of transport. Desert plants are of great importance they are used in making medicine. There are many historical places in our deserts. They attract tourists to visit our country.

Egypt works for peace, yet we should have a strong army

When Egypt waged war against Israel on the 6of October 1973 it was a war for peace not for aggression. After winning the battle we raised the slogan of peace and began rebuilding our country. Egypt works for peace, yet we should have a strong army to protect the peace we are working for today Egypt has a very strong army to protect the peace we are working for today Egypt has a very strong and highly trained army. It is manned and officered by young and patriotic men. It uses the most sophisticated weapons used in the electronic war. It has mirage 2000 and the first early warning plane, thus our modern army has the ability to function on any front and can deter any aggression.

Camps

Camping is an activity which young people like to do. They practise self-dependence, cooperation and, team work. In camping, they spend a day or a week in the open. Boy scouts usually go camping in one of the outskirts of the town. They sleep in tents, cook their own meals and make their own beds. Each member has his own job and they all work for the good of the whole. Camps may have their own goals. Some camps aim at cleaning streets and planting trees. Health camps tour villages to help the sick and to foster good health habits. Education camps aim at acquiring knowledge and practice in a certain subject.

Global Warming

Most people now accept the fact that the world's climate is changing. The carbon dioxide in the atmosphere is increasing mainly because we burn fuels such as oil and gas. The fact that we continue to destroy the rainforests (which take in carbon dioxide and produce oxygen) makes the matter worse. It is now known that the ice at the Arctic and the Antarctic is melting. If this continues, sea levels will rise and some

of deaths. Terrorism is against religion and civilization. Terrorism makes people feel unsafe.

Governments must co-operate if they want to fight international terrorism الإرهاب الدولي. President Mubarak has always believed that terrorism will continue unless the Palestinian problem is solved. He called for an international conference on terrorism. Terrorists must be severely punished يعاقبون بشدة. Ordinary people must take part in the fight against terrorism.

Space exploration

Many people believe that space exploration is a waste of money. They think that the money we spend on space exploration should be spent on education and health or it should be used to solve problems like global warming and climate change. Other people believe we should spend the money on growing more food and on better transport. But space exploration is very important. Everyone benefits from space technology in their everyday lives. For example, satellite technology is used for mobile phones and television. Moreover, people have always explored their world, so the next step is to explore space. In addition, space exploration is exciting. We may need to live in space in the future, so we should explore space to find out if there is any kind of life on other planets. In short, space exploration is really worth the money we spend on it.

What families can do to save energy

All of us can do many things to save energy. We should all use energy more wisely. Families can recycle paper, plastic, glass and aluminium cans. They can turn the air conditioner down. They can use energy-saving bulbs. Family members can use their cars less. Walking and cycling are great forms of exercise. They can use energy-efficient home appliances. They should turn off computers and televisions when they are not using them. They should not leave lights on when there is no one in the house. They can use fans instead of air conditioners as they use less electricity. They should buy things that can be used over and over instead of buying disposable items that are used once and then thrown away. In fact, saving energy is very important nowadays.

How reading literature improves our education

Reading literature plays a very important role in improving our education. It helps us to

parts of the world will be flooded, making many people homeless. So what can be done? Countries must stop destroying the rainforests and produce less carbon dioxide. We, as individuals, must all reduce the carbon dioxide we produce. This can be done by people using cars only when they have to or by turning down air conditioning in the summer.

A job you'd like to do when you finish your education

It is known that any person should have a certain goal in life. If the person has a goal, he should exert great efforts to achieve this goal. My goal for the future is to become a doctor. I would like to do this job to serve my country, help poor people in my village and earn a lot of money. The job of the doctor has some qualities. A successful doctor should be honest, helpful, brave, patient, faithful and many other good qualities. If I want to become a doctor, I should study hard to join the faculty of medicine.

The mobile phone

In fact the mobile phone is one of the most important inventions .However, it has some advantages and some disadvantages .First of all, we can start with its advantages. It enables people to contact each other easily at any time in any place .It is small enough to carry. It is useful for some people who work in remote areas such as engineers and businessmen. It is important for us in case of danger or troubles. On the other hand, it has some disadvantages. Some doctors think that it causes some serious diseases. It also makes people lazy because it prevents them from visiting each other .To sum up, we can say it is advisable for people to use it only when necessary to avoid its serious side effects.

The importance of sports and games

No one can ignore **بِتجاهل** that games and sports are very important in our life .Sports and games are encouraged everywhere in Egypt because they make our bodies strong, prevent us from getting too fat and keep us healthy. Games

enrich our vocabulary and learn the language better. It enriches our own experiences. It helps us to benefit from other people's experiences. It enables us to get in touch with the cultures of other nations and know about their customs and ways of life. It also helps us to understand other people and solve our problems. It helps us to gain more knowledge about life and the world in which we live. It helps us to do the right things in different situations. Schools should do their best to help students to enjoy reading literature. In fact, we learn a lot from reading literature.

How to protect our historical monuments

Our historical monuments are priceless treasures and we should do our best to protect them. They are very important for tourism which brings in a lot of hard currency. They are also important because they are part of our history. People should recognise the importance of our historical monuments. Therefore, we have to make great efforts to protect them. We should take great care when we set up new projects near historical monuments. We should also protect them from natural disasters such as earthquakes and torrential rains. We should discourage tourists from polluting historical places. We have to repair and maintain our historical monuments regularly. There must be strict laws to punish people who steal or destroy our historical monuments.

Why Egypt will need more scientists in the future

Egypt will certainly need more scientists in the future. Scientists make discoveries and advances which help us to keep with the changes in our world. Scientists will help to improve everyday life by finding ways to grow more food for the growing population. They will also work hard to find cures for illnesses. We need all kinds of scientists to solve all sorts of problems. We need environmental scientists to find ways to protect our environment. We need food scientists to test food and its nutritional value. Nuclear scientists will do their best to make nuclear power cleaner and safer. Chemists can find new ways to use chemicals in everyday life. Medical scientists will help people to overcome diseases and live a healthier life. Space scientists will help us to use knowledge of space to make our life on earth better. In sort, scientists are very important to our future.

Using modern technology to increase food production in Egypt

and sports make people lead a healthy and active life. They can join clubs to Practise their favourite sports, enjoy their time and feel great happiness. Sports and games teach our youth disciplineالنظام, co-operation, the sense of belongingالشعور بالانتماء and protect them against deviationالانحراف and taking drugs. It is important for us to get proper exercise in our life. There are many forms of exercises like running, walking, swimming...etc .All these exercise will help us feel our best. It is advisable to do the exercises which are suitable for us .The form of exercise I like to do is running. This exercise is very useful for my muscles .It makes my body strong and renews my activity. It is easy to practise and doesn't cost us any money. We should be keen on doing for improving our health.

Spare time

Time lost never comes back so our time should be spent wisely. Other than reading, we can do interesting thing to enjoy it. We can go to the cinema which is a source of amusement and culture. The theatre, too, furnishes us with valuable instruction. Playing games is another way for enjoying our spare time. Games and sports strengthen our bodies and build our character. In our spare time we can pursue our favourite hobbies. Taking photographs, painting or growing flowers are all good and useful hobbies. To sum up, a successful person is the one who can always make the best of his spare time.

Pollution

No one can deny that pollution is a serious problem in modern life. There are many kinds of pollution such as air pollution, water pollution, soil pollution and noise pollution. Air pollution is caused by harmful gases from old cars, buses and lorries. Air pollution makes people sick. It causes cancer and harms plants and animals. Water pollution is caused by wastes thrown into seas by factories and ships. It kills fish and water plants. Soil pollution is

As the Egypt's population continues to grow and climate change makes it more difficult to produce food in the traditional way, scientists are developing new ways of growing plants efficiently. One of these ways is growing plants without soil. We can also grow new high yield crops by using genetic modification technology. We can also use modern technology to grow crops in desert areas. Technology can help us to find ways to preserve food for longer periods of time. Modern machines can be used to irrigate fields. Modern technology can help us to find ways to fight insects and pests without harming crops. Therefore, moderntechnology can play a vital role in increasing food production in Egypt.

The financial crisis الأزمة المالية

Most world countries are now suffering from a financial crisis. This problem has serious effects on the economy. The prices of most goods and products have gone up. Moreover وعلاوة على ذلك, the prices of houses and land have increased. Poor countries are more affected than others. Egypt is doing its best to overcome this problem. تتغلب على The government is planning to maintain تحافظ على the rate of economic growth. معدل النمو الاقتصادي It is trying to encourage investment الاستثمار in different fields. Banks are offering loans قروض to young men to help them set up their own projects. We all have to work together to solve this problem. We must reduce consumption نقلل الاستهلاك and increase production. We should increase our exports الصادرات and reduce our imports الواردات. We should encourage our local products.

Swine Flu (H1N1) انفلونزا الخنازير

Swine flu (H1N1) is a serious disease. It is spreading all over the world. Thousands of people have died of swine flu. This disease can be treated. We can avoid this disease by following the rules of hygiene. For example, we should cover our noses and mouths when we cough or sneeze. We should wash our hands well before and after eating. We must eat food that contains vitamin C. We should avoid other people who appear to be sick. We should stay away from crowded areas. The government does its best to protect all citizens from this serious disease. A lot of people recover from this disease without any need for drugs.

Global warming / The problem of climate change

Global warming is a problem that affects every country in the world. It is the most serious

caused by the chemicals used in the soil such as insecticides. To solve this problem, we can reduce pollution in our streets by planting trees in front of our houses. Cars and buses should run on efficient petrol or natural gas. Rubbish shouldn't be thrown into the river.

The problem of over - population

It has become clear that over population in Egypt is a serious problem. It results in تودى الى other more serious problems. Our youth can't find a flat to marry in or a suitable job to start their life. There is also a possible shortage نقص of food. Our cities became very crowded, they lack the needed infrastructure البنية التحتية for living. So it has become a must that we should invade the desert نغزو. The government does its best to encourage people to have small families through public awareness programmes برامج التوعية العامة on t.v. and papers. It send campaigns حملات to remote and small villages to offer people information about birth control تحديد النسل.

Computers

The computer has a lot of advantages مميزات. It can store a lot of information; it can do a lot of calculations حسابات in no time. It can pay wages, reserve seats on planes, design buildings, compose music and do many jobs. Doctors also use the computer widely in their job. But it has also some disadvantages عيوب, it can waste our time if it is used foolishly or if it is used just for fun. It has also a bad effect on our health specially the sight الإبصار. It also teaches the children violence العنف through playing the computer games. So it is a double-edged weapon. سلاح ذو حدين.

Technology in our life

Technology is everywhere nowadays. We all enjoy technology but in different ways. Now, we can travel from one place to another very easily, comfortably and fast. Modern means of transport are now supplied with all means of comfort كل وسائل الراحة. Space travel is now more possible than it used to be in the past. One day people may be able to enjoy space journeys.

Technology has also played a role in medical care الرعاية الطبية. Now the computer can be used to check people's health accurately. It is also

problem that human beings have to face in the twenty-first century. Global warming means that the earth's temperature is rising. It has a very serious impact on the climate. All countries must work together to find suitable ways to solve this problem. We should stop cutting forests. If the forests are destroyed, this will change the world's climate. Temperatures will go up, sea levels will rise and there will be changes in rain and snowfall. When you plant a tree, you are helping the environment to solve this serious problem. Trees are vital to our life. We should also reduce the amount of carbon dioxide in the air. Many conferences have been held to discuss this problem and try to find an effective solution to it.

(Computers)

The computer is the most important invention in the twentieth century. Children enjoy using computers. They help communicate with people in other countries very quickly. Computers store a lot of information. You can work from home if you have a computer. Computers are now used in all fields. We can now use computers to learn a new language. Doctors use computers to help them diagnose diseases and treat patients. Banks cannot do without computers. Teachers use computers in schools so that students can learn better and faster. But computers have some disadvantages. Computers are different. Some of them are difficult to use. A lot of computer games are violent . Some children spend too much time indoors playing computer games. Using computers for too long can harm our eyes.

The importance of trees

Trees are very important to our life. They take in carbon dioxide and give us oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful. Therefore, trees protect us from global warming. Trees provide us with many useful things such as rubber المطاط and medicines. Some trees may provide a cure for diseases like cancer. Planting trees is very useful. We have to plant more trees, especially in towns and cities. This helps to reduce the amount of pollution. Trees help to keep the balance of nature. If the balance of nature is upset, life on Earth will be impossible. We have to take great care of trees and punish those who cut them down.

The disadvantages of modern technology

It is an undeniable fact that modern

used for teaching. Students can benefit from the internet in their researches as well. No doubt technology has changed our life to the better.

The television

The television is the cheapest means of entertainment and culture أرخص وسيلة للترفيه والأحداث والثقافة. It shows us the current events الأحداث الجارية that take place in every part of the world at the same time. It is also a means of communication. We can learn the language of any nation through its films or serials مسلسلات. We can't forget the educational programmes which attract the students of different stages.

On the other hand it has some disadvantages. It has negatively affected فقد أثر سلبيا the habit of reading. Most of us don't read much as we are attracted to the television more. Some people waste their time in front of the TV. So we have to use this important invention wisely.

Tourism

Tourism is considered one of the most important earners of foreign currency and national income, من أهم مصادر العملة الصعبة والدخل القومي. Tourists spend a lot of hard currency during their stay in Egypt. Tourists like to visit Egypt to enjoy the sun shine, and the wonderful historic places. They like to visit the Citadel, the Pyramids, Luxor and Aswan.

They like to see our modern renaissance نهضتنا الحديثة as well. We should do our best to encourage tourists to visit us again and again. We should establish cheap hotels and tourist villages along our shores.

The role of the youth in development

The youth should first work hard to achieve success. When they graduate from their universities they have duties towards their society لديهم واجب نحو وطنهم. They can share in the social work by working in the co-operative field. They can share in abolishing illiteracy محو الأمية

technology has greatly improved man's life everywhere. It has made man's life easier and more comfortable. However, modern technology has several disadvantages. One of them is pollution. Pollution is very harmful to man's life and can cause many diseases. The great development in industry has led to an increase in the amount of carbon dioxide which is released into the atmosphere. This has led to climate change and global warming. Radiation from TV and computer screens may harm our eyes. Using mobile phones for too long may be very harmful. Man now depends too much on machines. There are a lot of people who can't find jobs because we use machines to do most of our work use machines to do most of our work.

إعادة التصنيع Recycling

Many countries reuse materials that are thrown away. This recycling process extracts تستخلص the original material المادة الأصلية and uses it in new products. In general, using recycled materials المواد المعاد تصنيعها costs less and needs يتطلب less energy than using new materials. The most widely recycled waste product is printed المطبوعة materials. Glass is a material which is economical to recycle. The recycled glass is melted يصهر and formed into new products. Some kinds of nuclear waste النفايات النووية can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive. Recycling reduces pollution because recycling a product creates less pollution than producing a new one.

-The problem of over - population

It has become clear that over population in Egypt is a serious problem. It results in other more serious problems. Our youth can't find a flat to marry in or a suitable job to start their life. There is also a possible shortage نقص of food. Our cities became very crowded, they lack the needed infrastructure for living. So it has become a must that we should invade the desert. The government does its best to encourage people to have small families through public awareness programmes on t.v. and papers. It send campaigns to remote and small villages to offer people information about birth control

Energy is very important for our life

Energy has a lot of sources, no doubt the sources of energy divided into renewable and non-renewable. Each of them is very important for us.

in their villages.

They can take part in reclaiming the desert to increase food production. They can join the army to defend their country in case there is a war. They can also help a lot in solving any problem concerning their society. They should work hard for the welfare رفاهية of their beloved country Egypt.

English and its importance

English is an integral part جزء متكامل من of your personality, your character and yourself. Knowledge of good English enables you to communicate with foreign friends and countries. It enables you to find a better job because it helps you express يعبر عن yourself and deal with tourists freely.

We cannot cope with the technological renaissance النهضة التكنولوجية without learning how to use the computer and internet so learning English is a must. When you are armed with English, you can understand what is going on around you and you can deal with the knowledge explosion easily الانفجار المعرفى without any fear.

Revolution Of The Youth

On the 25th of January, 2011 thousands of Egyptian young men and women marched peacefully to Tahrer Square in Cairo and in many other Cities in Egypt such as Alexandria, Suez and Ismailia. They all demanded Mubarak's overthrow and the resignation of his government. They wanted a civilian state where peace, love, equality and standard of living and new job opportunities for the millions of unemployed youth. Finally they succeeded in achieving some of their demands, but after a big number of them had sacrificed their lives to create a new Egypt, where people have the right to say their opinions freely without fear, with a new government that acts to achieve comprehensive development and social reform. They have put an end to Mubarak's era which included unfair treatment to the Egyptian people, social injustice, a lot of detainees without judgment, forging the elections and corruption. The demonstrated young people also demanded constitutional amendments and authority transition, so that peace safety and security

Non-renewable fuels which come from fossil fuels are essential in our daily life because our life depend on them such as petrol and gas which use at homes and factories, but these sources will run out one day but Allah gives us a lot of sources of energy which last forever such as sun, wind and water .energy is a gift from Allah so we should save our energy

Every country has its own traditions

Every country had its own traditions, customs, feasts and happy occasions. We must keep them because they make us different from other peoples of the world. In Egypt, we have religious, national and personal traditions. We have religious feasts which people keep apart from the religious meaning of the feast, children are most happy because it means new clothes, much pocket money and free time. National feasts commemorate those who sacrificed their lives, comfort and time for the safety of the country. In fact, national occasions elevate people to the rank of saints. If we just look at the monument of the Unknown Soldier, we will realize how many people have died as martyrs for their country.

Music

Music is the food of spirit. It expresses our inner feelings well. It helps us to forget our daily cares and pains. It takes us away from the land of reality into the world of imagination. Music sometimes inspires poets and writes to produce masterpieces of art. Music is also used in curing some psychological diseases. There are different kinds of music like Jazz and Folk Music. Each kind of music appeals to a certain class of people. Youth usually like Jazz music best. The old usually prefer classical music. Music differs from one country to another. Music expresses and reflects each country's culture, customs and traditions. In brief, music is of utmost importance to all people whether young or old.

E-books and traditional books

Reading is one of the most popular hobbies for most people. People used to read traditional books, they used to hold it, feel it and carry them. They find a big pleasure in doing so. Now people turned to benefit from modern technology. They can find any book they want on the internet. They can download them and read them later. Some people believe that electronic books will replace traditional books. In my point of view, I don't think so for many reasons. The first reason is that not many people can afford buying a computer. Secondly, the pleasure that people find in holding and feeling the traditional books will never go. People used to turn pages by using their hands and they can underline the phrases or sentences they like. Besides they can carry traditional books anywhere and read them at any time. To sum up I

would prevail all over Egypt. The World will never forget this great uprising of the great Egyptian youth.

The importance of water

Fancy holding my pen to write about this important topic! Wow! I will tackle it from different angles focusing on the main points. To begin with, I'd like to say that everyone living in this universe- a man or a woman; young or old; rich or poor; educated or uneducated- knows quite well how important water is for all living things. Every living thing needs water for its survival. Without water, plants, animals, and human beings perish. Plant, human and animal metabolism processes rely on water as a solvent and as a transporter of nutrients and oxygen throughout the body. Water is used for drinking, washing, cleaning and just about any activity we care to do. Without water, living is virtually impossible. When there is shortage of water such as when there is a drought, plants, animals and human beings perish. The affected land becomes dry. Nothing grows. It is important for us to know how precious water is. We ought not to waste it or pollute it by any means. Finally, I'd like to point out that what I've just written about this interesting topic is just like adding a drop of water to the ocean

The importance of sports and games

No one can ignore that games and sports are very important in our life. Sports and games are encouraged everywhere in Egypt because they make our bodies strong, prevent us from getting too fat and keep us healthy. Games and sports make people lead a healthy and active life. They can join clubs to Practise their favourite sports, enjoy their time and feel great happiness. Sports and games teach our youth discipline, co-operation, the sense of belonging and protect them against deviation and taking drugs. It is important for us to get proper exercise in our life. There are many forms of exercises like running, walking, swimming....etc .All these exercise will help us feel our best. It is advisable to do the exercises which are suitable for us .The form of exercise I like to do is running. This exercise is very useful for my muscles .It makes my body strong and renews my activity. It is easy to practise and doesn't cost us any money. We should be keen on doing for improving our health.

The importance of electricity

Thanks to modem inventions and discoveries our life became easy and smooth. What is electricity? It's the mysterious power which is produced by various means e.g. by batteries or generators which provide us with

don't think e-books will never replace traditional books.

Trees and their importance

Trees are of great importance to us as they take in carbon monoxide and give us oxygen. They help the earth to breathe and protect us from global warming. Trees have been the main source of food and shelter to man. They make the world a pleasant place to live in feeling ease and comfort. They provide us with shade in summer when the sun is very hot. Their wood is used to make furniture and a lot of medicines are extracted from trees. For all the previous benefits of trees, we should do our best to protect trees. We should not cut down trees (deforestation) . Trees should be planted everywhere and along streets. Planting trees help our environment and our life can't go without trees.

Lifelong Learning

Lifelong learning goes on for life, from the time you graduate until you retire .This is necessary as employers do not offer permanent jobs. We must learn the skills required for different jobs. Companies pay a lot to provide training for their employee .Lifelong learning helps us to acquire the knowledge and skills needed in the labour market. Distance learning is a method of study that helps us to continue our learning. We need to continue learning to keep up with the latest developments in different fields. Human knowledge is increasing all the time. If we do not update our knowledge, we will not be able to live in today's world. In fact, lifelong learning is important to everyone.

Recycling

Recycling means reusing things again and again. It is a means of reproducing things in a cheap way. Bottles and paper are good examples of recycling. Developed countries such as china and Thailand make the best use of this cheap industry. In this way they can save big amounts of money and can employ a lot of people. On one hand, dumps of garbage from bottles and paper can pollute the environment. Consequently, if they are collected and reused again, we can keep the environment clean. On the other hand , governments can save money spent on buying new bottles and paper if they could recycle them again.

Online distance learning

Online distance learning is an instructional system which connects learners with educational resources. Students work on their own at home, or at school and communicate with faculty and other students via e-mail, video conferencing and other forms of computer-based communication. There are both advantages and disadvantages to online distance learning. Online distance learning is available all the time and everywhere. However, there are

heat, light and sound. It drives machines and different kinds of devices. The progress, man achieves, depends basically on it. Electricity helps man increase production because it drives our factories. It gives us peace because it illuminates our streets, houses, and schools. We can generate electricity from waterfalls, wind and the atomic power as well as the sun. It's a clean and cheap source of energy. Awareness should be spread to cut down its consumption we have to be thankful to God who gives us the blessing of thinking which led man to the use of electricity because its advantages are endless.

The qualities of a good leader

Leaders are examples people follow in their footsteps and hang around to organize their lives. There are some qualities leaders should have whether they are inborn in them or they acquire. Hence, good leaders should be calm and patient. So they can talk to people easily and make the right decisions. They need to be intelligent and understanding, too. They ought to be tolerant and get on with each others in particular those who oppose them. Also, they have to be sensible if there are any disagreements and do their best to settle the disputes. Finally, good leaders work for the benefit of the whole world.

How life will be in the future

Life in the future will be different from life now. Many changes will take place in every field. New inventions and new discoveries will appear. Man will send more spaceships to other planets and may find life possible there. Vast areas of the world's desert will be reclaimed. The production of food will increase. A cure for dangerous diseases such as cancer and AIDS may be discovered. New sources of energy will be found. Computers will be widely used in all fields, especially in education. Means of transport will be faster and more comfortable. In fact, life will be very complicated and man will depend completely on machines. No one can be sure if life in the future will be better or worse.

My idealist (my ideal person)

The person I admire most

Fancy holding my pen to write about this important topic! Wow! I will tackle it from different angles focusing on the main points. To begin with, I'd like to say that everyone in life has an idealist that he admires most and wants to follow on his footsteps. I myself have an idealist whom I love, respect and admire. He is my teacher of English. I admire him because of his

drawbacks for some learners. The online learner only has the written text; this may confuse the learner and cause misunderstanding. While distance learning allows openness, it is also cumbersome because it is done by e-mail messages and writing, therefore it may take more time than face- to-face learning. Online distance learning is important for students who may be unable to attend classes for various reasons like illnesses or busy schedules. They just want to do their studies at home.

The importance of scientific research

No one can deny the role which the scientific research plays in our life. The improvement of agriculture, industry and medicine achieved in the last centuries was the result of scientific research. Scientific researchers have an important role in solving our problems. There's no doubt that scientific research plays an essential part in developing our society. The governments, wealthy businessmen and big companies encourage scholars and researchers. They provide them with the necessary funds, the equipment, the laboratories to carry out their researches. It is no doubt that scientific research is the cause of progress and prosperity.

Different types of tourism

Tourism is an important source of national income in Egypt. There are different types of tourism which attract tourists to our country. The most common type is travelling for pleasure and relaxation. Tourists from cold countries in Europe, America and Asia come to Egypt in winter to enjoy our warm weather. Medical tourism also has its resources in Egypt such as the natural hot water springs in El Eein El sokhna, Sinia and the Oases, which cure rheumatism. Some tourists come for adventure and exploration and go hunting wild animals and birds in Sinai, the West Desert, El Fayoum and the Oases. Many International and Arab conferences are held in Egypt where five star hotels, conference halls and centres accommodate for the attendants.

Travelling abroad

Travelling abroad has many advantages. By travelling to other countries, we see and learn a lot about many things, which we would have known nothing about, if we had stayed at home. Many students and scholars travel abroad to learn in the famous European and American Universities Besides many sick people travel for treatment in medical resorts and specialized hospitals abroad. Thousands of young men travel abroad on business to make money. Travelling abroad helps the youth to depend on themselves and gain self-reliance. On the other hand travelling abroad has disadvantages. Homesickness is one of them. Another disadvantage is the possibility of gaining some bad habits which don't cope with our Egyptian traditions and customs.

Hard work leads to success

No one can deny that hard work is the golden key to success. Work is the only way to

wonderful personality as he has a mixture of all kinds of personalities. He is serious, funny, helpful, modest, stylish, smart, clever, knowledgeable, wise and witty. He loves his work very much. I always enjoy his lessons. He always treats his children as if they were his brothers, sisters or even his friends. Indeed, he is a very hard-working man. He always gives us a push forward. Finally, I'd like to say that whatever I write I can't describe that wonderful man, Really, I adore him.

School activities

School activities are indispensable for students. They express their desire well. They teach them good manners such as co-operation and patience. School activities also renew their energies and build up their bodies. There are different kinds of school activities such as cultural. Social and sports activities. Each student chooses the activity which suits his character. Schools also organize these activities to help students benefit from them. The Ministry of Education pays much attention to school activities as they help well in forming the student's character.

Youth and social work

There is no doubt that youth are considered the backbone of any nations. On their shoulders lie the responsibility of the welfare and the prosperity of it. No progress will be achieved without them. Social work is one of the youth responsibilities and it is a means through which Egyptian youth can help society. Youth can take part in cleaning the streets, planting trees and helping the elderly. Social work is a feature of the developed countries. Thus, youth can help in turning their country from a developing country into a developed country. Youth can help in helping the traffic. They can also make camps and teach other youth about social work and its importance. To sum up social work and youth are part and parcel.

Scouting " Camping"

Scouting is an activity which is very useful and helpful to young people. On participating in scouting camps, young people learn many things. A Scout boy or girl has to get up early and to be in the morning assembly on time. Then he should cooperate with his friends in doing what the leader asked them to do. Consequently, scout boys and girls learn many things from scouting. They can learn punctuality, obedience, cooperation, self-dependence and team work. Schools and clubs should encourage youth to go on scouting camps to make them good citizens. To sum up, scouting is of great

achieve our hopes in life, so we must do our best to get what we want .Those who work honestly reach success easily .Any society whose individuals work hard and honestly achieve great progress. On the other side lazy people can't achieve success and fail in life. They don't work hard but wait for success to come to them. Last but not least we must work hard and encourage other people to exert great effort to be successful in life.

Drawbacks of learning through the internet at home

Though learning through the internet has its comfortable attitude, it really has its drawbacks. It shouldn't be the main means of learning and acquiring different types of information. It keeps a student away from the class teacher with whom he discusses the lesson till he is quite convinced, and also from his classmates with whom he participates in the discussion and gets benefit from it. Besides, students would be able to practise school activities in the different areas. Moreover going to school, and spending a school day there, gives a student the opportunity to express himself in real life situations and find solutions to problems which he might face.

The importance of summer camps

Camping means living away from home depending on yourself to satisfy your needs. Camps teach us co-operation, self-reliance and love of help to those who need it. Summer camps which suit students most as they are free during the summer. In schools and at universities there are societies which organize such camps. There are daily camps, weekly camps and even whole summer camps are useful not only to the person but also to the society at large. If we pay attention to camps, we can keep our youth busy make them grow healthy and keep them away from bad habits.

Protection is better than cure

In fact , good health is a valuable thing , a healthy person is always capable of performing well . when you are healthy you are able to go to your work on time . practising exercises is necessary for you to build a strong body . One should avoid the bad habits that cause diseases and destroy health . For example a smoker should give up smoking that causes heart and lung diseases . It is better for a person to prevent himself from disease to seek for cure . We should follow that proverb saying "Protection is better than cure."

Addiction

There is no doubt that addiction is a very serious problem in our society. It threatens our youth and destroys their lives. Addiction leads some bad people to commit crimes. They kill people and rob banks to get money. They spread fear among citizens and cause great danger to our society. Therefore, the state works hard to put an end to this serious

importance to youth.

Shopping online \ on the internet

Doubtless, online shopping has become so popular today. It has become a convenient way for companies to market their products and customers, too. As for companies; they have a bigger market; they can sell anywhere in the world. They don't need to spend money on shops and places to sell their products cheaply; they only need to have a website. As for customers, things are cheaper for them to buy and they have more choice because they can shop in many different places, looking for the cheapest prices. They don't have to go to the shops, so it is quick and comfortable. However, there are a lot of fraud acts on the internet which the customers should be careful of.

The best qualities of a good friend

In fact man can't live alone. He needs to live with other, but we should be very careful when we choose our friends .The true friend helpful indeed because "A friend in need is a friend indeed" The true friend is always ready to help his friends and those who are in need .The true friend should also be truthful and honest .He should keep secret and never tell lies .He shouldn't be selfish. Finally we can say that a true friend is as precious as gold.

The job you would like to do when you leave school

When I finish school I'd like to join the Faculty of Engineering as I'd like to be an architect. I admire modern buildings and our country is in need of constructing thousands of buildings to provide comfortable housing for the youthful families in the new cities. By designing new original houses provided with the modern commodities. I'll be able to share in solving the problem of the increasing population. I'll design and build suitable comfortable homes to accommodate for the youth.

The Egyptian solidarity (National Unity)

Egypt is a peaceful country. It is a land for all religions. Muslims and Christians have been living in this country eating from one plate and drinking from one source. They are brothers and sisters. They always share each others in joys and cares. In Egypt, they don't have Muslims or Christians but they have one name "I'm Egyptian ". They live on one land and worship one god. But as Egypt is a targeted country, its enemies tried to create a rift among its people. No Egyptian would dare to bomb a mosque or a church or kill innocent people because Islam and Christianity are religion of tolerance, peace and love. All the Egyptians Muslims and Christians are united in loving their beloved

problem. It struggles against drug-sellers and puts them into prison to protect the society from their evils. Besides, it makes awareness programmes to save our youth from this epidemic.

Money is a double-edged weapon/ a mixed blessing

Really, we can't do without money in our daily lives. Without money we can't lead a happy life. It helps us satisfy our daily needs, money should be spent on useful aspects, like building hospitals, schools and factories. It can be used to help the poor lead a better life. On the other hand, money is a bad master if it's badly used. People may do anything wrong to get money. They may steal things or kill each other for the sake of money. Some people believe that money is the root of all evil. It is sometimes spent on bad things like taking drugs and smoking. Some people collect money in any way no matter how it comes. In brief, money shouldn't be an end in itself but a means to an end.

Terrorism

. Terrorism no doubt is the enemy of the whole world today. No part of the world hasn't witnessed a bomb attack or killing of a prominent figure of society. As it is said, " Terrorism has no home or eyes." In order to eradicate terrorism, a lot of things should be done. First, Justice and democracy should spread, every citizen should feel that he gets his rights and has the ability to express his ideas without fear or persecution. Writers, churches and mosques have a great part in this battle, they have to find approaches to change terrorists' attitudes and spread the right thought. Equality among people, Muslims and Christians, Whites and Blacks, should be the base make one feel citizenship. A law should be issued to ban distorting religions and other people's thoughts. Finally comes the role of police to shoulder their responsibilities.

Global warming

Most people now accept the fact that the world's climate is changing. The carbon dioxide in the atmosphere is increasing mainly because we burn fuels such as oil and gas. The fact that we continue to destroy the rainforests (which take in carbon dioxide and produce oxygen) makes the matter worse. It is now known that the ice at the Arctic and the Antarctic is melting. If this continues, sea levels will rise and some parts of the world will be flooded, making many people homeless. So what can be done? Countries must stop destroying the rainforests and produce less carbon dioxide. We, as individuals, must all reduce the carbon dioxide we produce. This can be done by people using cars only when they have to or by turning down air conditioning in the summer.

Political Reform in Egypt

No doubt that president Mubarak is the pioneer of the recent political renaissance in Egypt.He

country Egypt whatever the envious did.

The role of charitable organizations

Doubtless, charities have become more important than ever. Today, some societies suffer from poverty, diseases and food shortages that need the help of the white hands of donors and charitable organizations. Socially, millions of people are starving to death daily throughout the world because of famines or droughts. Medically, these organizations play a big role in helping moneyless people to be treated for free in advanced medical centres. Politically, it's a means to stand beside a neighbouring country in times of natural catastrophes. In a word, who would be for those people if there weren't aid agencies and charitable organizations?

Encouraging our locally produced goods

A lot of people prefer goods that are made in foreign countries. They believe that foreign goods are of good quality. They can pay much money on exported goods while their local goods are of the same quality and they can buy them with low prices. Youth prefer the European goods because they believe in their quality. They should believe and support their local goods and know how many benefits can return on their country. If we encourage our locally produced goods, a lot of problems will be solved. A lot of people would find jobs and our national income will increase. On the other hand, our factories should restore the confidence of their customers by producing goods of high qualities that are able to compete the foreign goods. We should be proud of buying anything labeled " Made in Egypt. "

My favourite hobby

A hobby is a subject that one studies for amusement. Many people spend a good deal of their time on their hobbies. Some people are very much interested in collecting stamps. They classify their collections of stamps according to date or countries. They also keep them in nice albums. Others are very devoted to catching fish. They spend long hours on the banks of rivers or lakes to satisfy this desire. Some have a fancy swimming whereas others take a fancy to practicing sports or doing exercises. They spend most of their leisure in the sporting clubs. But as regards me, I am very fond of reading that unlocks to me the vast field of knowledge.

started the political reform since the very beginning of his ruling era. He gave orders to release the political prisoners shortly after he had received the power. Then, he called all the Egyptians to take part in the political life freely through any political party. In his era the freedom of press law was issued. He called all journalists to publish facts and truth with respect to the rights of others.

Finally he called the people's assembly to issue a new law enabling others to nominate themselves to hold the post not after him but from him if they were elected by the Egyptian people. Now we all feel the changes that will end with free practice to democracy in Egypt.

Modern technology and revolutions

Doubtless, modern technology has improved and affected our daily life greatly. It has brought about many changes to transport, health, education and communication which make life easier and more comfortable. I think the internet is one of the greatest inventions of the twentieth century. The internet can help in many fields. However, no one ever imagined that the internet can be used in revolutions. The glorious revolution of 25th January that the Egyptian youth have done is considered the first technological revolution. On the famous social website called "Face book" the Egyptian youth gathered together and decided to protest against the dictatorship of Mubarak and his regime. They chose 25th January to be the date of their revolution and they chose Tahreer square to be the place of their revolution. All their plans and steps were drawn and discussed on the internet. To sum up without the internet, the Egyptian revolution will never succeed.

The progress of any nation depends on its youth. They work for the good of their country. A youth can take part in the industrial and agricultural projects. They can also help stamp out illiteracy. They sacrifice their lives for their country in time of wars. In fact, the youth must avoid bad habits. They should avoid smoking and practise sports to ' become fit. They should not waste their time sitting at cafes all the time. They should read and log onto the internet to get useful information. The youth are tomorrow's leaders, so the government is greatly interested in them.

2-Healthy life.

Would you like to live a longer life? To live longer, you must keep your body healthy, and I have some suggestions for you. First you must eat healthy foods that will provide necessary protein, vitamins, and carbohydrates. You should not eat food that contains fats and cholesterol because they clog your arteries and cause heart attacks. Proper diet can help to keep your body healthy. The second important requirement is regular exercise. You should exercise every day. You might jog or lift weights to keep your body healthy and active. The third and most important point is, not to take illegal drugs. Drugs can ruin your life and the lives of your family. You should not smoke, and you should not take heroin. By keeping your body healthy now while you are young, you could live longer, and you might enjoy life more.

3-Water .

No body can deny the fact that water is the main source of life. Without water, life on earth would have come to an end. Man, animals and plants would have died. In fact, water is the main factor in the development of countries both in agriculture, industry and all aspects of life. Man can get water from rain, rivers, wells, seas and lakes. To increase the supply of water, reservoirs and dams have been built to store water for the time of need. As the consumption of water is increasing so rapidly, the world may face a shortage in the quantity of water in the near future.

To solve this serious problem, the world should economize the consumption of water especially in agriculture, industry and also in domestic use. In my view, another solution is to have the water recycled to avoid wasting it. More dams and reservoirs should be built. We can obtain water also by desalinating تحليه water from seas. Although this is an expensive method, but we can rely on it if necessary.

4-Energy .

There are different forms of energy. Most of the energy used today in homes and industry comes from fossil fuels. Coal, oil and natural gas are all fossil fuels. They are called non-renewable because it takes millions of years to make or renew them. So, we must reduce the amount of non-renewable fuels that we use.

We need to find other forms of energy that will never run out . These forms of energy are called renewable. Examples of these are energy from the sun and the wind. Water is another renewable source of energy. It is called hydroelectric power. Nuclear energy is also a clean renewable source of energy. However, it is dangerous. It is important that we all save energy.

5-modern technology.

Our life today is quite different from life fifty years ago. Life in the past was very simple and easy. In the past people used animals to go from place to place. People died from many diseases which they could not cure. Today, thanks to modern science and technology, there are many inventions which have made man's life easier and more comfortable. Modern means of transport help us to travel long distances in a very short time. The progress in medicine has enabled us to find a cure for most diseases. We also have pure water and electric supply.

However modern technology has several disadvantages. The most noticeable disadvantage is pollution. Pollution is very harmful to man's life and can cause many diseases. Man now depends too much on machines. There are a lot of people who can't find jobs because we use machines to do most of our work. Many people nowadays suffer from stress and worry. Some people may have a nervous breakdown.

6-How the internet has changed our way of living

There is no doubt that the computer and especially the internet plays an important role in our daily life. No one can deny that internet has a great effect on our way of life. There are a lot of advantages of the internet such it is the fastest growing communication system in our world. It stores all kinds of information on different subjects. Using e-mail is very important because it saves time through internet we can exchange information among us. Through internet we can see and talk to who we want in any time and at any place. From the previous lines, we can see the importance of using the internet.

7- The qualities of a good leader .

Leaders are examples people follow in their footsteps and hang around to organize their lives. There are some qualities leaders should have whether they are inborn in them or they

acquire. Hence, good leaders should be calm and patient. So they can talk to people easily and make the right decisions. They need to be intelligent and understanding, too. They ought to be tolerant and get on with each others in particular those who oppose them. Also, they have to be sensible if there are any disagreements and do their best to settle the disputes. Finally, good leaders work for the benefit of the whole world.

8-The advantages and disadvantages of scientific research.

Doubtless, scientific research is the way to progress; there is much to be said in favour of it. Scientific research has always been beneficial to mankind. We can improve health, food production, education, travel and nearly every aspects of our life. Scientific researchers can also develop vaccines against fatal diseases.

On the other hand, it sometimes turns into a harmful thing to our planet. Advanced weapons may cause a lot of damage. They may take the lives of many innocent people. Science experiments which go wrong can affect people. Whatever the benefits of scientific research, scientists must take caution not to panic people.

Important Paragraphs

Advertisements الاعلانات

It's a fact that business without advertisements never flourishes يزدهر. Goods can be advertised in different ways; on TV in newspaper and in magazines, by posters ملصقات put up in streets, cinemas, shops and means of transport. In Egypt, advertisements have become an important part of television .Not only do they attract kids تجذب الاطفال, but the elders as well. Most of them are about fast food, crisps, chocolate ad the like. Some advertisements are about films and plays .Of course they ruin يفسد-يدمر the pleasure متعة of watching TV programmes because they are displayed يذاع the midst وسط of them. I myself don't like the way they are displayed on TV in Egypt .hey don't reflect يعكس the Egyptian culture at all .Almost all of TV advertisements show merely فقط dance and nonsense.

Reading as a hobby

Reading is a useful hobby. It is a good means to spend our time and to increase our general knowledge, we read daily newspapers and magazines, by reading newspapers we are aware of all the news of our county as well as the news of the world. Magazines deal with cultural subjects, reportages and short stories, the book is the fiend of man. We read prose and poetry in literary books while scientific books deal with to date inventions and historical stories. Man can never feel lonely so long as he has book or a magazine as friend.

Libraries

Libraries are placed where we can read or borrow books we can spend a useful time reading in

the library , we can find many books of various kinds and standards which satisfy all classes , all tastes and all cultures the library is the best place where a person can be acquainted with the latest researching of brave men , the emotions and feelings of men of arts , in fact , it is a spring of knowledge which is never finished .it is the place where a person finds comfort and relief after the troubles and cares of life . In the library a person can find himself among books which are the best friends of man, through books in libraries we spend our spare time and increase our general knowledge.

Saving up

Life is full of ups and down. a wise person should think of the day when he becomes unable to earn his living , he should bear in mind that a rainy day will come and so he has to be ready for it. Saving is of great benefit. we must not spend our incomes unwisely , we have to save part of our income so as to face the unknown future saving enables a person to secure a better life and good living condition for his children and his family , a child may fall ill and a father finds himself in a difficult position if he has not saved money to provide for such a situation , if we save money we serve ourselves as well as our agriculture projects thus all of us live in a society whose standard of welfare is secured for all citizens .

How we make use of our deserts

We make use of the natural wealth which lies hidden in the bottom of the desert. In the eastern desert, engineers, geologists, experts and laborers prospect for oil and exploit fields. In the deserts near Aswan iron ore is found in large quantities. It is used in the iron and steel industry. The reclamation of the deserts is one of the chief projects carried out in the A.R.E the desert is changed into cultivable land. Thus we can increase the area of the green land. People who live in overpopulated districts settle down in the new reclaimed land. In order to make use of the oases we have to encourage rural industries and facilitate means of transport. Desert plants are of great importance they are used in making medicine. There are many historical places in our deserts. They attract tourists to visit our country.

Egypt works for peace, yet we should have a strong army

When Egypt waged war against Israel on the 6of October 1973 it was a war for peace not for aggression. After winning the battle we raised the slogan of peace and began rebuilding our country. Egypt works for peace, yet we should have a strong army to protect the peace we are working for today Egypt has a very strong army to protect the peace we are working for today Egypt has a very strong and highly trained army. It is manned and officered by young and patriotic men. It uses the most sophisticated weapons used in the electronic war. It has mirage 2000 and the first early warning plane, thus our modern army has the ability to function on any front and can deter any aggression.

Camps

Camping is an activity which young people like to do. They practise self-dependence, cooperation and, team work. In camping, they spend a day or a week in the open. Boy scouts usually go camping in one of the outskirts of the town. They sleep in tents, cook their own meals and make their own beds. Each

member has his own job and they all work for the good of the whole. Camps may have their own goals. Some camps aim at cleaning streets and planting trees. Health camps tour villages to help the sick and to foster good health habits. Education camps aim at acquiring knowledge and practice in a certain subject.

Global Warming

Most people now accept the fact that the world's climate is changing. The carbon dioxide in the atmosphere is increasing mainly because we burn fuels such as oil and gas. The fact that we continue to destroy the rainforests (which take in carbon dioxide and produce oxygen) makes the matter worse. It is now known that the ice at the Arctic and the Antarctic is melting. If this continues, sea levels will rise and some parts of the world will be flooded, making many people homeless. So what can be done? Countries must stop destroying the rainforests and produce less carbon dioxide. We, as individuals, must all reduce the carbon dioxide we produce. This can be done by people using cars only when they have to or by turning down air conditioning in the summer.

A job you'd like to do when you finish your education

It is known that any person should have a certain goal in life. If the person has a goal, he should exert great efforts to achieve this goal. My goal for the future is to become a doctor. I would like to do this job to serve my country, help poor people in my village and earn a lot of money. The job of the doctor has some qualities. A successful doctor should be honest, helpful, brave, patient, faithful and many other good qualities. If I want to become a doctor, I should study hard to join the faculty of medicine.

The mobile phone

In fact the mobile phone is one of the most important inventions. However, it has some advantages and some disadvantages. First of all, we can start with its advantages. It enables people to contact each other easily at any time in any place. It is small enough to carry. It is useful for some people who work in remote areas such as engineers and businessmen. It is important for us in case of danger or troubles. On the other hand, it has some disadvantages. Some doctors think that it causes some serious diseases. It also makes people lazy because it prevents them from visiting each other. To sum up, we can say it is advisable for people to use it only when necessary to avoid its serious side effects.

The importance of sports and games

No one can ignore يتجاهل that games and sports are very important in our life. Sports and games are encouraged everywhere in Egypt because they make our bodies strong, prevent us from getting too fat and keep us healthy. Games and sports make people lead a healthy and active life. They can join clubs to Practise their favourite sports, enjoy their time and feel great happiness. Sports and games teach our youth discipline النظام, co-operation, the sense of belonging بالشعور بالانتماء and protect them against deviation الانحراف and taking drugs. It is important for us to get proper exercise in our life. There are many forms of exercises like running, walking, swimming....etc. All these exercise will help us feel our best. It is

advisable to do the exercises which are suitable for us .The form of exercise I like to do is running. This exercise is very useful for my muscles .It makes my body strong and renews my activity. It is easy to practise and doesn't cost us any money. We should be keen on doing for improving our health.

Spare time

Time lost never comes back so our time should be spent wisely. Other than reading, we can do interesting thing to enjoy it. We can go to the cinema which is a source of amusement and culture. The theatre, too, furnishes us with valuable instruction. Playing games is another way for enjoying our spare time. Games and sports strengthen our bodies and build our character. In our spare time we can pursue our favourite hobbies. Taking photographs, painting or growing flowers are all good and useful hobbies. To sum up, a successful person is the one who can always make the best of his spare time.

Pollution

No one can deny that pollution is a serious problem in modern life. There are many kinds of pollution such as air pollution, water pollution, soil pollution and noise pollution. Air pollution is caused by harmful gases from old cars, buses and lorries. Air pollution makes people sick. It causes cancer and harms plants and animals. Water pollution is caused by wastes thrown into seas by factories and ships. It kills fish and water plants. Soil pollution is caused by the chemicals used in the soil such as insecticides. To solve this problem, we can reduce pollution in our streets by planting trees in front of our houses. Cars and buses should run on efficient petrol or natural gas. Rubbish shouldn't be thrown into the river.

The problem of over - population

It has become clear that over population in Egypt is a serious problem. It results in **تؤدي إلى** other more serious problems. Our youth can't find a flat to marry in or a suitable job to start their life. There is also a possible shortage **نقص** of food. Our cities became very crowded, they lack the needed infrastructure **البنية التحتية** for living. So it has become a must that we should invade the desert **نغزو**. The government does its best to encourage people to have small families through public awareness programmes **برامج التوعية العامة** on t.v. and papers. It send campaigns **حملات** to remote and small villages to offer people information about birth control **تحديد النسل**.

Computers

The computer has a lot of advantages **مميزات**. It can store a lot of information; it can do a lot of calculations **حسابات** in no time. It can pay wages, reserve seats on planes, design buildings, compose music and do many jobs. Doctors also use the computer widely in their job. But it has also some disadvantages **عيوب**, it can waste our time if it is used foolishly or if it is used just for fun. It has also a bad effect on our health specially the sight **الإبصار**. It also teaches the children violence **العنف** through playing the computer games. So it is a double-edged weapon. **سلاح ذو حدين**.

Technology in our life

Technology is everywhere nowadays. We all enjoy technology but in different ways. Now, we can travel from one place to another very easily, comfortably and fast. Modern means of transport are now supplied with all means of comfort *كل وسائل الراحة*. Space travel is now more possible than it used to be in the past. One day people may be able to enjoy space journeys.

Technology has also played a role in medical care *الرعاية الطبية*. Now the computer can be used to check people's health accurately. It is also used for teaching. Students can benefit from the internet in their researches as well. No doubt technology has changed our life to the better.

The television

The television is the cheapest means of entertainment and culture *أرخص وسيلة للترفيه والثقافة*. It shows us the current events *الأحداث الجارية* that take place in every part of the world at the same time. It is also a means of communication. We can learn the language of any nation through its films or serials - *مسلسلات*. We can't forget the educational programmes which attract the students of different stages.

On the other hand it has some disadvantages. It has negatively affected *فقد أثر سلبيًا* the habit of reading. Most of us don't read much as we are attracted to the television more. Some people waste their time in front of the TV. So we have to use this important invention wisely.

Tourism

Tourism is considered one of the most important earners of foreign currency and national income, *من أهم مصادر العملة الصعبة والدخل القومي*. Tourists spend a lot of hard currency during their stay in Egypt. Tourists like to visit Egypt to enjoy the sun shine, and the wonderful historic places. They like to visit the Citadel, the Pyramids, Luxor and Aswan.

They like to see our modern renaissance *نهضتنا الحديثة* as well. We should do our best to encourage tourists to visit us again and again. We should establish cheap hotels and tourist villages along our shores.

The role of the youth in development

The youth should first work hard to achieve success. When they graduate from their universities they have duties towards their society *لديهم واجب نحو وطنهم*. They can share in the social work by working in the co-operative field. They can share in abolishing illiteracy *محو الأمية* in their villages.

They can take part in reclaiming the desert to increase food production. They can join the army to defend their country in case there is a war. They can also help a lot in solving any problem concerning their society. They should work hard for the welfare *رفاهية* of their beloved country Egypt.

English and its importance

English is an integral part من متكامل من of your personality, your character and yourself. Knowledge of good English enables you to communicate with foreign friends and countries. It enables you to find a better job because it helps you express عن يعبر yourself and deal with tourists freely.

We cannot cope with the technological renaissance النهضة التكنولوجية without learning how to use the computer and internet so learning English is a must. When you are armed with English, you can understand what is going on around you and you can deal with the knowledge explosion easily الانفجار المعرفي without any fear.

1) The responsibilities of the youth towards their mother country مسؤوليات الشباب تجاه وطنهم

It is taken for granted that the youths are the corner-stone حجر الزاوية upon which the country's progress depends. As they enjoy a lot of rights, they have responsibilities to shoulder. يتحمل They have to be true citizens who obey and respect laws, rules and regulations. أنظمة Since they are in the flower of youth, full of strength and energy, they can work in their spare time to help develop their motherland in all fields of life. They should strive يجاهد to achieve that.

One of these duties is to go to villages during the summer holidays to teach the farmers the three R's (reading, writing and arithmetic). الحساب Thus, ومن ثم they can play a role in eliminating illiteracy. محو الأمية. When duty calls, they should be ready to sacrifice their lives for the sake of their motherland. In the field of traffic, they can act as policemen during their summer vacation so as to help the flow of traffic. حركة المرور In short, young people should spare no effort لا يجب أن يدخر جهداً to serve their mother country.

(2) Alternative sources of energy مصادر بديلة للطاقة

The fact that the world is running out of oil disturbs تزعج the minds of energy scientists. The world's oil reserve مخزون البترول العالمي will come to an end in the near future. Consequently, scientists are looking for alternative sources of energy so as to face this problem. They are thinking of the atom, the sun, the wind, the water and even rubbish. The five mentioned sources are thought to supply energy in the future.

Nuclear fission انشطار i.e. the splitting of the atom as in the atomic bomb, may be used in the future to supply uranium which can be used for running تشغيل our factories. The sun is another useful source of energy because generators in space can be used to send energy to the Earth. The wind power can help man to generate cheap and clean energy. Water is used for getting

hydro-electric power. In addition to that, rubbish is burnt for energy. To sum up, scientists should do their best to create new sources of energy to face the challenge of the third millennium.

(3) We cannot do without modern technology, especially the computer, in our daily life.

لا يمكن أن نستغني عن التكنولوجيا الحديثة وبخاصة الكمبيوتر في حياتنا اليومية

Thanks to human inventiveness, إبداع computers now cover all aspects مظاهر of our life. Computers help man to extend يمد the power of his mind. Without them, a lot of our technological miracles, معجزات would be impossible. They have greatly helped to make our life easier and more comfortable. Since computers are of great benefit, ذو نفع كبير they are used on a large scale. واسع على نطاق

Computers are used in hospitals to check patients' records سجلات and diagnose يشخص some diseases. Schools cannot do without them. They are used in factories and banks to improve and facilitate يسهل work. TV, radio, hotels, telecommunications, الاتصالات trains, ships, planes etc ... depend on computers in their work. Really, the world of computer is endless. In spite of all these facts, computers are our servant خادم and not our masters سيد متحكم yet.

(4) Egypt's achievements إنجازات مصر

Thanks to the wise policy of the recent government, الحكومة الحالية, Egypt has made important achievements in various fields. These achievements have made our life easier and more comfortable. They enable us to face the challenges of globalization. تحديات العولمة In the field of education, thousands of modern schools are being built equipped with تجهز computers and internet labs معامل all over Egypt to cope with the world changes. In the field of agriculture and land reclamation, great projects are being established like Toshka Project in Upper Egypt to increase the area of the cultivated lands. الأراضي الزراعية.

In the field of industry, investors are encouraged to set up factories and buy the old ones through the privatization programme برنامج الخصخصة to modernize and increase production. In the field of transport and telecommunications, الاتصالات new roads and bridges are being built to facilitate تسهل traffic and the new centrals are now available to deal with the rapid increase in population. الزيادة السريعة في السكان. In the field of public-health, الصحة العامة the health insurance umbrella is covering all classes of people. مظلة التأمين الصحي تغطي كل طبقات الشعب. All the fore-mentioned fields and others are the best witness, so we have to stand behind our government as one united power قوة موحدة and crush into dust those who want to keep us behind. When we

do so we will achieve the expectations آمال of the new millennium for the recent and coming generations to enjoy welfare prosperity. الرفاهية و الرخاء

(5) Ring roads and traffic

الطرق الدائرية والمرور

Ring roads should be built around big cities to facilitate the traffic movement. In the one hand these ring roads will join the East with the West and the North with the south, thus وبالتالي decreasing overcrowdedness inside the big cities. Trucks and long lorries need not enter the city, they can use the ring roads to shorten the distance المسافة تقصر between the producer and the consumer. In the mean time they will save time and effort. Around these ring roads there will be new communities مجتمعات and activities and thus creating business opportunities. فرص عمل

On the other hand, there will be less road accidents and we won't suffer from pollution. Take Cairo for example, its streets and roads are so polluted because of the vehicles that run day and night. There should be daring solutions حلول جريئة to decrease the amount of car fume عوادم السيارات and constructing these ring roads is one of them. People should co-operate and use these new ring roads to help facilitate the traffic movements. We have to thank our road planners who do their best to make us enjoy our life and we mustn't forget that we are in the new millennium.

(6) Life in the future الحياة في المستقبل

Nobody knows exactly how life will be like in 2020. But we can only predict or just imagine the shape of life. Computer will dominate تهيمن على everything in life. In other words, machines, cars, and almost all fields will be computerized. إلكتروني Smart cars, for example, will come into use. The computer involved will be able to work out whatever disorders أعطال that may arise. Then it will connect internet to find the nearest garage which carries spare parts that will put the car right.

Also, I think that people in 2020 will be queuing up يصطف to take their holidays in space. They will fly by rocket to a space cruiser سفينة فضاء that may orbit the Earth at a height of 320 kilometres. Scientists will have found cures علاجات for the nasty side effects that astronauts have suffered from. Robots will do then most difficult jobs like cleaning cars and loading تحميل

heavy boxes. Students wont probably go to school because education will be through the internet and computers only. Life will be completely different in the future.

7) *Pollution is the pest of the age* التلوث آفة العصر

It's not acceptable المقبول من غير to be in the 3rd millennium and we still pollute our surroundings (environment). Individuals, companies and factories should find ways to control the waste. النفايات Clean streets and roads are the demand مطلب of every citizen. So individuals mustn't throw anything in the streets. Hence, ومن ثم laws must be passed تسن to punish those who are careless.

Companies and factories should fix filters مرشح to help reduce air pollution. We have to keep the Nile water clean and unpolluted. It's an etiquette آداب التعامل not to pollute the place where we live in. It's our environment and everybody should do their utmost جهده to lead a healthy life. If there is a success, we can protect ourselves from fatal diseases أمراض فتاكة because pollution is the pest of the recent age.

(8) Overcoming the problem of unemployment التغلب على مشكلة البطالة

Unemployment is an enemy to progress and prosperity. The unemployed person is more likely to do wrong. That's why it must be rooted out من جذورها because it leads to further poverty. مزيد من الفقر. Our government spares no effort in finding ways to overcome this pressing problem. The government is always encouraging investors to invest their money in establishing new projects to provide business opportunities. Giant projects are being carried out all over Egypt to find jobs for the unemployed queue of youth.

Toshka project in the south of the valley will offer more land for young people to reclaim. Six October industrial city, New Damietta Port, reclaiming Sinai and the small projects will give a hand to increase different kinds of jobs for those who are unemployed. Banks have a role to play in solving this serious problem. They can lend young people small loans قروض with slight interest فائدة بسيطة to help them set up small industries all over Egypt. When we solve this problem, we absolutely abolish يزيل extremity عظيم and terrorism among those poor young people.

(9) Eliminating illiteracy

It's crystal clear that illiteracy is the stumbling block حجرة عثرة to progress and welfare. It hinders تعيق all the steps of development. We cannot achieve progress unless we get rid of this serious problem. Consequently, Egypt's first lady is doing her very best to eliminate illiteracy among young boys and girls. Long term plans have been drawn to realize this aim. تم و
ضع خطط طويلة الأمد لتحقيق هذا الهدف

The one class schools الفصول الواحد can help eliminate their illiteracy. Mosques and churches can organize special classes for them with specialized teachers. We mustn't neglect the role of elementary schools ابتدائية مدارس in our villages. TV can play a vital role during its programmes and arrange campaigns حملات to encourage them to take part in these classes. Thanks to all efforts in this respect, المجال these young boys and girls will grow up not as machines but as imaginative human beings. كائنات بشرية واسعة الخيال.

(10) How to keep your health المحافظة على الصحة

Health is a crown over the heads of healthy people that only patients see. We can't enjoy life unless we are healthy. We should follow certain rules to lead a healthy life. It's necessary to eat the right kind of food, exercise regularly and sleep well. Our foods ought to be rich in vitamins, proteins, salts and water. We should eat three meals a day and avoid having foods with chemical additives, إضافات كيميائية, artificial colourings, flavouring or preservatives. ألوان أو
Having organic foods is much healthier than inorganic ones. مكسبات طعم صناعية أو مواد حافظة

Eating the right kind of food is not enough to keep yourself healthy. It's important to take exercises regularly. Exercises renew energy and make the person fit for life. Moreover, exercises burn the extra fats, so the one can avoid overweight. زيادة الوزن In addition, you should sleep enough time a night. An adult الناضج needs to sleep at least six hours a night. When you sleep, you give your body a chance to rest and relax. To sum up, right food , regular exercise ,sufficient sleep and personal cleanliness are the magic solutions for good health.

(11) Modern means of transport وسائل المواصلات

There is no room for doubt that transport has been greatly developed in the last few years. The world has become a small village. In the past people found difficulties in moving from place to another. This used to take much time and effort. Nowadays passengers can cover long distances in no time. Thanks to modern means of transport, travel has become easier, comfortable and enjoyable.

Now cities are getting more and more crowded, so people look for modern means of transport to help them go here and there fast. Modern underground metro, planes and trains can help them save time and effort. Businessmen can reach their destinations جهة الوصول without losing much time. Goods can be transported quickly to markets to help reduce the wastage. خسارة Without these modern means of transport, we would face a lot of trouble.

12)Traffic and parking problems المرور ومشاكل وقوف السيارات

Traffic is the nightmare of big cities. There is always a lot of traffic in the city centre because there are different facilities such as shopping malls, أسواق تجارية cinemas, theatres, airway lines, embassies سفارات etc.. To drive a car there is difficult and to park is much more difficult. Parking is really a big problem especially in rush hours. ساعات الذروة Yet, motorists can help make traffic flow smoothly. ينساب بسهولة

Motorists should park in the multi - storey garages جراجات متعددة الطوابق to help facilitate the traffic movement. If they park in the wrong place, they will hinder يعيق this movement. Traffic policemen must be strict صارم with such law breakers. الخارجين عن القانون In my opinion the best ways to reduce traffic in the city centre are to increase present fines الغرامات and provide better public transport. Motorists are asked to obey and respect traffic signs and lights. More flyovers and undergrounds should be set up. Pedestrians مشاة shouldn't hinder traffic by walking down streets. Finally, it's the responsibility of every person to do his duty to solve this complex problem.

(13) The importance of learning English أهمية إتقان اللغة الإنجليزية

Learning and mastering the foreign languages, especially English, has become a must ضرورة nowadays. Good English enables you to lead a better life. Good command جيد of English is necessary for getting a good job. Employers always prefer English speaking applicants. المتقدم English helps you to write to your pen friends. It enables you to communicate with foreigners abroad. It also helps you express yourself and deal with tourist freely.

We cannot cope with the technological renaissance النهضة التكنولوجية without learning how to use the computer and the internet .Thus, ومن ثم learning English is a must. When you are armed with مسلح بـ English, you can understand what is going on around you in the world. Moreover English helps you to deal with the knowledge explosion المعرفي easily . In short, English has become an integral part جزء متكامل of your character and your career.

(14) The importance of electricity in our life أهمية الكهرباء في حياتنا

It has been taken for granted لا يمكن الاستغناء به that electricity is indispensable. It has become so important that we can't imagine our life without it. Electricity is a mysterious power قوة غامضة which can drive تشغيل machines and different kinds of devices. It is produced by various means such as batteries and generators. مولدات We can also generate electricity using waterfalls, wind, the atomic power as well as the sun.

In fact, the advantages of electricity are endless. لا نهاية لها It helps man to increase production as it drives machines in our factories. We use it to illuminate يضيء houses, streets and schools. It is used to run the household apparatuses الأجهزة المنزلية like the fridge, the water heater, the fans and many other sets. Saving energy is necessary. That's why we should cut down our consumption. نحد من استهلاكنا.

(15) Desert Reclamation استصلاح الصحراء

Egypt is full of vast areas of yellow barren جرداء deserts. Due to the rapid increase in population and the lack of the green lands, reclaiming the desert has become a must. ضرورة That's why giants projects are being carried out to turn these deserts into green land. Toshka project and Shark El-Owinat are examples of these projects. These projects are expected to solve many of our problems such as overpopulation, unemployment and food shortage. Irrigation isn't a big problem as we can dig canals from wells to get water from underground to irrigate the reclaimed areas.

Reclaiming the desert is a turning point نقطة تحول in the lives of the Egyptians. It is the only way to push Egypt forward so as to cope with the advanced countries. الدول المتقدمة. New towns will appear, solving part of the housing problem. مشكلة الإسكان. Youth will find job opportunities there. Food security الأمن الغذائي will be achieved. We will stop importing certain crops like wheat. Our agricultural exports will be increased. The government is shouldering تتحمل its burden أعباءها and constructing infrastructure projects مشاريع البنية التحتية to attract many investors to these remote areas that will help us increase production and enjoy welfare and prosperity.

(16) People and fashions الناس والموضة

Fashion means the style of clothes, hair, behavior etc that is popular at a particular time. People all over the world are fond of buying the latest fashions أحدث الموضات yearly. Fashion houses بيوت الأزياء always decide how we should appear and what we should wear. These

houses decide not only the clothes, but shoes, hair, hand bags and jewellery as well. In fact, the world of fashion is endless.

The big fashion houses in many countries of the world design fashionable styles and colours to satisfy all tastes. لترضي جميع الأذواق Women cannot ignore fashions and are always attracted to buy dresses, blouses, skirts, etc... . Men also try to follow fashions when they buy suits, shirts, ties and trousers. What is clear is that fashion changes every year. Consequently, what is fashionable موضة قديمة this year will be out of fashion مساير للموضة next year.

(17) The source of life مصدر الحياة

Water is the source of life on earth. Human beings, animals and plants need water to survive. يحييا Human beings use water in their daily activities. الأنشطة اليومية They use it for drinking, cooking, cleaning and washing. Water is used by animals for drinking and washing. Unless plants get water, they fade يذبل and die. Hence, ومن ثم we can't do without it. يستغني عن

Since water is so necessary for survival, البقاء people should use it wisely. بحكمة In other words, we should cut down our consumption استهلاك of water. We ought to keep water as long as we can. People who use water carelessly have to be fined. يغرم We should co-operate to re-cycle the sanitary or drainage الصرف water and reuse it in a useful way. Water is so vital that wars in the future will be for water not for land.

(18) Tourist Industry صناعة السياحة

Egypt is a tourist country and tourism is a chief source of its national income. Egypt enjoys all attractions عوامل جذب that encourage tourists to visit Egypt. It has got the ancient Egyptian monuments which witness on the greatness of our ancestors. عظمة أجدادنا Besides, It enjoys fine mild weather طقس لطيف all the year round. Its long sunny beaches attract tourists from all over the world to go there. Indeed, tourists visiting Egypt enjoy sightseeing as Egypt has got matchless tourist sites. مواقع سياحية لا نظير لها

Since tourist industry is a promising واعد one, we should encourage tourists to visit Egypt. New hotels should be established to provide good accommodation. إقامة Roads ought to be paved تمهد to help the flow of traffic. انسياب المرور People should treat tourists kindly everywhere to encourage them to visit Egypt again and again. To sum up, all means of comfort have to be given to tourists to flourish ينعش this important industry which is a main source of hard currency.

(19) Overpopulation زيادة السكان

Overpopulation is a very dangerous problem . It hinders تعيق the progress of any country. It devours تلتهم every increase in production . It is the cause of many serious problems such as shortage of food, housing and traffic jams . Over population also result in تسبب the problem of unemployment البطالة among youths with its ill effects أثارها السيئة on individuals الأفراد and on society. Thus, solving this problem has become a must so as to raise the standard of living مستوى المعيشة.

We can solve this problem by invading غزو , reclaiming and reconstructing تعمير the desert . This will create new communities مجتمعات with better job opportunities and more land to cultivate. يزرع We should respond to يستجيب birth control and family planning call . Mass media وسائل الإعلام should lend a hand in solving this problem by showing the ill effects of over population. People should change their attitudes مواقف and know well that a small family means a better and a comfortable life.

(20) Sports and games الرياضة والألعاب

It is said that a sound mind is in a sound body. العقل السليم في الجسم السليم. So sport is very important in man's life. It builds up sound bodies. It is useful for all people of different ages; the young and the old alike. على حد سواء. They should practise sports to enjoy good health and live a happy life. Sporting clubs have now spread in all towns and villages and they provide their members with different sports. Sporting contests منافسات strengthen relations among nations because they help young people to spend their time fruitfully مثمر and creating the competitive spirit تنافسية as well as accepting any defeat. هزيمة.

In addition to that, practicing sports teaches us good morals. أخلاق حميدة. Sport teaches us patience, co-operation and self-denial. إنكار الذات. That's why sport is necessary for developing one's character. It is important for everyone to practise a certain game. The young tend إلى to play football, basketball and volleyball. Also, riding, swimming, shooting and running are preferred by the young. On the other hand, the old like walking and some games that suit their age like chess. To sum up, practicing sports develops persons physically, mentally, emotionally عاطفياً and morally.

(21)The role of woman in society دور المرأة في المجتمع

Really , we can't imagine our life without woman. She is half of the society and gives birth to the other half. In fact, man and woman are a double face coin. وجهان لعملة واحدة. She plays an important role in modern societies. She is the cornerstone of the family and the society. Now she shares fully in the life of society with man . She has proved her worth إستحقاق in every field of life. She works in factories, hospitals and schools. She has become a ministress and even a prime ministress in some societies . She has held the post of a judge. She has a say in her country's policy .

Woman has proved that there is no difference between man and woman in handling تعامل any kind of work. She can even handle certain tasks مهام better than man can do . Besides, on her shoulder lies the responsibility of bringing up children. Woman has made great efforts towards equality with man. She has come a long way and she still has a long way to go on for equal opportunities. In short, she is standing at an equal footing with man in nearly all fields of life.

(22) Our duty towards our parents واجبنا تجاه والدينا

It is taken for granted أن المسلم به that we owe much to our parents who looked af-ter us when we were young. They did their best to provide us with food, clothing, shelter مأوى and education. They sat up beside our beds when we were ill. They spared no pains وسعه عمل ما في to give us the best start in life. So it is our duty to love and respect them. Consequently, all that we offer to them is not sufficient كاف compared to what they have done for us.

We have to take their advice and obey their orders since they have experienced in life with its up and downs. تقلبات It is also our duty to help them in every possible way. We can do the shopping and help them at home. When they grow old, it is our turn to repay their kindness. عطف We should look after them in their old age and give them every possible comfort. Finally, we should put into consideration that we can never repay a part of what they deserve.

(23) Industry in Egypt الصناعة في مصر

Industry is the main stay الدعامة الأساسية upon which the economy of the country depends. It is a chief source of our national income. It can help a great deal in setting up great national projects. Industry plays an important role in achieving progress, welfare, and prosperity to Egypt. Therefore, the government gives due care بالاهتمام to the field of industry. Industrial and technological projects are our way to cope يتسار with the advanced countries.

In the new cities, a big number of industrial areas were built. The factories in these areas can provide our youth with work opportunities. In other words, بعبارة أخرى they help in solving the problem of unemployment. In this way, our people can enjoy a better standard of living. The products can be exported to increase our resources of hard currency. Our government does its best to encourage industry in Egypt. It encourages investors to invest money in Egypt. It provides them with all facilities تسهيلات to establish their own factories. It also offers loans قروض with a low interest. Restrictions القيود on exports have been taken away to help them export their products easily. I think the future of the Egyptian industry will be prosperous.

(24) Child's rights حقوق الطفل

Children are our dearest الأغلى hope in life. They are tomorrow's youth, workers, employees and leaders. They are priceless لا يقدر بثمن national wealth. They form the main stay upon which the nation depends in the future. Hence, due care should be given to them so as to enjoy their childhood الطفولة fully. In fact childhood is playhood. مرحلة لعب It is the stage in which the child's character is formed. Parents, school and society have a role to play in this respect. في هذا الصدد.

From the very beginning It is the responsibility of the parents to select a decent مناسب name for the child. Children should be given ample كاف love and affection. محبة Parents should clothe and feed them well. At schools, children ought to be developed physically , emotionally and mentally. Psychological specialists الأخصائيون النفسيون have to pay much attention to each child's character. They should help him/her to grow up as a good citizen. They should know the child's problems and try to solve them. Society must ban the work of children. Children should not be abused. يساء معاملاتهم. They shouldn't work while they are young. To sum up, all have to raise a red card to the child's labour. عمل الطفل.

(25) The pros and the cons of mobile phones التليفونات الجواله، مالها وما عليها

No one can deny the great advantages of the mobile phone. It facilitates يسهل the tasks of businessmen to get in contact with يتصل their partners شركاء in no time and anywhere. We can get in touch with any person when we face danger or any conflict. A person who is confronted يواجه with any sudden attack or facing an unexpected dilemma ورطة can be rescued by using his mobile on the spot. Newspapers reporters can get in touch with the headquarters المكاتب الرئيسية in the location of the accident when no other means of communication can be benefitted. When a person is facing a trouble or a crucial حرج problem, the mobile is of a great importance.

However, the mobile may be a source of disturbance and annoyance in worshipping houses, libraries or means of transport. During debates or symposiums, the use of the mobile is dreadfully disturbing. Youth may misuse such a great invention when it is used for trifling chats or teasing others. It may constitute another hideous burden on the economy of individuals. In short it is not the invention to be blamed but the users themselves.

(26) Lifelong learning مدى الحياة

It is taken for granted that wise people should take into consideration that one is never too old to learn. Everyone should gain knowledge from womb to tomb. One should up-date one's skills and potentials and gain different skills and experience so as to be employable. An ambitious and enthusiastic person should be eager enough to improve his standard and widen the scope of his knowledge. This can be carried out by acquiring much knowledge to get promotion.

It is necessary for all people to cope with the technological progress and adapt to different circumstances and conditions. One should be broad minded and wide experienced to achieve one's goals. One ought to bear in mind that there are no barriers or borders for human knowledge. Learning is a sacred process that has to go on for ever. All the holy books appreciated learning and urged humans to read. In short, lifelong learning is a slogan that all people have to follow.

(27) Peace leads to prosperity whereas war leads to destruction

يؤدي السلام إلى الرخاء، بينما الحرب إلى الدمار

Really , peace leads to prosperity whereas war leads to destruction . Peace means safety. In time of peace, we live happily and carry out important projects. This will lead to the welfare of our country. Peace and stability are twins. But for peace, there wouldn't be any technological achievements all over the world . Thus, Egypt always adopts the peaceful attitude in its relations with other countries .

War means nothing but fear and terror. In time of war, people don't have freedom to live happily War threatens the security of any country . During wars bloodshed is everywhere. It holds back development and destroys the infrastructure of any

country. To sum up , peace leads to the happiness of humanity but war leads to nothing but destruction and misery. تعاسة

(28) The role of the internet and satellites دور الإنترنت والأقمار الصناعية

Can anybody or any society dispense with the internet or satellites nowadays ? Of course not . They are of utmost importance to all people. Without them any society will be helplessly cripple . عاجز How can a country keep pace with the up-to-date discoveries or inventions without them ? it is a difficult equation. معادلة The world has become a small village thanks to the internet and satellites.

The internet and satellites link all the world together. This is what we call globalization. They save us hard long years of research and hard work. They save our time and effort . Besides being quick means of culture and information, they are very accurate . They are used in all fields of life such as the fields of media, industry, agriculture and medicine. To sum up, the benefits of satellites and the internet are countless in all fields of life.

29) Pollution is the outcome of man's interference with nature

التلوث هو نتيجة تدخل الإنسان في الطبيعة

It is taken for granted that man is to be blamed for the pollution he caused to air, water, environment and even soil. Man is used to dumping the chemical and nuclear waste in remote areas beneath the soil. This affected the soil greatly and led to the spread of many diseases and other fatal results. The badly maintained vehicles used by humans release carbon dioxide and other pollutants in the atmosphere. This may lead to the spread of many dangerous diseases such as cancer. Throwing garbage and chemical waste in rivers and seas ruined the marine life. Noise pollution causes terrible diseases including deafness and nervous breakdown. Man's interference with nature may lead to more epidemics.

Hence , the individuals and communities , should cooperate and work together to put an end to such reckless and irresponsible behaviour of humans. There should be strict laws and regulations to put an end to such disastrous actions. Deforestation; Cutting down green forests should be banned everywhere. Solar and electric powered vehicles should be used on a large scale. We have been blessed by pure air and clean soil and we should keep them evergreen and unpolluted. Ministries of

Environment worldwide should make joint efforts مجهودات مشتركة to keep our globe clean and pure.

(30) The importance of forests for environment conservation

أهمية الغابات في الحفاظ على البيئة

Forests are trees and plants that cover large areas. They are important for environment conservation. Without forests, the balance توازن of our globe breaks down. يختل We get food either by eating plants, food manufactured from plants, or animals that have eaten plants. The leaves of trees and plants are like factories, producing everything they need by a process called "photosynthesis". البناء الضوئي.

Photosynthesis is vital for ضروري our survival. All animals breathe in oxygen and breathe out carbon dioxide which is poisonous to animals if they breathe in too much. Fortunately, trees and plants take in carbon dioxide and take out oxygen. In fact, each year, the plants of the world extract تستخلص about 150 billion tons of this poisonous gas from the air. It's easy to see that if the balance of nature is changed, for example by cutting down too many trees, we will actually be taking away our oxygen-making factories and could slowly poison ourselves.

8- Write a paragraph about 100 words describing

(What youth can do to change the future of their countries.) (6 MARKS)

How a youth serves his country

The progress of any nation depends on its youth. They work for the good of their country. A youth can take part in the industrial and agricultural projects. They can also help stamp out illiteracy. They sacrifice their lives for their country in time of wars. In fact, the youth must avoid bad habits. They should avoid smoking and practise sports to ' become fit. They should not waste their time sitting at cafes all the time. They should read and log onto the internet to get useful information. The youth are tomorrow's leaders, so the government is greatly interested in them.

8- Write a paragraph about 100 words describing

Money is the root of every evil .

Money is a means that can be used well or badly, so I'd rather say that the love of money is the root of all evil, not money itself. Because of money, people steal, kill and bribe. Also, people may envy each other and hate each other. Not a day passes without hearing about a bank robbery or a murder. The reason why such crimes are committed is usually the desire to make a fortune without exerting great efforts.

Moreover, the wars that sweep the world are motivated by financial reasons. Even the civil wars which take place between people within the same country are based on financial affairs. In brief, we can say that although having a fortune is a blessing from God, it can be a curse if we misuse it.

8- Write paragraph on

Keeping Your Body Healthy .

Would you like to live a longer life? To live longer, you must keep your body healthy, and I have some suggestions for you. First you must eat healthy foods that will provide necessary protein, vitamins, and carbohydrates. You should not eat food that contains fats and cholesterol because they clog your arteries and cause heart attacks. Proper diet can help to keep your body healthy.

The second important requirement is regular exercise. You should exercise every day. You might jog or lift weights to keep your body healthy and active. The third and most important point is, not to take illegal drugs. Drugs can ruin your life and the lives of your family. You should not smoke, and you should not take heroin. By keeping your body healthy now while you are young, you could live longer, and you might enjoy life more.

The computer

The computer is one of the modern wonders of the world. It is an obvious part of technology that reaches into most people's lives because they are far more accurate and efficient than human beings. It can be put to varied uses. It can easily perform simple and complex calculations. It can be used in banks to control our cash and keep bank accounts. Also, in hospitals, it can be used to check our health. Also, The computer is ideal for doing our everyday needs: it can be used to reserve aeroplane tickets, in shopping, communicate with relatives and colleagues. In the end, we can't do without the computer.

Pollution

Nothing is uglier than seeing tonnes of rubbish piles and exhaust fumes sent up into the atmosphere. Pollution is an environmental problem which arises from man's unwise abuse of his natural surroundings and resources such as air and water.* It's a big problem that needs all efforts to put an end to. On one hand, man has foolishly damaged his environment when poisoned, the atmosphere and polluted the earth and water. Polluted air may damage man's lungs and cause death. Also, Adding poisonous gases such as Carbon dioxide to the atmosphere may cause increased temperatures consequently the ice at the Arctic and Antarctic is melted. So, environmental conferences are yearly held all over the world to discuss pollution problems, show its dangers and offer solutions. In the end, man has to reach a balanced relation in his everyday dealings with the environment.

Friends

Friends are either good or bad. Some of them are worthy of respects while others are hateful ones. Personally I like helpful friends who are ready to stand by me in time of troubles, and share my joy and sorrow. Moreover, man has no choice in making friends, yet he should be carefully cautious when befriends anyone. He must test him in some situations before he reveals any of his secrets. Among friends I feel warmth brotherhood that is why I take my friend as a refuge (shelter) where I find relief and comfort. To sum up, a friend in need is a friend indeed.

Mobile phones

Mobile phones are of great importance to many people in society from a businessman to an ordinary man. They can't do without. In time of emergency people need to make a phone call asking for the ambulance help. In travel, mobiles are necessary to tell other people how you are doing. But some people have bad habits when using mobiles. They sometimes disturb people indoors unnecessarily at midnight. While driving, they may cause death, so the government should pass strict laws against using them while driving. However, doctors warn people of its drawbacks exposing themselves to the side effects of electromagnetic waves causing cancer. So people should use mobile phones more wisely and quietly.

Water

Nothing can live without water. The water we drink is a blessing of Allah; however we are not wise in using it. Everyone should feel sorry for every drop of water wasted in our house. We all know that water is necessary for drinking, cooking, washing and irrigation. We are going to reclaim new areas of desert land. Meanwhile, water is a renewable source of

energy which is cheap to generate electricity. So, all people should know how to care for every drop of water because the next century will witness a severe attack and an endless war for providing water supplies

Tourism

Tourism is considered one of the most important earners of foreign currency. Tourists spend a lot of hard currency during their stay in Egypt. Tourists like to visit Egypt to enjoy the sun shine, and the wonderful historic places. They not only like to visit the citadel, the pyramids, Luxor and Aswan but they like to see our modern renaissance as well. The world countries are competing among each other to provide the best world tourist services. We should do our best to encourage tourists to visit us again and again. We should establish cheap hotels and tourist villages along our shores. Finally, we can say that tourism is a giant project helps flourish our economy.

Health

Health is a priceless treasure that completes our happiness and a gift of Allah. We cannot really enjoy our life if we are unhealthy. For an unhealthy person, life is no more than pain and suffering. He is a helpless member who cannot take part in the process of development. However, healthy people are always good members in their societies and help to achieve its welfare and progress. So, people should take care of their personal cleanliness as it is tremendously important in the prevention of many kinds of infections. In order to be healthy, we must be clean. We must never eat food that smells bad or swollen canned food. We should always wash hands before and after a meal. We must either boil tap water or cool it before we drink. In the end, as it has been said that "prevention is better than cure" so everybody should pay attention to his health.

Reading

Reading is fun. It's the food of the mind. Reading is the most useful hobby. You can gain a lot of knowledge and information through reading. A book is the best friend one could have, with a book you can fly from one country to another in a short time. You can see and know about places you have never been to. If you want to know about sports or even magic, all you can do is to pick up a book and go through it. So, our schools are provided with libraries in order to encourage our students to read to help them know more and more not only about the subjects they study, but about life as well. In brief, we have to read and read to feel that we are human beings.

My plans for the future

(What career are you going to choose and why?)

We all have our dreams which we hope will come true **تتحقق**. I have many plans for the future. I want to go to university and become a doctor. I'd like to practise medicine for a few years. After that, I'd like to do research.

I hope to investigate **يبحث** the causes of diseases like cancer or brain disease. I'd like to learn more and more about those diseases which make people suffer **يعاني** a lot. Therefore **لذلك**, I must study hard. I'd like to set up experiments and make things that can really help mankind. **تنجح** I want to help people become happy. I hope my plans for the future will pay off. **البشرية**

Women's rights:

Women's rights is one of the important subjects. There are promoters **مؤيدون**. Women should be educated and well-learned. They have to share **تشارك** in public life. There must be a different attitude towards their being housewives. Women should be a moving energy **متحركة**. They should lead a better life. It will be beautiful to make use of women in public life. We should try to improve their economic and social levels. Along with this, equality between men and women is desired.

The role of youth in making their country better

We all agree that youth are the backbone of any country. As they play the main role in anything. They have the power and determination to do any thing for the sake of their country. If we want to make any progress, we must depend on them to do that. They can share in developing and saving their countries in time of war and in time of peace. In Egypt, their role became clear during the 25th revolution and they played the main role. They also have the duty of rebuilding their country. The promising, rising youth must work hard and sincerely (honestly) to reach with our country to the land of safety from this current crisis. Thus we can see our loving country one of the best nations in the world

Life in the future

Our life in the future will change completely. Computers and internet will occupy our life. So, instead of wasting time going here and there, we will use the internet to get our needs, Students of the future will get the information they need through their computers which will

be available and will be within the reach of their hands. Housewives can shop through the internet and the housework will be done by certain kinds of robots. Most houses will be air conditioned and people won't suffer from the heat of the sun. Our factories will be computerized. There will be better means of communications and transport.

(Computers)

The computer is the most important invention in the twentieth century. Children enjoy using computers. They help communicate with people in other countries very quickly. Computers store a lot of information. You can work from home if you have a computer. Computers are now used in all fields. We can now use computers to learn a new language. Doctors use computers to help them diagnose diseases and treat patients. Banks cannot do without computers. Teachers use computers in schools so that students can learn better and faster. But computers have some disadvantages. Computers are different. Some of them are difficult to use. A lot of computer games are violent . Some children spend too much time indoors playing computer games.

The importance of trees

Trees are very important to our life. They take in carbon dioxide and give us oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful. Therefore, trees protect us from global warming. Trees provide us with many useful things such as rubber المطاط and medicines. Some trees may provide a cure for diseases like cancer. Planting trees is very useful. We have to plant more trees, especially in towns and cities. This helps to reduce the amount of pollution. Trees help to keep the balance of nature. If the balance of nature is upset, life on Earth will be impossible. We have to take great care of trees and punish those who cut them down.

إعادة التصنيع Recycling

Many countries reuse materials that are thrown away. This recycling process extracts the original material المادة الأصلية and uses it in new products. In general, using recycled materials المواد المعاد تصنيعها to make new products costs less and needs less energy than using new materials. The most widely recycled waste product is printed المطبوعة materials. Glass is a material which is economical to recycle. The recycled glass is melted يصر and formed into new products. Some kinds of nuclear waste النفايات النووية can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive.

Recycling reduces pollution because recycling a product creates less pollution than producing a new one.

(1) The role of youth in making their country better

We all agree that youth are the backbone *عمود فقرى* of any country. As they play the main role in anything. They have the power and determination to do any thing for the sake of *لصالح* their country. If we want to make any progress, we must depend on them to do that. They can share in developing and saving their countries in time of war and in time of peace. In Egypt, their role became clear during the 25th revolution and they played the main role. They also have the duty of rebuilding *إعادة بناء* their country.

(5) The Nile

The Nile is a source of life to Egypt. It is considered a chief source *مصدر رئيسى* of wealth, welfare and prosperity to Egypt. We enjoy drinking its fresh pure water. We irrigate our lands from it. Vast areas of land are reclaimed with the help of the Nile. Egypt is the gift of the Nile *هبة النيل*. We should not throw waste into our dear Nile. We should keep it clean and pure.

Without the Nile, Egypt would be a desert barren *قاحلة* land. The Nile is the lifeblood *دم الحياه* of Egypt. Without the Nile, life would be impossible in Egypt.

After the white revolution of 25 January and when Government recognized that former regime *النظام السابق* was not giving due care to the countries which share *تشاركنا* us in the Nile, so they started to plan for setting up new projects and dams on the Nile which can lead to a decrease in our share *حصتنا* of water, prime minister *رئيس الوزراء* Dr. Sharaf accompanied *يقوى* by popular organizations have made many visits to those countries to strengthen our relations with them and convince them to keep the same quantity of water which we should get as per previous agreements.

(6) Tourism

No one can deny that tourism is one of the most important thing in Egypt. Because it has great role in its economy. The importance of tourism lies in providing hard currency for Egypt. It also provides job opportunities for all people. From here the government should pay great attention to this field. We must do our best to attract more tourists to Egypt. It can build new hotels with all means of facilities. We as citizens have a role, we must treat tourists in a friendly way and make them love Egypt to come again. Finally we can sum up by saying that tourism for Egypt is like water and air, so we must do our best to benefit from it.

. Water Shortage نقص المياه

In the next few decades, a lot of countries are expected to face water shortage. This problem often results from over-population and the abuse of irrigation water. Egypt is among those countries that will suffer from lack of water. Some of the Nile Basin countries are building dams over the Nile to generate electricity that will probably reduce the third of Egypt's share of water. Yet, we've got several solutions to overcome this serious crisis. First, we must rationalize our water consumption. Second, modern ways of irrigation have to be used to preserve water. Third, we can depend on the underground water to satisfy our needs. Moreover, birth rate has to be cut down. In this way, water wasted aimlessly can be saved for the coming generation.

The necessity of consumption rationalization of water and electricity

It is known that energy and water are the basis and the artery of life. All living things and machines can't live or work without them, however energy and water are about to run out. Therefore we mustn't ignore these problems otherwise we will lead hard life. All of us must seek hard to rationalize using them. The Nile is the only source of water in Egypt. So we must keep it clean and use its water only when necessary. We mustn't be wasteful at using its water. We mustn't forget to rationalize using electricity. From my point of view, there are many simple ways to rationalize electricity for example we should switch off electric sets after using them. We must spread the awareness of the importance of rationalization among citizens to avoid this serious problem. We can use natural light by day. Dr. Ibrahim Ghneim, Minister of education asked for rationalization of consumption of water and electricity in schools and education departments. At last not at least we can say that consumption rationalization of water and electricity need great interest from us.

"Looking for alternative sources of energy" " What families can do to save energy? "

It is clear that our world will face one of the biggest problems in the near future it is the problem of energy. It is expected that our supplies of oil and natural gas will run out soon. Therefore we need to find new sources of energy. We believe that solar energy and the nuclear energy are the best substitutes or alternatives. The advantages of these energies are that they don't cause any pollution. The sun's energy is the best because it is renewable, clean and cheap. Thanks to our efforts, Egypt has begun to set up a nuclear power station here. We hope this project will be completed soon to be able to overcome the problem of energy which will face us in the near future. All of us can do many things to save energy Family members can

use their cars less. Walking and cycling are great forms of exercise. They can use energy-efficient home appliances. They should turn off computers and televisions when they are not using them. They should not leave lights on when there is no one in the house. They can use fans instead of air conditioners as they use less electricity. In fact, saving energy is very important nowadays.

“The importance of the river Nile” “ Keeping the Nile clean “ “ The Nile is the artery of life in Egypt”

The Nile is a source of life to Egypt. It is considered a chief source of wealth, welfare and prosperity to Egypt. We enjoy drinking its fresh pure water. We irrigate our lands from it. Vast areas of land are reclaimed with the help of the Nile. Egypt is the gift of the Nile. We should not throw waste into our dear Nile. We should keep it clean and pure. Without the Nile, Egypt would be a desert barren land. The Nile is the lifeblood of Egypt. Without the Nile, life would be impossible in Egypt. After the white revolution of 25 January and when Government recognized that former regime was not giving due care to the countries which share us in the Nile, so they started to plan for setting up new projects and dams on the Nile which can lead to a decrease in our share of water.

Paragraphs

I -The problem of over - population

It has become clear that over population in Egypt is a serious problem. It results in **تؤدي إلى** other more serious problems. Our youth can't find a flat to marry in or a suitable job to start their life. There is also a possible shortage **نقص** of food. Our cities became very crowded, they lack the needed infrastructure **البنية التحتية** for living.

So it has become a must that we should invade the desert **نغزو**. The government does its best to encourage people to have small families through public awareness programmes **برامج** on t.v. and papers. It send campaigns **حملات** to remote and small villages to offer people information about birth control **تحديد النسل**

2- Charity Societies

Charity Societies **الجمعيات الخيرية** are organizations for helping the poor everywhere. Rich people establish them. They do their best to **يبدل قصارى جهدهم** make homeless and poor children live in a reasonable standard **مستوى معقول**. They offer them care in different aspects **مناحي – مجالات**. They offer the poor medical care free of charge **مجاًناً**. If they are homeless, they offer them houses and food.

Businessmen have got a duty towards واجب نحو these societies. They should give them support.

They can pay a part of their taxes ضرائب for these societies. All of us should take part in the activities of

these societies. We can donate يتبرع بـ clothes, money, food or even we can donate efforts to please these poor children.

3- Computers

The computer has a lot of advantages مميزات. It can store a lot of information; it can do a lot of calculations حسابات in no time. it can pay wages, reserve seats on planes, design buildings, compose music and do many jobs. Doctors also use the computer widely in their job.

But it has also some disadvantages عيوب, it can waste our time if it is used foolishly or if it is used just for fun. it has also a bad effect on our health specially the sight الإبصار . it also teaches the children violence العنف through playing the computer games. So it is a double-edged weapon. سلاح ذو حدين.

4-Sources of Clean power in Egypt

Egypt is blessed with a lot of gifts هبات من الهبات - It is rich in sunshine, water and man power. The sunshine can be a source of energy. It is useful for the growth of animals and plants as well. It can help in producing solar power. Thus, Egypt can be a developed country using a clean source of energy. Water is also plentiful وفير in Egypt. It can be used in planting vast areas of desert land so that we can increase our food production.

However, if we don't employ man power in a proper way, بطريقة ملائمة we may spoil نهدر our natural resources. Man is the master of all these resources. Plans should be made to benefit from يستفيد من man power to be able to face any problem in our country.

5- Technology in our life

Technology is everywhere nowadays. We all enjoy technology but in different ways. Now, we can travel from one place to another very easily, comfortably and fast. Modern means of transport are now supplied with all means of comfort وسائل الراحة. Space travel is now more possible than it used to be in the past. One day people may be able to enjoy space journeys.

Technology has also played a role in medical care الرعاية الطبية . Now the computer can be used to check people's health accurately. It is also used for teaching. Students can benefit from the internet in their researches as well. No doubt technology has changed our life to the better.

6- Schools in the Future

I think our school will be completely different in the future. The ministry of education وزارة الثقافة cares about creating a good citizen and a healthy young man as well. More attention will be given to sports. The computer will be used more widely. Every student will benefit from the internet in all aspect of his life. Moreover the students will be encouraged to take part in doing scientific research. This will encourage students to visit libraries more often.

Distance learning will be also the feature ملح of the future. Students can study everything while they are far away from the school. They can take tapes or CD's to enable them to study their subjects at home. We can imagine a more different shape of school than what we see nowadays.

7- Sports

"The sound mind is in the sound body". العقل السليم فى الجسم السليم This is a true saying, if someone

practises sports he will be fit. That's why the ministry of education gives due attention الاهتمام to الواجب

sports in our schools. Students who get prizes or medals in any sports championship are encouraged a lot. Schools also set up sports competitions and offer prizes for the winners.

The government encourages sports. It sets up youth centres and clubs everywhere to enable everyone old or young to practise sports. Sports festivals are a call for peace and love among nations نداء للمحبة والسلام بين الأمم . So every country gives due care for taking part in the international championships. البطولات الدولية.

8 -The television

The television is the cheapest means of entertainment and culture أرخص وسيلة للترفيه والثقافة. It shows us the current events الأحداث الجارية that take place in every part of the world at the same time. It is also a means of communication. We can learn the language of any nation through its films or serials مسلسلات- We can't forget the educational programmes which attract the students of different stages.

On the other hand it has some disadvantages. It has negatively affected أثر سلبي the habit of reading. Most of us don't read much as we are attracted to the television more. Some people waste their time in front of the TV. So we have to use this important invention wisely.

9- Tourism

Tourism is considered one of the most important earners of foreign currency and national income, من أهم مصادر العملة الصعبة والدخل القومى, Tourists spend a lot of hard currency during their stay in Egypt.

Tourists like to visit Egypt to enjoy the sun shine, and the wonderful historic places. They like to visit the Citadel, the Pyramids, Luxor and Aswan.

They like to see our modern renaissance نهضتنا الحديثة as well. We should do our best to encourage tourists to visit us again and again. We should establish cheap hotels and tourist villages along our shores.

10- The role of the youth in development

The youth should first work hard to achieve success. When they graduate from their universities they have duties towards their society لديهم واجب نحو وطنهم. They can share in the social work by working in the co-operative field. They can share in abolishing illiteracy محو الأمية in their villages.

They can take part in reclaiming the desert to increase food production. They can join the army to defend their country in case there is a war. They can also help a lot in solving any problem concerning their society. They should work hard for the welfare رفاهية of their beloved country Egypt.

11- Making the best use of spare time"

Time is gold. The time wasted is too hard to regain الوقت الضائع لا يعوض. So we have to make the best use of our time. If we have a spare time we can make a plan to spend it doing useful things. The wise person is one who spends his / her time carefully in a proper way. Some people prefer to read a useful book, or a story. In this way they increase their information and knowledge in different aspects.

Some others prefer to practise sports. So they renew their energy, activate their minds, and strengthen their bodies. يجددون نشاطهم وينشطون عقولهم ويقوون أبدانهم. Young men prefer to spend most of their time playing computer games, which can be useful in developing their abilities and computer skills.

12- Life in the past & today

In my view, life in the past was quieter and easier. Modern-means of transport like cars, trains and planes were not there. Consequently, there were almost no air-pollutants. Vast areas of land were cultivated. People depended mainly on agriculture as their main earner.

In the past there was shortage of medical care. Cholera and other serious epidemics أمراض متوطنة were attacking many people for a time. At present, nearly all epidemics vanished تلاشت thanks to medical care.

Nowadays, we hear every now and then of new discoveries such as the Femto second, and new inventions such as the computerized car. Also there are various means of entertainment. In short, life today has become more complicated.

13-The Role of universities in Society

The university is not founded only for teaching and learning. It has other purposes. One of which is providing the society with its needs.

University graduates are useful members in the society. They help in raising the standard of living. **Universities take part in carrying out the development plans by doing scientific research** **رفع مستوى المعيشة** **في مجالات مختلفة** **أبحاث علمية** in different aspects

They can take part in reclaiming the desert to change it into green lands and increase the food production. They can share in making industrial progress by graduating technicians, and engineers for factories. They can do research to help to reduce air pollution.

14- Improving our villages

Our villages can be improved by different ways. Fresh water for drinking and electricity must be supplied. Clean and healthy houses must be built; they must include separate places **أماكن منفصلة** for animals.

Enough schools must be set up for all children to spread education **لنشر التعليم**. Paved roads **طرق ممهدة** and easy means of communications should be set up to enable people to travel from place to place easily. Shops and supermarkets must be found too, in order to provide the people with their needs. In this way we can make our villages a better place to live in.

15 - The importance of Computers

Thanks to human inventiveness **بفضل الإبداع البشري** computers now cover all aspects of our life, Computers help man to extend the power of his mind. Without them, a lot of our technological miracles **معجزات** would be impossible.

Computers are used in hospitals to check patients' records and diagnose **يشخص** some diseases. Schools cannot do without them. They are used in factories and banks to improve and facilitate **يسهل** work. TV, radio, hotels, telecommunications, trains, ships, planes etc... depend on computers in their work. Computers are our servant and not our masters yet. Really, the world of computer is endless

16" Egypt's achievements

Tanks to the wise policy of the recent government Egypt has achieved daring achievements **انجازات شجاعة** in various fields to make our life smooth and enjoyable and enable us to face the challenges of globalization. **العولمة**

In the field of education, thousands of new schools are being built equipped with computers and internet labs all over Egypt **مجهزة بمعامل الحاسب والإنترنت** to cope with the world changes. In the field of

agriculture and land reclamation, great projects are being established like Toshka Project in Upper Egypt to increase the area of cultivated land. In the field of industry, investors are

encouraged to set up factories and buy the old ones through the privatization programmes برامج
الخصخصة to modernize and increase production

In the field of transport and telecommunications, new roads and bridges are being built to facilitate traffic and the new centrals are now available السنترالات الجديدة متوفرة to deal with the rapid increase in population.

In the field of public health, the health insurance umbrella is covering all classes of people, تغطي مظلة التأمين كل طبقات المجتمع

17- Life in the Future

As long as we live, we have to think. Our life in the future will change completely. Computers and internet will occupy our life. So, instead of wasting time going here and there, we will use the internet to get our needs. Students of the future will get the information they need through their computers which will be available and within the reach of their hands - في متناول اليد-

Housewives can shop through the internet and the housework will be done by certain kind of robots. Most houses will be air conditioned and people won't suffer from the heat of the sun. Our factories will be computerized. There will be better means of communications and transport. Scientists will control the weather, so there will be no floods or drought جفاف. But I think man will not change.

18"- Preventing pollution

It isn't acceptable to be in the third millennium الألفية الثالثة and we still pollute our ecology. Individuals, companies and factories should find ways to control their waste. Clean streets and roads are the bad need of every citizen so we shouldn't throw things away in the streets and there must be laws to punish those who break them.

Filters should be fixed in factories to help reduce air pollution. It's our environment and everybody should do their best to leave a happy life. Keeping the place clean would surely avoid us thousands of infectious diseases that may ruin our life and turn our happiness into mirage.

19"-Unemployment

Unemployment must be rooted out تستأصل because it leads to further poverty. The government is always encouraging investors to invest their money in establishing new projects and shoulder their responsibilities يتحمل مسئولية to provide business opportunities for youth. Giant projects such as Toshka project in the south of the valley, Six October industrial city, reclaiming Sniai, and others with small projects will give a hand to increase different kinds of jobs for those who need them.

Banks are also important, they can lend young people small loans with slight interest to help them set up small industries all over Egypt. When we solve this pressing problem, المشكلة

نستأصل التطرف we will eradicate extremity and terrorism among those poor young people. والإرهاب بين الشباب والملحة

20"- Zewail and the Femto Second

The secret of a good invention or discovery is simplicity البساطة. The Egyptian scientist Dr Ahmed Zewail, the Nobel Prize laureate حائز for Chemistry in 1999, managed to discover the smallest unit of time; in other words, "the femto second". This great work will help scientists to see the chemical reactions and discover new and better drugs for curing many fatal diseases such as cancer.

On behalf of the Egyptian people, President Mubarak awarded Zewail the Necklace of The Nile in recognition إعترافا of his amazing achievement الإنجاز العظيم that raised Egypt's name high in the sky. Hail to Egypt.

21- English and its importance (Learning Foreign Languages)

English is an integral part جزء متكامل من of your personality, your character and yourself. You can no more get rid of it than your shadow. Knowledge of good English enables you to communicate with foreign friends and countries. It enables you to find a better job because it helps you express يعبر عن yourself and deal with tourists freely.

We cannot cope with the technological renaissance النهضة التكنولوجية without learning how to use the computer and internet so learning English is a must. When you are armed with مسلح بـ English, you can understand what is going on around you and you can deal with the knowledge explosion easily الانفجار المعرفى without any fear.

22 ' Electricity and its importance

Thanks to modern inventions and discoveries our life became easy and smooth. What is electricity? It's the mysterious power which is produced by various means e.g. by batteries or generators which provide us with heat, light and sound. It drives machines and different kinds of devices. أنواع مختلفة من الأجهزة.

The progress, man achieves, depends basically on it. Electricity helps man increase production because it drives our factories. It gives us peace because it illuminates تثير our streets, houses, and schools.

We can generate electricity from waterfalls, wind and the atomic power as well as the sun. It's a clean and cheap source of energy. Awareness should be spread to cut down its consumption we have to be thankful to God who gives us the blessing of thinking which led man to the use of electricity because its advantages are endless.

23 - Women's role in our society

We all have rights and duties, حقوق وواجبات so we mustn't forget the work of women in the Egyptian society because they form 50% of Egypt's population. They can work as teachers, doctors, social workers and many others. Women mustn't forget that bringing up children تربية الأطفال is their first aim to create sound individuals, able to shoulder their responsibilities قادرين على تحمل المسؤولية. so we can't ignore her role in the progress of Egypt. Without all people's help women and men, we wouldn't achieve the expectations of the new millennium, الألفية الجديدة.

24- Money is a good servant but a bad master

No one can deny that money is a mixed blessing. نعمة ونقمة in other words, it is a good servant but a bad master. On the one hand, money helps us to get all our needs but we should not earn it in a dishonest way. With the help of money problems can be solved. Money makes money and with money people can lead a comfortable life.

On the other hand money is the root of all evils. For the sake of getting money some people deceive, kill and commit crimes. Wars are waged تشعل الحروب and thousands of people are killed because of money.

25- The duties of young people towards their parents.

It is taken for granted that we owe much to our parents ندين بالكثير لأبائنا who looked after us when we were young. They did their best to provide us with food, clothing, shelter and education. They sat up beside our beds when we were ill. They spared no pains لم يألوا جهدا to give us the best start in life. So it is our duty to love and respect them.

We have to take their advice and obey their orders. نطيع أوامرهم since they have experienced life with its ups and downs. It is also our duty to help them in every possible way. We can do the shopping and help them at home. When they grow old, it is our turn to repay their kindness. We should look after them and provide them with every possible comfort. It is truly said that a good turn deserves another. قابلو المعروف بالمعروف.

26" Prevention is better than cure I wish I had listened

A friend of mine lived in the country. He used to swim and wash himself in the small canal near our village. Many times, I saw him and advised him not to do so to protect himself from Bilharzias but he wasn't listening. He repeated what he was doing for many years until he was ill. A doctor examined him and found that Bilharzias had attacked his liver and other organs of his body. He became ill with worry, weak and pale. He took the required medicine, which cost him a lot of money. I met him later and when he saw me, smiled and said, you were right, prevention is better than cure. الوقاية خير من العلاج.

27- A story I have read and admired

Quick Thinking by: Stephen W. Pillak

Quick thinking is a tragic story. One day a diamond merchant wanted to hire an officer to guard him and his diamonds. An officer read the advertisement and thought that the job suited him. The merchant was going to America to sell his lovely diamonds (children). They took a ship and the officer advised the merchant to keep them in the ship's safe. The merchant obeyed, but after a few minutes, he took his children out of the safe to take a look at them. At this moment the ship gave a sudden and violent roll. The box which contained the diamonds shot towards and under the railing and fell into the sea.

The clever officer seized a table and two chairs and threw them after the box. They reached the sea and formed one group with the box of diamond .The merchant didn't see all this. He died of a heart attack as soon as he saw his well- loved children (diamonds) disappear into the sea.

28" A study plan

The best way to use time is to plan it, so the skill of making a study plan is very important not only for students but also for every successful man. It saves time and energy توفر الوقت والجهد because you know what to do and when to do the thing. You don't waste time doing a bit of work here and a bit there.

It enables you to see a comprehensive overall picture صورة كاملة وشاملة of your time and how to manage it. A study plan should be flexible and elastic to cope with any sudden circumstances. It should include time for rest and play to keep your mind fresh and your body sound. Finally, I'd like to say that you can't enjoy your life unless you plan it.

29-Public Libraries Reading For All

Never can the importance of reading be denied especially in the age of information technology.

The first lady of Egypt realized that fact لا يمكن إنكار أهمية القراءة وخاصة في عصر تكنولوجيا المعلومات long before, that's why she launched the call, Reading for All, القراءة للجميع many years ago. In order to achieve

this goal, she called for a library for each house. The government built a lot of public libraries in both rich and poor areas giving a particular attention اهتمام خاص to children and their needs.

The second stage was the moving libraries المكتبات المتنقلة to serve the children in remote and poor

Districts. الأحياء البعيدة والفقيرة. especially in the summer holiday and weekends. Thanks to Mrs. Suzan

Mubarak, free reading is now available for every man, every woman, and every child all over Egypt

30-Made in Egypt Protecting local products

One should be proud of his country and its local products. المنتجات المحلية. Our local products are usually cheaper than the imported ones and sometimes better. In addition, buying our local

products creates job opportunities for our youth **تخلق فرص عمل للشباب** and brings hard currency **العملة الصعبة** which need to import our needs.

There is no doubt that our products have the Egyptian taste **لها الطابع المصرى** which appeals to us and

Cope with our nature and way of living **يروق لنا ويتماشى مع طبيعتنا وطريقة معيشتنا**. Not only this but also

they best cope with our hot and humid weather, with our habits of eating and doing the daily work. Finally, buying our local products increases our national income and raise our standard of living.

31" Pros and cons of Advertisements

Every time you watch an interesting movie or a video film, ads pop out on the screen to cut the flow of events and get you out of your mood. **فى كل مرة تشاهد فيلم تظهر الإعلانات لتقطع انسياب الأحداث** وتخرجك عن الشعور

Ads are also likely to strengthen the time of the movie that you get too bored to watch the end. Sometimes they are vulgar **سوقى - فظ** to be watched by the whole family.

On the other hand, ads bring a lot of money which encourages TV companies to buy new films and pay money to broadcast football matches. This in turn motivates **يحفز** production companies to produce more films and programmes of all kinds to sell to private and space channels **القنوات الخاصة والفضائية** which buy them to attract more viewers.

As for us, ads help us to choose the goods we need easily without spending much time and effort

looking at shop windows here and there.

32'- Political Reform in Egypt Democracy in Egypt

No doubt that president Mubarak is the pioneer of the recent political renaissance in Egypt. **لاشك أن الرئيس مبارك هو رائد النهضة السياسية الحديثة فى مصر** He started the political reform since the very

beginning of his ruling era. He gave orders to release the political prisoners shortly after he had received the power. Then, he called all the Egyptians to take part in the political life freely through any political party. In his era the freedom of press law was issued. He called all journalists to publish facts and truth with respect to the rights of others.

Finally he called the people's assembly to issue a new law enabling others to nominate themselves to

hold the post not after him but from him if they were elected by the Egyptian people. Now we all feel the changes that will end with free practice to democracy in Egypt.

33'- Bird Flu

Epidemics spread like fire, تنتشر الأوبئة كالنار, in a few months the Bird Flue swept all the boundaries حدود of the old world, From China in the east to the Atlantic Ocean in the west. The disease caused a lot of horror not only to poultry merchants and breeders تجار الدواجن ومربيها but also the mere, poor customers who depend mainly on chickens as their source of Protein.

In Egypt the industry of poultry production has nearly come to an end. Farms have been closed. Poultry shops had to change their activity after the great loss they suffered. The government estimated the loss خسائر to be nearly six milliard LE. The government tried to compensate يعوض those who have been much affected by this catastrophe الكارثة to save the Egyptian economy from certain disaster.

Finally, we also have a duty to limit the effects الآثار لدينا واجب للحد من الآثار of this disease through keeping hygiene and public sanitary, النظافة العامة و الشخصية, checking up home poultry regularly, getting rid of the affected birds in a scientific way علمية بطريقة and heading to the doctor's in case of tiny doubt.

34 - Terrorism

Long before the first gulf war " the Iraqi invasion غزو to Kwait", حرب الخليج الأولى, President Mubarak was the first leader to call for holding an international conference to fight terrorism. مؤتمر Terrorism no doubt is the enemy of the whole world today. No part of the world hasn't witnessed a bomb attack or killing of a prominent figure of society عضو بارز في المجتمع. As it is said, " Terrorism has no home or eyes."

In order to eradicate terrorism, a lot of things should be done. First, Justice العدل and democracy should spread, every citizen should feel that he gets his rights and has the ability to express his ideas without fear or persecution. اضطهاد Writers, churches and mosques have a great part in this battle, they have to find approaches to change terrorists' attitudes and spread the right thought. إيجاد مداخل لتغيير اتجاهات الإرهابيين ونشر الفكر الصحيح.

Equality among people, Muslims and Christians, Whites and Blacks, should be the base make one feel citizenship. يشعر بالمواطنة. A law should be issued to ban distorting religions قانون يحظر تشويهه. Finally comes the role of police to shoulder their responsibilities. لتحمل مسئولياتهم.

35 - English and The Internet

The importance of the Internet grows rapidly in all fields of human life, including not only research and education but also marketing and trade as well as entertainment and hobbies. This implies يتضمن that it becomes more and more important to know how to use Internet services and, as a part of this, to read and write English.

But although Internet services themselves are, generally speaking, easy to learn and use, you will find yourself isolated معزول on the Internet if you are not familiar with English. This means that knowledge or lack of knowledge of English المعرفة أو نقصها باللغة is one of the most severe factors that cause interest اهتمام. أحد العوامل الهامة التي تسبب إهتمام. Learning to use a new Internet service or user interface واجهة استخدام may take a few hours, a few days, or even weeks, but it takes years to learn

a language so that you can use it in a fluent and self-confident manner. Of course, when you know some English, you can learn more just by using it on the Internet. So, English and the internet became one face of a coin. وجهان لعملة واحدة.

Paragraphs “For all the secondary school students”

1–Summer camps

Summer camps المعسكرات are held تقام in Egypt every year. Young people from all over Egypt participate in these camps. These young people meet and spend their time together for different reasons. Sometimes, they do some projects that are related to مرتبط به important issues قضايا such as fighting pollution, educating people or planting trees. They also discuss world problems and issues such as peace, co-existence التعايش and exchanging تبادل information and experience. These camps play a vital role nowadays. They help in promoting تقوية friendship, co-operation and democracy. They also create a spirit روح of tolerance التسامح and understanding التفاهم that help people to live in love and peace.

2–What life will be like in the future

It is a fact that life in the future will be completely different from life today. we will see various scenarios. Population of the world will have doubled يتضاعف unless something is done to control the population explosion. We will have colonized يستعمر other planets and we will be living in space. Some of us will be living underground without the natural sunlight or rain. We will also be living in tiny one room apartments in huge skyscrapers ناطحات سحاب. Cars will not be the means of transport any more as we will use helicopters in our daily transport. Students will receive their education at home through the internet. Patients with injuries will also be operated at home.

3– A friend indeed is a friend in need

Man is sociable اجتماعي by nature. No one can live apart from بمعزل عن other people. He is in need of others as others are in need of him. It is necessary for everyone to have friends, but not any friends. It is very important for everyone to be wise and selective when he / she chooses a friend. The friends we choose must have good qualities; to be honest, faithful, kind, helpful, cooperative, intelligent, wise, practical, hard-working, polite and educated. The man is usually judged by his friends therefore we have to choose polite and sincere friends as we may need them or their help one day. True friendship is the only thing we are looking for.

4–Smoking and its bad effects

Smoking has become one of the most serious problems all over the world. All countries call smokers to give up smoking for several reasons. First, smoking is the main cause of cancer السرطان and other serious diseases. Second, people who smoke are really wasting their health and their money. So, the government has issued أصدرت a law that doesn't allow passengers in trains, cars and taxis to smoke. I

think smokers should be fined. **يغرموا** All companies of cigarette production **شركات إنتاج السجائر** must be closed down. **تغلق** All the governments should co-operate with each other to issue strict **صارم** laws against smokers. Moreover, smokers should have a real desire to give up smoking. In addition to that, the government should make the best use of media to make campaigns **حملات** against smoking.

5-“Unemployment”

Unemployment is one of the main problems that Egypt faces at the present time. This problem results from different reasons. First, over-population is the root of this problem. Second, there is no integration **تكامل** between all sectors of work. This problem is of dangerous disadvantages. First, it really hinders progress in our country. Second, it can also lead to the spread of crime in our society. It can create a generation of terrorists **الإرهابيين** as long as they are idle.

So, the government should find a radical solution to this problem that is endangering our society and our university graduates in particular. The problem of unemployment can be easily solved. First, the idle graduates should be offered all facilities to set up small projects in Toshka and Sinai. Second, they can be motivated **يحفزوا** to participate in eliminating illiteracy because they have the ability to help illiterate people read and write. Thus, we will help our youth to be good citizens.

6-How the government can help the youth to set up small projects

At the present time, we are badly in need to encourage our youth to set up small projects. There are several reasons for this. First, the population grows up at a high speed. Second, the state **الدولة** needs to find a radical **جذري** solution for unemployment. Third, we want to increase the production to satisfy our needs of food and export to foreign countries, too.

In fact, it is not only the duty **ليس فقط واجب** of the government but also businessmen to encourage the youth to set up small projects. As for **بالنسبة** the government, it can provide the youth with loans **القروض** and machinery to start their projects. It can also offer them all facilities. Businessmen can invest their money in these projects. As a result of that, we will find solutions for our problems. Every citizen will lead a better standard of living. We will overcome the problem of unemployment.

7-The duties of the youth towards their country

Undoubtedly **فيما لا شك فيه** the youth are the backbone of our country. They are of great role in making their country great. First of all, they can share in desert reclamation to change the desert into green land. Second, they can set up small projects in Toshka and Sinai instead of waiting for the governmental posts **الوظائف الحكومية**. Third, they are able to help illiterate people to learn reading and writing. So, the youth should be encouraged to be of an effective role in their societies **مجتمعاتهم**. It is the role of the government to encourage the youth. It can offer them all facilities to participate **يشاركه** in the national projects. As a result of that, we will overcome **يتغلب على** most of our problems that are hindering **تعوق** progress in our country, such as, illiteracy, unemployment, over-population and so on. Besides, we will protect our youth from deviation **الانحراف** and we will help them to be good citizens.

8-Modern Technology

Nowadays, we are leading a technological revolution in all branches of our life. Modern technology has really made our life easier جعلت الحياة أسهل. Modern technology is being used everywhere. First, in the field of space, satellites are launched every now and then من حين لآخر. Satellites help us know the current events all over the world in no time في أي لمح البصر. Second, in the field of telecommunications, mobile phones are being used by the young and the old all over the world. Third, in the field of medicine, X-rays are used in curing many fatal diseases علاج. Fourth, computers are also being used in all branches of work. All these aspects كل هذه المظاهر of modern technology have a lot of advantages. They have saved man a lot of time and effort. They have made most people enjoy their work. They have also helped man to achieve progress in various fields. People no longer worry about their leisure time because they can watch television. By means of technology, travel is no longer a problem as people can travel easily.

9-The role of computers in our schools

The Ministry of education looks forward to developing our education to keep pace with developed countries يساير. So, all schools in Egypt have been supplied with computers. Computers in our schools are to be visual teaching aids وسائل تعليمية مرئية not adding machines. All teachers can teach their school subjects on these computers. The ministry aims at helping students to understand their subjects without being bored. Most students find their lessons interesting on the computer at school. Besides, computers at schools are loaded with self-evaluation tests بمحملة. We all hope that our education system will find its way to be meaningful. هادفة / ذات معنى.

10-“Reading for All”

Undoubtedly, reading is the diet of mind. Reading is of great benefit. It helps us know more and more about our history. It also provides us with a lot of information about other countries. It makes us familiar with the current events الأحداث الجارية all over the world. So, the government is giving reading a great care. “Reading for All” is our motto شعارنا. A lot of libraries have been established in villages and towns. Children and youth are encouraged to go to libraries to spend their spare time reading books. Thus, we can inculcate the habit of reading in them. We can also build up good citizens who are able to serve their country. نغرس.

11- Sport is useful and important

Countries and governments give sport a due care. اهتمام بالغ. Sport plays a vital role in everyone’s life. It helps us build up our bodies. It also urges us to love competition. Sport creates some sort of good relationships علاقات طيبة between countries. Sport teaches athletes co-operation, self-reliance, self-defence and good values قيم طيبة. So everyone, either young or old, should practise a certain sport. Athletes الرياضيين can enjoy all sports in youth centers مراكز الشباب that are everywhere in Egypt. Parents should advise their children to do Karate, Judo, and so on. They can encourage them to play tennis, football, volley, squash, basketball and other games. They may be international professionals محترفين in the future. دوليين.

12-Desert reclamation

It has become a must **ضرورة** for us to give our deserts due care. In Egypt, most desert lands are fertile. So, the government has started up great projects in Sinai and Toshka. Thousands of feddans are being reclaimed now. A new delta in the south of Egypt is being set up to reclaim the vast areas of the western desert. Besides, great huge factories have been built up in these areas to industrialize **يصنع** the natural resources. The government has really offered all facilities to encourage people to immigrate **يهاجر** to the desert to reclaim it. I think all Egyptians will enjoy and lead a happy life. We will overcome all our economical and social problems. Egypt will be able to export wheat **القمح**, vegetables, fruits, and other grains **تلال** to other countries.

13-“Tourist attractions in Egypt”

Egypt is really rich in so many attractive places of interest. Tourists come from all over the world to enjoy visiting these places of interest. They enjoy practising their hobbies, such as, diving, sailing, water skiing and fishing, in Alexandria, Hurghada and Sharm Elsheikh. Moreover, tourists come visiting Luxor, Aswan, Giza, Khan Elkhalili and other places. They like these places because they admire visiting the monuments there. Tourists adore the fine weather of Egypt. So, both the government and ministry of tourism should give these tourist attractions **مناطق الجذب السياحي** a due care because tourism is one of the main sources of the national income.

14-War and its bad effects

It is a matter of fact that war is the worst thing in life. Nothing is more horrible or destructive to mankind and their civilizations. There are many causes which lead to wars between countries. Injustice **الظلم** and oppression **العدوان** are from these causes. Strong countries want to take every thing from weak countries. Some countries try to occupy the land of other countries and so war breaks out between them. Some strong countries try to create conflicts **نزاعات** between other countries so as to keep these countries weak and underdeveloped and to sell weapons to these fighting countries. The effects of wars are so horrible that we can hardly describe them. Thousands of innocent people are killed. Their children become homeless orphans **أيتام** and suffer from famines **مجاعات** and extremely bad living conditions. War results in destruction and extreme damage. It hinders progress and causes people to live in poverty for a long time. Money, which should be spent on useful projects, is spent to buy weapons and means of destructions. On the other hand, peace leads to prosperity and progress. It leads also to understanding among nations and to international co-operation. Finally, we can say that, in war time, no one is a winner and every one is a loser.

15- Life in a big city

No one can deny that life in a big city is very enjoyable and comfortable. First and foremost, you can get all your needs easily as there are many shops. Secondly, in a big city you can enjoy yourself and practise your hobbies. You can enjoy your spare time. Thirdly, in a big city means of transport are available at any time. It's easy to find a job or start business. On the other hand, life in a big city is full of noise which makes us very nervous. The streets are very crowded with cars and buses. It's difficult to relax and enjoy the fresh air. In addition, pollution is a big problem in big cities. Moreover, the traffic is very jammed. People are not co-operative. In short, life in a big city has some advantages and some disadvantages.

16-Learning foreign languages تعلم اللغات الأجنبية

It has become necessary for everyone to learn foreign languages, especially English. There are many reasons for learning them. First of all, English is the language of most countries. Second, English has become necessary to deal with **يتعامل مع** the machine, such as, the computer. Third, learning English helps us to communicate with foreigners everywhere. Fourth, English is necessary to log onto **يدخل شبكة** the internet. There are a lot of computer centers that can help people learn foreign languages. Besides, the faculties of Arts all over Egypt usually organize courses of learning English

17-Bringing up children تربية الأطفال

In fact, bringing up children is not a laughing matter. **إنه من واجب** It is the duty **أمر ليس هيناً** of the family to bring up young children. The parents should bring up their children according to **وفقاً لـ** the society they are living in. The children should be familiar **بـ** with the customs **عادات** and traditions **تقاليد** of their society. They should be taught how to talk to the old. They should be taught the good habits of having food. They should also be taught how to choose their fellows **رفاقهم** and friends. As for **بالنسبة لـ** parents, they should be careful about the behaviour **سلوكه** of their children. They should award **يُكافئ** them when they do something good, and they should punish **يعاقبه** their children when they make mistakes. In general, young children should be brought up in good manners. **الأخلاق الحميدة** If the parents neglected their children, they would deviate **ينحرفون** and they would be bad models **نموذج سيء** in their society.

18-Telecommunications

Today, we are leading a revolution in the field of telecommunications. There are different types of communicatins, such as, the internet, mobile phones, fax machines and so on. In general, they are of great benefits in our life. They really have changed our world into a small village. They also save us time and effort. Nobody in our world can do without these aspects of telecommunications. This is due to many causes. First, the internet helps people to communicate with their relatives and friends abroad easily. Second, mobile phones enable merchants to buy their goods without travelling. Third, people have become able to send the important documents with fax machines.

19-Overpopulation in Egypt

Over-population is a serious problem that needs an urgent solution. **حل عاجل** This problem has many dangers. First, it results in food shortage, housing, and unemployment problems. Second, the government can not meet all the population's needs **حاجات السكان**. Third, all families will never lead a better standard of living. Fourth, there will be crimes everywhere. Fifth, a family with many children will live from hand to mouth. In order to solve such a problem, agricultural and industrial production should be increased so as to meet the people's demands. We have to encourage people to leave overpopulated places and settle in the land which has been reclaimed in the desert. Birth control and family planning are the most important solutions for overpopulation.

20-Pollution

It is a matter of fact that pollution is a very serious problem in Egypt and in many big cities in the world. Pollution makes air, water and soil dangerously impure and unfit for use. Rivers get polluted by factories wastes. Pollution of seas, rivers and water kills fish and plants. The air gets polluted by smoke from

factories and car fumes. We suffer from exhaust gases from cars, buses and lorries. These gases can damage the lungs. This may have a bad effect on children. Traffic jams in rush hours fill our lungs with exhaust gases from the various kinds of vehicles. Pollution has its bad effects on people, plants and animals. The government encourages people to use bicycles instead of badly-maintained cars and buses. We all should co-operate to solve this big problem.

21-Money is a double-edged weapon المال سلاح ذو حدين

Money is of great benefits in everyone's life. Nobody can do without it. With money, parents can bring up their children. They can educate them. With money, people can buy all their needs of life. On the other hand, money helps us to set up great projects. It also enables us to develop our utilities مرافق. In spite of this fact, money can be an enemy to us if we do not use it wisely. It can spoil our generations أجيال. It can lead them to commit crimes. Besides, it can help them to take to drugs. So, everyone should make good use of it. They should not work for it only because it can not buy happiness or health for them.

22-How can students achieve their goals?

All students dream of reaching their goal in life. So, they should work to a plan to achieve it. They can reach it by two ways. At school, they should listen to their teachers. They should interact with their teachers. They should discuss their teachers. They should co-operate with their classmates. Besides, they should do all their homework. They should share in school activities. As a result of that, they will never muddle on. They will acquire self-confidence. On the other hand, they should study their lessons regularly at home. They should not put off till tomorrow what can be done today. In addition to that, they should not pile up their lessons. I think they will achieve a wonderful success by the end of the year if they do this.

23-Friendship

It is a matter of fact that friendship is one of the most important things in our life. Man is sociable by nature. No one can live alone away from others. We need friends to share them our joys and sorrows. There is an English proverb which says, "A friend in need is a friend indeed." This proverb means that a true friend stands by us and helps us when we need help, while a false friend is only interested in getting benefit from us. In addition to that friends have a very serious effect on us. A good friend usually helps us to do good things and offers us good advice. On the other hand, a bad friend may encourage us to do bad things such as smoking or taking drugs. So, we should be careful when we choose our friends.

24-Our duties towards our parents

No doubt that everybody owes يدين much to their parents. We owe them love, respect and obedience الطاعة. That is for several reasons. First, parents have brought us up in good manners الأخلاق, educated us and devoted يكرس their life for our happiness in life. In addition to that, they never feel comfortable unless we are happy in our life. So, we should look after them well when they get old. Besides, we should visit them daily to satisfy their needs and help them with their life. Moreover, we should ask them to forgive us for our bad deeds سيئاتنا with them. I think that Allah forgive us for our sins ذنوبه if our parents are pleased with our deeds أعمالنا with them.

25-How to help children enjoy their childhood and be happier

You may use the following:

*The importance of childhood - prepare for the future - modern schools, new teaching techniques, playgrounds, libraries, facilities and modern technology

*different activities and games, new skills and good habits

*kind treatment, consideration for children's needs

*morals, strong personality, TV programmes

Children of today represent half of the present and the whole of the future. Therefore, much care should be given to childhood because it is the most important stage *مرحلة* of one's life. It is the stage that prepares the individuals for the future. To have a bright future, children should be sent to modern schools where new teaching techniques are applied, where there are playgrounds for practising games and libraries equipped with facilities and modern technology such as computers and the internet. Children at schools should be given the opportunity to try and practise different activities and games, through which they acquire good habits and new skills that they need for the future. Children should receive kind treatment whether at home or at school. Parents and teachers have to show consideration for children's needs. They should teach children how to stick *بـ يتمسك به* to morals, how to build a strong personality and how to make use of good TV programmes.

26- Your idea of a modern home.

A house should be more than a place of four walls and a roof. It should be a home or a place where the family can live happily. The arrangement of rooms should be studied with great care. The smoke of cooking fires should not make the air of the house impure. The room in which meals are eaten should be bright and clean. An ideal home should include all means of amusement and lustration . *تعليو* Among the pleasures of a modern home, the pleasure of having one's own flower garden is not the least. A flower garden adds happiness to a home. and what is more precious than happiness.

27-People like to visit places of historical interest

The historical places of a country may be the ancient castles, holy temples, magnificent places, statues and so on. Such antiquities *آثار قديمة* of a country signify its past or modern history with its bright and dark sides. That is why tourists flock *بـ يتوافدون* to them. People desire greatly to visit places of historical interest. A noble statue of a great personage *شخصية* reminds people of his glorious achievements and narrates *يقص - يروي* the story of a country's in – dependence and its people's struggle for liberty. In fact, historical places record faithfully the story of mankind and that is why people like to visit them.

28- Energy

In fact nothing can live without energy on the surface of the earth .. That's because energy allows living things to move about, grow and develop. Machines as well as people need energy to work. Hence, there are many different forms of energy. The most common one which comes from underground such as ; coal, oil and natural gas. This kind of energy is called fossil fuels and it is non-renewable energy. That's because it takes millions of years to make or renew it. On the other hand, there are many other forms of energy that is considered renewable. One of these is the wind which was used many centuries ago and are still today to generate electricity. Water and the sun are also renewable sources of energy. From water Egypt gets on a great amount of its electricity and it is called hydroelectric power. Using water, the sun and the wind doesn't pollute the atmosphere around us. Nowadays there are many other forms of energy as atomic energy and nuclear energy. These two kinds are dangerous and aren't safe because of their dangerous wastes and badly managed atomic power stations. There is also the geothermal energy that scientists have discovered recently. But as a matter o fact, most of our energy comes from the sun which

gives life to everything on the surface of the earth. As a matter of fact, energy is necessary in our life and no one can live without it. So, we should do our best to save it.

29-Famous writers

It is always said that Egypt is the gift of the Nile. Indeed, it is a fact that no one can deny. That's because there are many geniuses **مخترين** appear and dominate along ages. There are many writers and scientists who got their fame **شهرة** \ **سمعة** throughout their efforts and masterworks. Obviously, we can't prefer one to another because all of them are literature leaders. If we talk about each one separately, it will take us many books. One of them, in brief, is Nageeb mahfuz who awarded the Noble prize in literature for his great contributions **مساهمات** to the world culture. In his works, Mahfuz was interested in the Egyptian society and customs. Another famous writer is Dr. Aisha Abd-El Rahman the greatest writer and poetess. She concentrated on religious writing. She was also a courageous promoter of women's right. She defended the women's rights in a time when the Egyptian society was male dominated. We should also mention Taha Hussien and his masterpiece "Al Ayaam" in which he wrote his autobiography. We shouldn't forget Abbass El-Akkad, Anis Mansur and many other writers who enriched our literature and libraries with their interesting works. As a matter of fact, each one of them should be awarded a Noble prize as well as Nageeb Mahfuz because all of them were talented and great creators in the Egyptian and world literature.

30 "Advertisements have become an important part of television in Egypt"

It is clear that advertisements have been greatly developed in shape, style and content. They are tools to propagate **يُنشرون** commerce and achieve a competitive spirit among producers and manufacturers. They help those who seek employment and secure best elements to apply for vacant posts. Customers can be aware of the new products and commodities **جلب** through advertisements. People can satisfy their needs comfortably through reliable advertisements.

However, advertisements may be a destructive tool if they adopt the style of exaggeration **مبالغة** that may lead to tempting customers to buy things not at the same standard they have been advertised. They may ruin the commercial trust when they distort **يحرّفون** facts. They may take the trend of dishonest and untrue competition when they don't give true facts about the products.

31- "Natural disasters"

It has become clear that nature is a double-edged weapon. It provides us with many blessings, such as the sunshine, fresh air, water, useful crops, delicious fruits and beautiful scenery. But it sometimes shows its anger causing many horrible disasters such as earthquakes, volcanoes, thunder, lightning, tornadoes **أعاصير**, cyclones, floods, torrents **سَيُول**, tide **مد بحري** and storms. These disasters have an awful effect on people. In the past Egypt, for example, was hit by a deluge **سيل** in Upper Egypt. Many people were killed. Fire broke out and many houses collapsed. The government did its best to save the injured people who lost their houses.. There is another example happened. Earthquake, tide and flood killed more than one hundred and fifty thousand people. Many countries sent aids to relieve **لتخفيف** the burden **أعباء** of crisis **الأزمة**. It was too awful to be forgotten. Many people die every year of the too hot or the too cold weather.

32-The role of women in our society today

Women represent the other half of our society./ Women are really of an effective role in our society. / Women play an important role in our life. They are of a great role in our society. They are working in all branches / fields of work. They are working as doctors, teachers, engineers, nurses, professors and so on. Women have proved their success in all fields of work, particularly / especially in medicine. In addition to that , they are sharing men in the battle of production. So, our society can not do without women outdoors besides their role indoors.

Out of their role in our society, women have been given a lot of rights in our society. They have been given the right to go out for work, the right to select their partners in life, the right to be educated, the right to vote in elections and other rights. Women are no longer treated as dolls, but men and women are equally treated in our society.

33- A famous character

William Shakespeare was one of the most famous playwrights in England. He was born in Stratford Upon Avon in 1564. He worked as an actor at his early life. He got married when he was 18 years of age. He had three children. His popularity is still in all theatres of the world.

His famous masterworks are still marvellous. They are acted on the stages of the world. Shakespeare wrote Hamlet, Macbeth, King Lear, Anthony and Cleopatra, Othello and other plays. He was a poet, too. He wrote many sonnets. Shakespeare died in 1616.

34-The importance of newspapers.

You may make use of the following:

*daily and weekly newspapers - up-to-date news - Local and international problems - articles dealing with politics, literature, sports, arts

*varied topics for men, women, children

*advertisements of plays, films and jobs

*means of passing time, culture and amusement

Everyone knows how important the newspapers are. The word news means new or fresh information, reports of recent events. The newspapers provide the readers with the latest information about different topics. There are daily and weekly newspapers and each has its own characteristics. Newspapers have developed greatly. They provide up-to-date local and international news that aim at keeping the reader in touch with the current events. They do not focus on one thing, but they do their best to meet all the reader's needs. They provide articles dealing with politics, literature, social life, religion, history, leadership, car maintenance, computer technology, sports, fine arts, agriculture, industry, new inventions and discoveries, future expectation and others. These varied topics meet the real needs of men, women, children, newly married men and women who still lack experience and students at different educational stages. The newspapers include advertisements of plays presented, films shown and jobs needed. Newspapers are really a good means for getting culture and amusement.

35-Mobile phones

Mobile phones are one of the main aspects of modern technology. They are of great benefits in our life today. They are widely used by the young and the old. They are no longer forms of luxury **ترفه**, but they are necessary. Mobile phones enable us to get in contact with people everywhere in no time. They

help us to do our shopping without travelling. Thus, they save us time, effort and money. In spite of that, mobile phones are of many disadvantages. Firstly, they cause many diseases such as cancer. Secondly, they waste our money. Everyone should use their mobiles wisely.

36-The Internet

It is clear that we are living at the age of the internet. The internet is one of the most effective means of telecommunications. It is of great benefits in our daily life. This is because of several reasons. Firstly, it helps us to communicate with our friends and relatives abroad. Secondly, it provides different information on different subjects. Thirdly, it makes us in touch with the latest current events all over the world. Fourthly, it enables us to do our shopping without travelling. Fifthly, we can play games on the internet with foreign friends. In addition to that, the internet helps us to make new friends everywhere. It has become easy for everyone to log onto the internet. The youth are crazy about it everywhere.

In spite of that, the internet is of many disadvantages. It can waste our time and our money. It can spoil **يفسد** our youngmen because it shows them some bad customs and traditions of the western countries. There are people who make love stories with women on the internet. Thus, it can destroy our families. So, we should be aware of the dangers of the internet.

أهم الموضوعات لعام 2014

The importance of electricity and how to save it at home.

Electricity has become a main part of our life. People can't do without it. It is light, it is heat, and it is energy. Think of how many home appliances are run by electricity. We depend on electricity in almost all aspects of life. There are many ways by which we can save energy in our everyday lives. You use a lot of electricity every day. Use only what you need. Don't turn on two lights if you only need one. Remember to turn off the lights when you leave a room. Turn off the TV and video games, too. On a sunny day, read by a window. It's a simple way to save energy. Keep the refrigerator door closed. If the air conditioner is on, keep doors and windows closed. If you can, just use a fan and wear light clothes instead of using the air conditioner. Use the microwave. **فرن كهربائي** Microwave ovens shorten cooking times, which saves energy. Always buy economical light bulbs that use less energy. The things you do every day make a difference. If everyone saves just a little energy, it adds up to a lot. When you save energy, you save money, too. You have more money to spend on other things. Saving energy also helps protect the environment.

The necessity of reducing our consumption of water and electricity

It is known that energy and water are the basis and the artery of life. All living things and machines can't live or work without them, however energy and water are about to run out. Therefore we mustn't ignore these problems otherwise we will lead hard lif .All of us must seek hard to rationalize using them .The Nile is the only source of water in Egypt. So we must

keep it clean and use its water only when necessary. We mustn't be wasteful at using its water. We mustn't forget to rationalize using electricity. From my point of view, there are many simple ways to rationalize electricity for example we should switch off electric sets after using them. We must spread the awareness of the importance of rationalization among citizens to avoid this serious problem. We can use natural light by day. Dr. Ibrahim Ghneim, Minister of education asked for rationalization of consumption of water and electricity in schools and education departments. At last not at least we can say that consumption rationalization of water and electricity need great interest from us.

Increasing Production and encouraging tourism are the only ways for Egypt to reach the shore of safety.

Egypt nowadays is facing a great challenge. It wants to cross this critical transitional stage *مرحلة إنتقالية حرجة* to reach the shore of safety. In order to attain this sublime goal, *هدف* Egypt is in a hard need of more efforts, more sacrifice and more self-denial. *إنكار الذات* There is no time for slogans *شعارات* and cheers. Actions speak louder than words. All Egyptians must realize this fact to forget about their political attitudes and serve their beloved Egypt. Every one of us should do his duty fully to make up for the time lost. We must bear in mind that increasing production is the only way for stability and safety. With it, we can increase our income and pass the burdens of life. Moreover, we have to encourage tourism by all possible means. We know that tourism is the second earner of hard currency after petroleum products. That's why we ought to provide tourists with all facilities to attract them to visit Egypt. Good accommodation, good transport and friendly treatment are the magical keys for tourism to flourish and prosper. Each one of us should see himself as a tour guide to achieve tangible *ملموس* progress in the field of tourism. In fact it's our responsibility to restore Egypt's pioneering role in the Middle East area.

The importance of trees

Trees are very important to our life. They take in carbon dioxide and give us oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful. Therefore, trees protect us from global warming. Trees provide us with many useful things such as rubber *المطاط* and medicines. Some trees may provide a cure *علاج* for diseases like cancer. Planting trees is very useful. We have to plant more trees, especially in towns and cities. This helps to reduce the amount of pollution. Trees help to keep the balance of nature *المحافظة علي توازن الطبيعة*. If the balance of nature is upset *اختلف*, life on Earth will be impossible. We have to take great care of trees and punish *نعاقب* those who cut them down.

إعادة التصنيع Recycling

Many societies reuse materials that are thrown away. Materials ranging from precious metals معادن ثمينة to plastic spoons, can be reused. This recycling process extracts تستخلص the original material المادة الأصلية and uses it in new products. In general, using recycled materials المواد المعاد تصنيعها to make new products costs less and requires يتطلب less energy than using new materials. The most commonly recycled waste product is printed المطبوعة materials.

Glass is a material which is economical to recycle. The recycled glass is melted ويصهر and formed into new products. Certain types of nuclear waste النفايات النووية can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive. It reduces pollution because recycling a product creates less pollution than producing a new one. Most experts الخبراء state يبينون that the economic consequences الاقتصادية of recycling are positive in the long term إيجابية على المدى البعيد.

The Nile

The Nile is a source of life to Egypt. It is considered a chief source مصدر رئيسي of wealth, welfare and prosperity to Egypt. We enjoy drinking its fresh pure water. We irrigate our lands from it. Vast areas of land are reclaimed with the help of the Nile. Egypt is the gift of the Nile هبة النيل. We should not throw waste into our dear Nile. We should keep it clean and pure. Without the Nile, Egypt would be a desert barren قاحلة land. The Nile is the lifeblood دم الحياه of Egypt. Without the Nile, life would be impossible in Egypt. After the white revolution of 25 January and when Government recognized that former regime النظام السابق was not giving due care to the countries which share تشاركنا us in the Nile, so they started to plan for setting up new projects and dams on the Nile which can lead to a decrease in our share حصتنا of water, prime minister رئيس الوزراء Dr. Sharaf accompanied بصحبة by popular organizations have made many visits to those countries to strengthen يقوى our relations with them and convince them to keep the same quantity of water which we should get as per previous agreements.

مصر كما أحلم بها Egypt as I think and dream of

Egypt , my beloved home country , is the Cradle of Civilization مهد الحضارة . So , I have always been thinking of it as the land of peace and love . I have always been dreaming of Egypt as the most modern and advanced country . A country in which people respect and tolerant to each other . A country in which law is applied and respected . A country in which discrimination has no place among citizens , regardless their religious or political beliefs . A country in which everyone has his work and lives in a safe home . I have been dreaming of

Egypt like this as it has all the factors to be a pioneering country in all fields , with its great location and culture . Finally , I think my dream is up to achieve after the struggle of its youth to have their freedom and opportunity to live a decent life . حياة كريمة .

"Technology "" Means of communications"" Mobile" "A discovery or invention of the last 50 years"

Modern technology plays an important part in our life. All modern equipment such as television, computers, mobiles , and all other devices are based on the highest technology. We can't imagine life without means of transport .They enable us to travel long distances easily, comfortably and in a short time .In addition, modern means of communications enable us to keep in touch with the latest events at any part of the world in no time by means of satellite or the internet .At the same time , the mobile is in hand . It is really a breakthrough in communication .We can't imagine life at homes without electric sets. It will be dark and dull without TV. The refrigerator helps housewives to preserve food to use later .Washing machines help housewives to do washing easily and quickly. In the field of medicine it is easy for surgeons to perform operations thanks to modern equipment . In fact .Thanks to technology, our life is enjoyable and comfortable.

" Terrorism""Violence" "Spreading crimes and bullies البلطجة " " Crime doesn't pay " الجريمة لا تفيد "

It is clear that crimes have increased in alarming rate nowadays. No day passes without hearing about a crime on TV or in the newspapers. In fact there are many reasons for spreading crimes in our society. These may be because of unemployment problem, ignorance, illiteracy, poverty, over population and the lack of religious awareness. These crimes cause fear, horror and insecurity among citizens. Crimes are always committed without any persuasive reasons. Criminals must know the fact that any crime doesn't pay and the criminal must be revealed how long he escapes. He also must know that he must obtain his penalty. The family, the school, the mosque, the church and the government must cooperate together to find a solution to this serious problem which threatens our life.

Important Paragraphs

(1) Energy

There are different forms أشكال of energy. Most of the energy used today in homes and industry comes from fossil fuels وقود حفري. Coal, oil and natural gas are all fossil fuels. They are called non-renewable غير متجددة because it takes millions of years to make or renew them. So, we must reduce the amount of non-renewable fuels that we use.

We need to find other forms of energy that will never run out تنتهي / تنفذ. These forms of energy are called renewable. Examples of these are energy from the sun and the wind. Water is another renewable source of energy. It is called hydroelectric power. Nuclear energy is also a clean renewable source مصدر of energy. However, it is dangerous. It is important that we all save energy.

(2) The Sun

The sun is very important to us. It gives us heat and light. Without the sun, there wouldn't be life on Earth. The energy we get from the sun can be used in different fields مجالات. The sun is a long way from the Earth. In ancient times, people knew the importance of the sun. Some of them even worshipped عبدوا the sun.

There are some dangers of the sun. If you look directly at the sun, it may damage your eyes. The sun gives out X-rays and ultraviolet rays الأشعة فوق البنفسجية. These rays are very harmful to life. Most of these rays get soaked up تمتص in the atmosphere. This is why they do not affect us. In fact we cannot do without يستغني عن the sun.

(3) A famous place (The Eiffel Tower برج أيفل)

The Eiffel Tower is the most famous landmark أشهر المعالم in Paris. It was built in 1889. It was the world's highest structure بناء until 1931. It is 300 meters high. The Tower was named after سمي باسم Gustave Eiffel, the engineer who designed it. It cost more than a million dollars to build. People from all over the world visit the Eiffel Tower every year.

The Tower has three levels, which are connected by lifts متصله بمصاعد. Visitors can climb the steps السلالم to the top of Tower or use the lifts. The Tower has been climbed by mountaineers متسلقو الجبال. From the top of the Tower you can see most of Paris. The view المنظر from the top of the Tower is wonderful.

(4) The Cairo Metro

The Cairo Metro is a wonderful work of engineering عمل هندسي. It's the only underground in Africa or the Middle East. It's fast, cheap and safe. You can go to any place in a very short time. About 2 million passengers use the Metro daily. There are now plans for a Metro line in Alex.

A decade has passed since the Cairo Metro started its service. It has proved أثبت to be the most efficient الأكثر كفاءة public means of transport وسيلة مواصلات عامة in the city. It links the city suburbs الضواحي in the north and south with downtown وسط المدينة. One of its great merits مزايا is that it is environment friendly, صديق للبيئة having no fumes عادم to pollute the atmosphere. Moreover, it is the only public means of transport where smoking is strictly forbidden ممنوع منعاً باتاً. Those who smoke pay a fine غرامة of 10 pounds.

(5) The importance of trees

Trees are very important to our life. Animals and people breathe in يستنشق oxygen and breathe out يخرج carbon dioxide. Carbon dioxide ثاني أكسيد الكربون is a poisonous سام gas. Plants and trees take in carbon dioxide and give out oxygen. If we cut down too many trees, there would be more carbon dioxide. This is very harmful.

Trees provide us with many useful things such as rubber المطاط and medicines. Some trees may provide a cure علاج for diseases like cancer. Planting trees is very useful. This helps to reduce the amount of pollution. Trees help to keep the balance of nature المحافضة علي توازن الطبيعة. If the balance of nature is upset اختل, life on Earth will be impossible. We have to take great care of trees and punish those who cut them down.

(6) My plans for the future (What career are you going to choose and why?)

We all have our dreams which we hope will come true تتحقق. I have many plans for the future. I want to go to university and become a doctor. I'd like to practise medicine for a few years. After that, I'd like to do research.

I hope to investigate يبحث the causes of diseases like cancer or brain disease. I'd like to learn more and more about those diseases which make people suffer يعاني a lot. Therefore لذلك, I must study hard. I'd like to set up experiments and make things that can really help mankind. البشرية I want to help people become happy. I hope my plans for the future will pay off. تنجح

(7) The advantages and disadvantages of modern technology

Our life today is quite different from life fifty years ago. Life in the past was very simple and easy. In the past people used animals to go from place to place. People died from many diseases which they could not cure. Today, thanks to بفضل modern science and technology, there are many inventions which have made man's life easier and more comfortable. Modern means of transport help us to travel long distances in a very short time. The progress تقدم in medicine has enabled us to find a cure for most diseases. We also have pure نقية water and electric supply.

However modern technology has several disadvantages. The most noticeable ملحوظة disadvantage is pollution. Pollution is very harmful to man's life and can cause many diseases. Man now depends too much on machines. There are a lot of people who can't find jobs because we use machines to do most of our work. Many people nowadays suffer from stress / توتر / ضغط and worry. Some people may have a nervous breakdown انهيار عصبي.

(8) Living in space

Next summer I am going to travel to space with three friends. We are going to have some training at first. The training will be long and difficult. You must be fit لائق جسميا in order to survive in space. We are going to take some things with us like canned معلب food and bottles of water.

In space there are a lot of problems. There is no gravity الجاذبية in space. It is hard to live without gravity. We will stay in the space shuttle all the time. We will miss our families. We will try to keep ourselves busy by reading books or listening to music. Living in space will be an exciting experience in spite of its disadvantages.

(9) Lifelong learning التعلم مدى الحياة

Lifelong learning goes on for life مدى الحياة, from the time you graduate يتخرج until you retire يتقاعد. This is necessary as employers أصحاب العمل do not offer permanent دائمة jobs. We must learn the skills required المهارات المطلوبة for different jobs. Companies pay a lot to provide training for their employees العاملين. Lifelong learning helps us to acquire the knowledge المعرفة and skills needed in the labour market.

Distance learning التعلم عن بعد is a method طريقة of study that helps us to continue our learning. We need to continue learning to keep up with نواكب the latest developments التطورات in different fields. Human knowledge is increasing all the time. If we do not update تطور our knowledge, we will not be able to live in today's world. In fact, lifelong learning is important to everyone.

(10) How we can help to protect and improve the environment

Environmental pollution التلوث البيئي is a very serious problem nowadays. This pollution causes great damage أضرار كبيرة to the environment and all living things. There are a lot of things we can do to preserve يحافظ علي the environment. Factories should be moved to land outside cities. A great number of trees should be planted along the sides of the roads. Trees take in carbon dioxide and release oxygen, so they help to clean the air.

The government should pass laws to reduce the number of cars on the roads. We have to spread awareness ينشر الوعي among ordinary people of the importance of preserving the environment. We must teach young children how to keep the environment clean. If we succeed in preserving (conserving) the environment, our children and grandchildren can enjoy the world we live in. Preserving the environment has become a very important issue مسألة هامة in the modern world.

إعادة التصنيع Recycling (11)

Many societies reuse materials that are thrown away. Materials ranging from precious metals معادن ثمينة to plastic spoons, can be reused. This recycling process extracts تستخلص the original material المادة الأصلية and uses it in new products. In general, using recycled materials المواد المعاد تصنيعها to make new products costs less and requires يتطلب less energy than using new materials. The most commonly recycled waste product is printed المطبوعة materials.

Glass is a material which is economical to recycle. The recycled glass is melted يصره and formed into new products. Certain types of nuclear waste النفايات النووية can be recycled. Rare materials, such as gold and silver, are recycled because getting new supplies is expensive. It reduces pollution because recycling a product creates less pollution than producing a new one. Most experts الخبراء state يبينون that the economic consequences النتائج الاقتصادية of recycling are positive in the long term على المدى البعيد.

(12) A Famous Egyptian scientist – Ahmed Zewail

Ahmed Zewail is a worldwide famous Egyptian scientist. He was educated at Alexandria University. After his graduation, he went to the United States of America to continue his education. There he worked very hard and outdid علي تفوق everyone else.

In 1998, he won the Franklin Institute معهد Award after he had discovered the smallest unit of time. This award is usually given to famous scientists and inventors. Dr. Zewail also uses very fast lasers to find out more about the chemicals. His work helps scientists to produce new and better drugs for curing diseases. In, fact Ahmed Zewail is a very good example that all Egyptian young men should follow.

القراءة للجميع Reading for all / أهمية القراءة (13) Value of reading

Reading is very important. It is the food of the mind. Through reading, we benefit from يستفيد من the experience خبرة of other people. Reading has a good effect on our behaviour سلوك. It helps us to acquire good qualities صفات. It enables us to understand the world that we live in. It helps us to solve our problems in life.

Through reading, we get a lot of information about the progress in science and technology. By reading, we never feel lonely يشعر بالوحدة. In fact, books are the best friends. Reading helps us to develop our characters شخصيات and widen our horizons آفاق. Mrs. Mubarak has started the project 'Reading for All'. This project aims at spreading نشر the habit of reading among young children. It also aims at developing the abilities قدرات of young children to become good citizens مواطنين in the future. Many public libraries have been set up in towns and villages. This will enrich our cultural life and create يخلق generations أجيال of scientists and thinkers مفكرين.

(14) Life in the future

Life in the future will be different from life now. Many changes will take place in every field. New inventions and new discoveries will appear. Man will send more spaceships سفن الفضاء to other planets and may find life possible there. Vast areas مناطق شاسعة of the world's desert will be reclaimed يستصلح. The production of food will increase. A cure for dangerous diseases such as cancer and AIDS may be discovered.

New sources of energy will be found. Computers will be widely used in all fields, especially in education. Means of transport will be faster and more comfortable. In fact, life will be very complicated معقدة and man will depend completely on machines. No one can be sure if life in the future will be better or worse.

(15) Life in big cities

Life in big cities is very hard. People there suffer from many problems such as over-population, housing problems and crowded means of transport. It takes a very long time to go from one place to another. There is very little cooperation تعاون among people. overcrowding الزحام الشديد results in يؤدي إلى many accidents.

Pollution caused by car fumes is a major cause of many diseases. The air is unclean and impure غير نقي. There are no gardens or green areas where people can spend nice time. The noise from cars and machines also make life in big cities unbearable لا تحتمل. Great efforts are needed to solve the problems in big cities. People should think of going to new cities built in the desert or the country.

(16) Unemployment البطالة

Unemployment means that there aren't enough jobs for people. The most important cause of unemployment is over-population. Thousands of young people graduate يتخرجون every year from schools and universities. They remain for long years without jobs. This is because most of them are waiting for governmental jobs.

Another cause of unemployment is the increasing use of modern technology in all fields. Man depends a lot on machines. This leads to a lack of job opportunities نقص فرص العمل. To solve this problem, we should encourage نشجع young people to go the desert and reclaim it. They should look for jobs in the new cities. Banks can lend them loans قروض to start their own projects. مشروعات

(17) Tourism السياحة

Tourism is the second main source of national income after petroleum products. المنتجات البترولية. It brings in a lot of hard currency which we need to import نستورد goods. Tourists from all over the world visit Egypt all the year round على مدار العام. Egypt has many famous sights and tourist attractions مناطق جذب السياح. Tourists also enjoy the fine weather in Egypt.

Tourists can visit places of interest such as the Pyramids, the temples, the museums and other historic places. The government does its best to encourage the tourist industry. New tourist villages are built. Splendid فخمة hotels are erected. The government provides cheap and comfortable means of transport. Egyptians do their best to welcome tourists and treat them well. When tourism flourishes تزدهر, our national income الدخل القومي improves.

(18) The value of sports أهمية الرياضة

There are many kinds of sports. The most common sports are football, basketball, volleyball, tennis, skiing, swimming and cycling. Sports have great value in our life. They are very important for keeping us healthy. People who are used to practising ممارسة sports usually enjoy good health. They are always active and do their jobs well.

Sports are a good way of spending our spare time. Sports help us gain good qualities such as patience, cooperation and how to face difficult problems and situations مواقف. Sports teach us good manners and develop our character. Some sports help us to defend ourselves such as karate and judo. In fact, sports are very essential أساسية for us.

(19) Over-population التزايد السكاني

Over-population is a very serious problem. Egypt has been suffering from this problem for a long time now. The increase in population has led to many other problems such as shortage of food, نقص overcrowded means of transport, ازدحام وسائل المواصلات, lack of job opportunities نقص فرص العمل and the problem of housing الإسكان. There aren't enough houses, jobs or food for all people. If we continue to increase in this way, we may face starvation مجاعة/الموت جوعاً.

Great efforts are made to solve this problem. The government does its best to convince تقنع the people of the importance of birth control تحديد النسل and family planning تنظيم الأسرة. Vast areas مناطق شاسعة of the desert land have been reclaimed. New cities and communities have been built. Mass media are doing their best to persuade تقنع people to participate effectively بصورة فعالة in solving this problem.

(20) Pollution التلوث

Pollution is a difficult problem in modern life. There are different kinds of pollution. Air Pollution is caused by car fumes عادم السيارات which contain very harmful substances. مواد ضارة These substances have a bad effect on health and can cause many diseases. The sea is polluted by the chemical waste النفايات الكيميائية thrown into it by factories and ships. The soil is also polluted by the chemicals we use such as insecticides المبيدات.

All these kinds of pollution affect not only man's life but animal life and plant life as well. The world is making great efforts to fight نحراب pollution. Ordinary people have to cooperate with يتعاونوا مع the government and scientists to get rid of من يتخلص من pollution. If pollution continues to increase, life on earth will be in great danger. Even ordinary people can help to eliminate من يتخلص من / يزيل pollution.

(21) Terrorism

Terrorism has become an international problem. The word "terrorism" comes from the word "terror" which means a violent action فعل عنيف which causes great fear. The terrorist attacks هجمات إرهابية in many parts of the world caused thousands of deaths. Terrorism is against religion and civilization. Terrorism makes people feel unsafe.

Governments must co-operate if they want to fight international terrorism الإرهاب الدولي. President Mubarak has always believed that terrorism will continue unless the Palestinian problem is solved. He called for an international conference on terrorism. Terrorists must be severely punished يعاقبون بشدة. Ordinary people must take part in the fight against terrorism.

The person I admire most

The person I admire most is my father. He is a role model father He is a successful doctor. He treats his patients kindly. He is serious and sincere at work. He is a friendly character who spares no effort to help those who need him and holds back nothing in due. He is loved by all people around him. I am greatly affected by him so I wish very much to follow in his footsteps. That's why I consider him the most important person in my life.

Friends

Friends are either good or bad. Some of them are worthy of respects while others are hateful ones. Personally I like helpful friends who are ready to stand by me in time of troubles, and share my joy and sorrow. Moreover, man has no choice in making friends, yet he should be carefully cautious when he befriends anyone.

He must test him in some situations before he reveals any of his secrets. Among friends I feel warmth brotherhood that is why I take my friend as a refuge (shelter) where I find relief and comfort a To sum up, a friend in need is a friend indeed.

Mobile phones

Mobile phones are of great importance to many people in society from a businessman to an ordinary man. They can't do without. In time of emergency people need to make a phone call asking for the ambulance help. In travel, mobiles are necessary to tell other people how you are doing. But some people have bad habits when using mobiles. They sometimes disturb people indoors unnecessarily at midnight. While driving, they may cause death, so the government should pass strict laws against using them while driving. However, doctors warn people of its drawbacks exposing themselves to the side effects of electromagnetic a., waves causing cancer. So people should use mobile phones more wisely and quietly.

Water

Nothing can live without water. The water we drink is a blessing of Allah; however we are not wise in using it. Everyone should feel sorry for every drop of water wasted in our house. We all know that water is necessary for drinking, cooking, washing and irrigation. We are going to reclaim new areas of desert land. Meanwhile, water is a renewable source of energy which is cheap to generate electricity. So, all people should

know how to care for every drop of water because the next century will witness a severe attack and an endless war for providing water supplies

Health

Health is a priceless treasure that completes our happiness and a gift of Allah. We cannot really enjoy our life if we are unhealthy. For an unhealthy person, life is no more than pain and suffering. He is a helpless member who cannot take part in the process of development. However, healthy people are always good members in their societies and help to achieve its welfare and progress.

So, people should take care of their personal cleanliness as it is tremendously important in the prevention of many kinds of infections. In order to be healthy, we must be clean. We must never eat food that smells bad or swollen canned food. We should always wash hands before and after a meal. We must either boil tap water or cool it before we drink. In the end, as it has been said that "prevention is better than cure" so everybody should pay attention to his health.

The problem of over - population

It has become clear that over population in Egypt is a serious problem. It results in other more serious problems. Our youth can't find a flat to marry in or a suitable job to start their life. There is also a possible shortage of food. Our cities became very crowded, they lack the needed infrastructure for living.

So it has become a must that we should invade the desert. The government does its best to encourage people to have small families through public awareness programmes on t.v. and papers. It send campaigns to remote and small villages to offer people information about birth control.

Charity Societies

Charity Societies are organizations for helping the poor everywhere. Rich people establish them. They do their best to make homeless and poor children live in a reasonable standard. They offer them care in different aspects. They offer the poor medical care free of charge. If they are homeless, they offer them houses and food.

Businessmen have got a duty towards these societies. They should give them support. They can pay a part of their taxes for these societies. All of us should take part in the activities of these societies. We can donate clothes, money, food or even we can donate efforts to please these poor children.

Computers

The computer has a lot of advantages. It can store a lot of information; it can do a lot of calculations in no time. it can pay wages, reserve seats on planes, design buildings, compose music and do many jobs. Doctors also use the computer widely in their job.

But it has also some disadvantages, it can waste our time if it is used foolishly or if it is used just for fun. it has also a bad effect on our health specially the sight. it also teaches the children violence through playing the computer games. So it is a double-edged weapon.

Technology in our life

Technology is everywhere nowadays. We all enjoy technology but in different ways. Now, we can travel from one place to another very easily, comfortably and fast. Modern means of transport are now supplied with all means of comfort. Space travel is now more possible than it used to be in the past. One day people may be able to enjoy space journeys.

Technology has also played a role in medical care. Now the computer can be used to check people's health accurately. It is also used for teaching. Students can benefit from the internet in their researches as well. No doubt technology has changed our life to the better.

Schools in the Future

I think our school will be completely different in the future. The ministry of education cares about creating a good citizen and a healthy young man as well. More attention will be given to sports. The computer will be used more widely. Every student will benefit from the internet in all aspect of his life. Moreover the students will be encouraged to take part in doing scientific research. This will encourage students to visit libraries more often.

Distance learning will be also the feature ملامح of the future. Students can study everything while they are far away from the school. They can take tapes or CD's to enable them to study their subjects at home. We can imagine a more different shape of school than what we see nowadays.

Sports

"The sound mind is in the sound body". العقل السليم فى الجسم السليم This is a true saying, if someone practises sports he will be fit. That's why the ministry of education gives due attention الاهتمام الواجب to sports in our schools. Students who get prizes or medals in any sports championship are encouraged a lot. Schools also set up sports competitions and offer prizes for the winners.

The government encourages sports. It sets up youth centres and clubs everywhere to enable everyone old or young to practise sports. Sports festivals are a call for peace and love among nations نداء للمحبة والسلام بين البطولات الدولية. So every country gives due care for taking part in the international championships.

The television

The television is the cheapest means of entertainment and culture أرخص وسيلة للترفيه والثقافة. It shows us the current events الأحداث الجارية that take place in every part of the world at the same time. It is also a means of communication. We can learn the language of any nation through its films or serials مسلسلات- We can't forget the educational programmes which attract تجذب the students of different stages. مراحل.

On the other hand it has some disadvantages. It has negatively affected أثرت سلبيا the habit of reading. Most of us don't read much as we are attracted to the television more. Some people waste their time in front of the TV. So we have to use this important invention wisely بحكمة.

Tourism

Tourism is considered one of the most important earners of foreign currency and national income, من أهم مصادر العملة الصعبة والدخل القومى. Tourists spend a lot of hard currency during their stay in Egypt.

Tourists like to visit Egypt to enjoy the sun shine, and the wonderful historic places. They like to visit the Citadel, the Pyramids, Luxor and Aswan.

They like to see our modern renaissance نهضتنا الحديثة as well. We should do our best to encourage tourists to visit us again and again. We should establish cheap hotels and tourist villages along our shores.

The role of the youth in development

The youth should first work hard to achieve success. When they graduate from their universities they have duties towards their society لديهم واجب نحو وطنهم. They can share in the social work by working in the co-operative field. They can share مشارك in abolishing illiteracy الأمية in their villages.

They can take part in reclaiming the desert to increase food production. They can join the army to defend their country in case there is a war. They can also help a lot in solving any problem concerning their society. They should work hard for the welfare رفاهية of their beloved country Egypt.

Making the best use of spare time"

Time is gold. The time wasted is too hard to regain الوقت الضائع لا يعوض. So we have to make the best use of our time. If we have a spare time we can make a plan to spend it doing useful things. The wise person is one who spends his / her time carefully in a proper way. Some people prefer to read a useful book, or a story. In this way they increase their information and knowledge in different aspects.

Some others prefer to practise sports. So they renew their energy, activate their minds, and strengthen their bodies. يجددون نشاطهم وينشطون عقولهم ويقوون أبدانهم. Young men prefer to spend most of their time playing computer games, which can be useful in developing their abilities and computer skills.

Life in the past & today

In my view, life in the past was quieter and easier. Modern-means of transport like cars, trains and planes were not there. Consequently, there were almost no air-pollutants. Vast areas of land were cultivated. People depended mainly on agriculture as their main earner.

In the past there was shortage of medical care. Cholera and other serious epidemics أمراض متوطنة were attacking many people for a time. At present, nearly all epidemics vanished تلاشنت thanks to medical care.

Nowadays, we hear every now and then of new discoveries such as the Femto second, and new inventions such as the computerized car. Also there are various means of entertainment. In short, life today has become more complicated.

Life in the Future

As long as we live, we have to think. Our life in the future will change completely. Computers and internet will occupy our life. So, instead of wasting time going here and there, we will use the internet to get our needs. Students of the future will get the information they need through their computers which will be available and within the reach of their hands - في متناول اليد -

Housewives can shop through the internet and the housework will be done by certain kind of robots. Most houses will be air conditioned and people won't suffer from the heat of the sun. Our factories will be computerized. There will be better means of communications and transport. Scientists will control the weather, so there will be no floods or drought جفاف. But I think man will not change.

Preventing pollution

It isn't acceptable to be in the third millennium الألفية الثالثة and we still pollute our ecology. Individuals, companies and factories should find ways to control their waste. Clean streets and roads are the bad need of every citizen so we shouldn't throw things away in the streets and there must be laws to punish those who break them.

Filters should be fixed in factories to help reduce air pollution. It's our environment and everybody should do their best to leave a happy life. Keeping the place clean would surely avoid us thousands of infectious diseases that may ruin our life and turn our happiness into mirage.

Unemployment

Unemployment must be rooted out تستأصل because it leads to further poverty. The government is always encouraging investors to invest their money in establishing new projects and shoulder their responsibilities يتحمل to provide business opportunities for youth. Giant projects such as Toshka project in the south of the valley, Six October industrial city, reclaiming Sniai, and others with small projects will give a hand to increase different kinds of jobs for those who need them.

Banks are also important, they can lend young people small loans with slight interest to help them set up small industries all over Egypt. When we solve this pressing problem, المشكلة الملحة we will eradicate extremity and terrorism among those poor young people. نستأصل التطرف والإرهاب بين الشباب.

Women's role in our society

We all have rights and duties, حقوق وواجبات so we mustn't forget the work of women in the Egyptian society because they form 50% of Egypt's population. They can work as teachers, doctors, social workers and many others. Women mustn't forget that bringing up children تربية الأطفال is their first aim to create sound individuals, able to shoulder their responsibilities تحمل المسؤولية. so we can't ignore her role in the progress of Egypt. Without all people's help women and men, we wouldn't achieve the expectations of the new millennium, الألفية الجديدة

Money is a good servant but a bad master

No one can deny that money is a mixed blessing. نعمة ونقمة in other words, it is a good servant but a bad master. On the one hand, money helps us to get all our needs but we should not earn it in a dishonest way. With the help of money problems can be solved. Money makes money and with money people can lead a comfortable life. On the other hand money is the root of all evils. For the sake of getting money some people deceive, kill and commit crimes. Wars are waged تشعل الحروب and thousands of people are killed because of money.

The duties of young people towards their parents.

It is taken for granted that we owe much to our parents لأبائنا بالكثير لآبائنا who looked after us when we were young. They did their best to provide us with food, clothing, shelter and education. They sat up beside our beds when we were ill. They spared no pains لم يألو جهدا to give us the best start in life. So it is our duty to love and respect them.

We have to take their advice and obey their orders. نطيع أوامرهم since they have experienced life with its ups and downs. It is also our duty to help them in every possible way. We can do the shopping and help them at

home. When they grow old, it is our turn to repay their kindness. We should look after them and provide them with every possible comfort. It is truly said that a good turn deserves another. قابلو المعروف بالمعروف

Prevention is better than cure

I wish I had listened

A friend of mine lived in the country. He used to swim and wash himself in the small canal near our village. Many times, I saw him and advised him not to do so to protect himself from Bilharzias but he wasn't listening. He repeated what he was doing for many years until he was ill. A doctor examined him and found that Bilharzias had attacked his liver and other organs of his body. He became ill with worry, weak and pale. He took the required medicine, which cost him a lot of money. I met him later and when he saw me, smiled and said, you were right, prevention is better than cure. الوقاية خير من العلاج

29-Public Libraries

Reading For All

Never can the importance of reading be denied especially in the age of information technology. The first lady of Egypt realized that fact long before, that's why she launched the call, Reading for All, many years ago. In order to achieve this goal, she called for a library for each house. The government built a lot of public libraries in both rich and poor areas giving a particular attention to children and their needs.

The second stage was the moving libraries to serve the children in remote and poor Districts. especially in the summer holiday and weekends. Thanks to Mrs. Suzan Mubarak, free reading is now available for every man, every woman, and every child all over Egypt

Made in Egypt

Protecting local products

One should be proud of his country and its local products. Our local products are usually cheaper than the imported ones and sometimes better. In addition, buying our local products creates job opportunities for our youth and brings hard currency which need to import our needs.

There is no doubt that our products have the Egyptian taste which appeals to us and cope with our nature and way of living . Not only this but also they best cope with our hot and humid weather, with our habits of eating and doing the daily work. Finally, buying our local products increases our national income and raise our standard of living.

Bird Flu

Epidemics spread like fire, in a few months the Bird Flue swept all the boundaries of the old world, From China in the east to the Atlantic Ocean in the west. The disease caused a lot of horror not only to poultry merchants and breeders but also the mere, poor customers who depend mainly on chickens as their source of Protein.

In Egypt the industry of poultry production has nearly come to an end. Farms have been closed. Poultry shops had to change their activity after the great loss they suffered. The government estimated the loss to be nearly six milliard LE. The government tried to compensate those who have been much affected by this catastrophe to save the Egyptian economy from certain disaster.

Finally, we also have a duty to limit the effects of this disease through keeping hygiene and public sanitary, checking up home poultry regularly, getting rid of the affected birds in a scientific way and heading to the doctor's in case of tiny doubt.

English and The Internet

The importance of the Internet grows rapidly in all fields of human life, including not only research and education but also marketing and trade as well as entertainment and hobbies. This implies that it becomes more and more important to know how to use Internet services and, as a part of this, to read and write English.

But although Internet services themselves are, generally speaking, easy to learn and use, you will find yourself isolated on the Internet if you are not familiar with English. This means that knowledge or lack of knowledge of English is one of the most severe factors that cause interest

Learning to use a new Internet service or user interface واجهة استخدام may take a few hours, a few days, or even weeks, but it takes years to learn a language so that you can use it in a fluent and self-confident manner. Of course, when you know some English, you can learn more just by using it on the Internet. So, English and the internet became one face of a coin. وجهان لعملة واحدة.

" My favourite animal " الحيوان المفضل

Lions are my favourite animals because they are proud animals حيوانات جسورة and look after their families .They are very large animals which belong to the cat family . They are covered in thick fur which may be white, yellow or orange in colour .They weigh بين between 120 -250 kg and its length الطول 1.4 and 2.5 metres .Most of them live in eastern and southern Africa. Its prey فرائسها is large animals or smaller animals like birds and rabbits.

" Inventions bring happiness as well as problems " الاختراعات تجلب السعادة والمشكلات

In fact people invent things for many reasons اسباب for example the telephone helps us communicate each other يتصل but it makes people تجعل people lazy .The television provides us with information and entertainment التسلية as it teaches them يعلم them ,it shows them many places and it also brings them the latest news أحدث الاخبار but it makes people lazy because they watch sport on TV instead of going out and doing a sport themselves . Finally في النهاية I can say we should be wise حكيم when we use these inventions and try to use them in a useful way .

" Travelling abroad " السفر للخارج

Travelling abroad is a real pleasure متعة حقيقية . People travel abroad for many reasons .When we travel abroad , we can see many countries of the world and get in touch with نكون على اتصال مع the people of other countries. Through خلال these visits we learn more about other peoples, customs and traditions والتقاليد العادات Years ago, most people didn't travel very much. The invention of airplanes اختراع جعل travel easier. Travelling abroad benefit people much in their life.

" Your next holiday summer plans " خطط الاجازة الصيفية

All of us جميعنا wait for the holiday after had work all the year round علي مدار العام . The holiday is a good chance فرصة to renew تجديد my activityالنشاط . I like spending my holiday on the beach الشاطيء . We always spend it in Alex . This year I would like to do a different holiday. I intend ينوي to go to Sharm El- Sheikh to try تجرب to go diving الغوص and sailing الابحار there . I think I will spend a happy holiday full of excitement مملوء الاثارة.

" The job you would like to do "

Every one should have a goal in his life. My goal for the future is to become a doctor. I would like to do this job to help poor people in my village and earn يكسب a lot of money. The doctor should be honest أمين, helpful, brave شجاع, patient صبور and many other good qualities خصائص . I must join كلية the faculty التحق to become a doctor. I should study hard to join this faculty.

Something you were afraid of when you were a child

I used to have a phobia about spiders . My father told me that he was afraid of spiders , so my phobia must have come from him . I always thought that any spider I saw was going to bite me ,so I avoided all of the places where I might find a spider.

"The Importance of learning English " اهمية تعلم اللغة الانجليزية

English is an international language spoken by many people **as a second language** **كلغة ثانية**. It is necessary to learn English language for many reasons . **It helps us** to communicate with **يتصل بـ** other people from different countries in the world . **It helps** doctors, scientists , engineers , businessmen , tourist guides **المرشدين السياحيين** and many other people in their work because most scientific **علمية** books , references **المراجع** and reports **تقارير** are written in English .So we should do our best to learn it to be able to cope with **التقدم** the progress **نساير-نجاري** .

