

Continuous glucose monitoring (CGM) is a method used in the management of which disease?

a. Heart disease

b. Sarcopenia

c. Diabetes

d. Chron's disease



Which of the following methods are used to measure body fat?

a. DEXA scanner

b. Skinfold thickness

c. Bioelectrical impedance

d. All of the above



Which of the following is an anthropometric method used to assess nutritional status?

- a. Measuring weight
- b. Testing urine samples
- c. Recording a daily diary
- d. Taking a medical history

You know a patient's weight and body fat in kilograms. What other information is needed to interpret their body fat percentage?

- a. Medical history
- b. Age
- c. Height
- d. Waist circumference

Using the information on the left to help you, answer the following questions.

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What information is needed to calculate BMI?

- a. Weight and height
- b. Age
- c. Weight and age
- d. Height and body fat percentage


Which of the following is a benefit of artificial intelligence?

- a. It is expensive and time consuming to develop
- b. It increases the time taken to perform tasks
- c. It can make medical errors when analysing patient records
- d. It can complete tasks that would normally require a human



Next

_____ includes all the devices, medicines, vaccines, procedures and systems that improve patient care.

- a. Medical technology 
- b. Medical ambulances
- c. Medical nurses
- d. Medical doctors

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What is the student's BMI classification?

- a. Underweight
- b. Normal
- c. Overweight
- d. Obese
- e. Extremely obese

42%

Which of the following is a biochemical method used to assess nutritional status?

- a. Measurement of height 
- b. Taking blood samples
- c. Recording a food diary
- d. Assessing family history

Which of the following is an example of nutrient modification?

- a. Adding food high in fibre
- b. Pureeing food
- c. Delivering food into the body through a tube
- d. Mincing food