

Pop Quiz


Grade 4 Unit 2 Lesson - Coursebook Page 58-72

Student Name _____ Class _____ Date _____

1 Which of the activities are healthy?

A	Playing computer games
B	Watching TV
C	Playing in the playground

2 Do the word and the picture match?



HEALTHY

A	YES
B	NO

3 Do the word and the picture match?



UNHEALTHY

A	YES
B	NO

Pop Quiz

Answer Key

Q1	C
Q2	A
Q3	B
Q4	A
Q5	B



Pop Quiz

4	What should we do to warm up ?	
	A	Pulse raising activity
	B	Stand still
	C	Play football

5	What should we do to cool down ?	
	A	Play games
	B	Pulse lowering activity
	C	Pulse raising activity

Total Marks