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STUDENT SECTION						
Name					Class	
Student MOE number (SIS)		School MOE Number			IDENT NATURE	
School name						

# Physical Health and Education

Grade 4

Sample Term 1

Date: November 2017

Time: TBC

#### STUDENT INSTRUCTIONS -

Students must attempt all questions.

For this examination, you must have:

- 1. An ink pen blue.
- 2. A pencil.

#### **TEACHER NOTES & INSTRUCTIONS**

Please tick the correct answers in <u>RED INK</u> and then write the mark awarded in the marking columns.

FOR ADM	IN ONLY
MARKING	RECORD
Section	Section TOTALS
Section 1	
Section 2	
Section 3	
Section 4	
MARKER SIGNATURE	TOTAL MARKS
MODERATOR	SIGNATURE

## SECTION 1 – Selected Response

Look at the pictures.. Circle Yes or No.

	It is a <b>stretch</b>		
Example:		Yes	No
Q1	Take off jewellery before sports?	Yes	No
Q2	TheSit and Reach test is for power	Yes	No
Q3	A stopwatch is used for the sprint test.	Yes	No
Q4	Standing broad jump tests agility	Yes	No

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## **SECTION 2 - Matching Task**

Look at the picture. Match the phrase to the picture. Choose A, B, C, D, E or F. The first one is done for you.

PICTURE Letter				
Example		С		
Q1	Sit up test			
Q2	Broad Jump test			
Q3	Hand eye coordination			
Q4	10 metre sprint test			
Q5	Stork Test			

DUDACE	l attax
tests muscle endurance.	Letter A
tests hand eye coordination.	В
tests flexibility.	С
tests balance.	D
tests speed.	E
tests power	F

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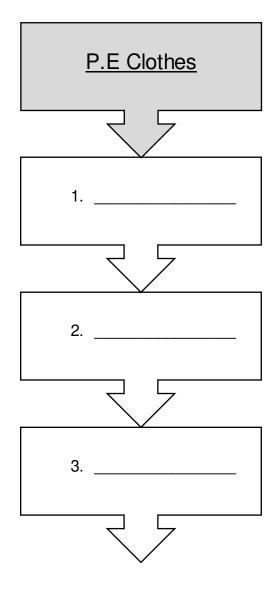
## SECTION 3 – Sequence Task

Put the pictures in order. Write the correct step in the box.

The first one is done as an example.

What Should I do before a sport activity?

SAFETY	P.E.	<b>EQUIPMENT</b>	WARM UP
	CLOTHES		



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#### **SECTION 4 – Gap-Fill**

Use the word box to complete the sentence. Each word can only be used ONCE. The first one is done as an example.

Wor	d Box				
	warm up	safety	sports shoes	muscle	
Exam	<b>nple:</b> Before sports I <u>wa</u>	<u>arm up</u> my b	ody.		
Q1.	Rules are needed for		in P.E.		
<b>Q2</b> .	You should wear		_ during sport.		
Q3	Sit ups measure		endurance		

You have now finished the examination.