

3

It's my life!



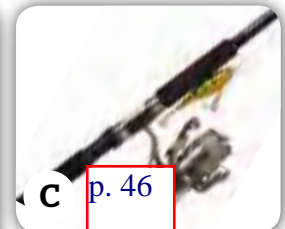
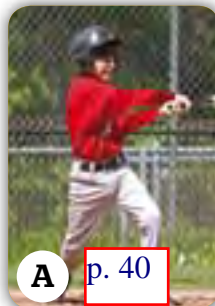
Discuss:

- ▶ What's your daily routine like? How busy are you?
- ▶ What do you do in your free time?
- ▶ Do you help out at home?

In this module you will learn...

- ▶ to talk and write about your daily routine
- ▶ to talk about your free-time activities
- ▶ to give an opinion about sports
- ▶ to say how often you do household chores
- ▶ to write about your favourite day of the week

Where can you find the following in this module? Go through the module and find the pictures.



1

Vocabulary



Listen and repeat.



get dressed



go to school

have breakfast,
lunch, dinner

get home

have a
shower

brush my teeth



do homework



go to bed

2

Read



A. Look at the pictures and the title of the text. What do you think the text is about? Listen, read and check your answers.

The text is about Tony Turner, a young painter.

TONY TURNER

A young Picasso

Tony Turner isn't a normal school boy.

He loves Art and he's a very good artist.

On weekdays, he gets up at 6 o'clock and paints pictures. At 7:30 he has a shower and has his breakfast. Then he goes to school. Art is his favourite subject, of course. He gets home at 4:30 every day and does his homework. In the evenings after dinner, he paints again!

At the weekend it's different. 'I visit galleries, I watch TV or make pictures and designs on my computer.' His Art teacher says: 'He's amazing! He's even got paintings in the local art gallery.'

B. Read again and write T for True or F for False.

1. Tony gets up at 7:30 every day.
2. Tony's favourite subject is Art.
3. Tony paints in the morning and in the evening.
4. Tony goes to galleries on weekdays.
5. Tony's teacher likes his paintings.

F

T

T

F

T

3

Grammar

Present Simple (affirmative)

I
You
We
They

paint
watch
do
study

BUT

He
She
It

paints
watches
does
studies

We use the Present Simple for habits or actions that happen regularly.

Prepositions of time

at	<i>ten o'clock, half past one, etc. the weekend noon/midday/night/midnight</i>
in	<i>the morning, the afternoon, the evening</i>
on	<i>Monday, Tuesday, etc. Sunday morning/afternoon/evening/night weekdays</i>

Complete with the Present Simple of the verbs in brackets.

- Salman and Ameer brush (brush) their teeth every morning and evening.
- My mum gets up (get up) at 7 o'clock every day.

- Alan does (do) his homework in the afternoons.
- I play (play) computer games at the weekend.
- My friend watches (watch) TV after dinner and goes (go) to bed at midnight.

Go to pages 154-156 for extra grammar practice.



4

Pronunciation



A. Listen and repeat. What's the difference between a and b?

- a. think /ɪŋk/ b. thing /ɪŋ/

B. Say the words below. In which category do they belong? Listen and check your answers.

ring

bank

rink

sing

bang

sink

//: bank, rink, sink

//: ring, sing, bang

5

Speak

Talk in pairs about your daily routine.

I get up at 7:30. What about you?

I get up at...



6

Write

Write a few sentences about your daily routine and about a friend's daily routine.

I get up at 6:30. I have...

Omar gets up at 7:00. He has...

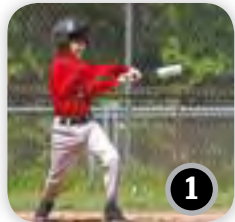
3b

Do you like sports?

1

Vocabulary

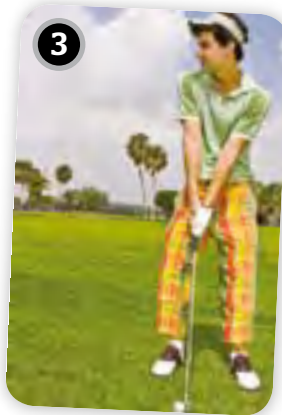
Match the sports with the pictures 1-7. Then listen and check your answers.



1



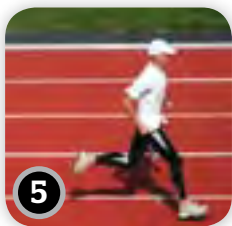
2



3



4



5



6



7

TIP! Learn whole phrases (e.g. verb + noun), not just isolated words.

- 6 play table tennis
- 1 play baseball
- 3 play golf
- 5 do athletics
- 4 do gymnastics
- 2 go skiing
- 7 go mountain biking

2

Read

A. Listen to the dialogue. Then read it out in groups.

- Lee** I'm bored.
Tom I've got an idea. Let's play baseball.
Lee Oh, no, not baseball!
Bill What's wrong, Lee?
Ali Lee doesn't like baseball at all.
Tom Really? Do you like athletics or other sports?
Lee No, I don't. I don't like sports very much. I think they're boring.
Bill I think sports are fun and exciting!
Tom Yeah! I love sports, too. What about you, Ali?
Ali I like football and I'm a great tennis player, too.
Bill Tennis is OK but table tennis is great fun! Come on, let's play.
Lee No way! I hate table tennis.
Ali Come on, Lee, please!

An hour later...

- Tom** Let's stop! I'm tired.
Bill Me too.
Lee What? Don't be silly! This is great fun!
Tom Oh, be quiet, Lee!
Ali Ha, ha, ha!

3 Grammar

Present Simple (negative - questions)

NEGATIVE	QUESTIONS	SHORT ANSWERS	
I don't (=do not) play You	Do I you play?	Yes, I you do.	No, I you don't.
He doesn't (= does not) play She It	Does he she play? it	Yes, he she does. it	No, she doesn't. it
We don't (=do not) play You They	Do we you play? they	Yes, we you do. they	No, we you don't. they

Complete the sentences with *do*, *does*, *don't* or *doesn't*.

- A: Do you like mountain biking?
 B: Yes, I do. I think it's a great sport.
 A: Does your brother like mountain biking, too?
 B: No, he doesn't. He doesn't like mountain biking at all. He likes athletics.
- A: Do you and your friends play baseball every day?

- B: No, we don't. We play on weekdays after school.
 A: What about at the weekend?
 B: We don't play baseball at the weekend. My friends go swimming.
 A: What about you?
 B: I don't like swimming.

Go to pages 157-159 for extra grammar practice.



4 Listen

Listen to three short dialogues and circle the correct words.

Dialogue 1

Paul thinks tennis is fun / boring.

Dialogue 2

Daniel plays golf on weekdays / at the weekend.

Dialogue 3

Ken and Scott like don't like football.

5 Speak

A. Do you like these sports? How much? Draw a face next to each one.

😊 Yes, very much! 😐 It's OK. 😞 No!

gymnastics 😊 football 😊
 athletics 😊 skiing 😊
 baseball 😊 table tennis 😊
 golf 😊 mountain biking 😊

B. Read again and circle the correct words.

- Lee likes / hates baseball.
- Bill thinks sports are exciting / boring.
- Ali's favourite sports are football and tennis / table tennis.
- Tom and Bill / Tom and Lee are tired.
- Lee likes / doesn't like table tennis in the end.

B. Now talk in pairs.

Do you like...?

Yes, I do. I think it's fun. /

No, I don't. I think it's boring. What about you?

I like... very much. / It's OK. / I don't like... at all.

3c

Time out

1

Vocabulary



Listen and repeat.



talk on the phone



surf the Net



hang out with friends



read magazines



go shopping



watch documentaries



listen to the radio



go bowling



play board games

2

Read

A. Jay has taken part in a survey about free time. Look at his answers and complete the paragraph.

SURVEY: Free Time

NAME: Jay Tasker

AGE: 14

1. What time do you get home from school?

After 3 o'clock After 5 o'clock

2. Have you got a lot of free time?

Yes No

3. When do you hang out with your friends?

On weekdays At the weekend

4. What do you do with your friends in your free time?

At home:

play board games watch documentaries read magazines
play computer games surf the Net

OTHER: do homework

Outdoors:

play sports go shopping ride bikes
hang out at the park

OTHER: go skateboarding

5. What time do you go to bed?

On weekdays:

Before 10 o'clock After 10 o'clock

At the weekend:

Before 10 o'clock After 10 o'clock

Jay Tasker is (1) 14 years old. He gets home (2) after 3 o'clock on weekdays, so he's got a lot of (3) free time. He hangs out with (4) his friends both on weekdays and at the weekend. When they're at home, they watch (5) documentaries or they do their (6) homework together. They also play (7) computer games and (8) surf the Net. When they go out, they hang out at the (9) park, play sports or go (10) skateboarding. Jay goes to bed early (11) on weekdays, before 10 o'clock, but at the weekend, he goes to bed late, (12) after 10 o'clock.

B. Use the questions in the survey to interview your partner.



3 Grammar

Present Simple with Wh-questions

A: What time do you have dinner?

B: At 6pm.

A: When do you play baseball?

B: At the weekend.

Circle the correct words.

- A: **When** / **What** do you do in your free time?
B: I read magazines.
- A: **When** / **What time** does Saud surf the Net?
B: In the evenings.
- A: What time **you get** / **do you get** up in the morning?
B: At 8 o'clock.
- A: What sports **Ben plays** / **does Ben play**?
B: Volleyball and tennis.

Go to pages 157-159 for extra grammar practice.

4 Speak

A. Talk in pairs.

Student A: Complete the weekly schedule with your personal information. Write what free-time activities you do every day. Then answer Student B's questions.

Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

Student B: Ask Student A questions about different free-time activities, as in the example.

Do you read magazines in your free time?

Yes, I do. / No, I don't.

When do you read magazines?

At the weekend.

TIP! When you speak, try to use vocabulary you've learnt in the module.

B. Report your partner's answers to the class.

Tanya reads magazines in her free time.

She reads magazines at the weekend.

5 Write

Write sentences about what you do/don't do in your free time.

1

Vocabulary 

Match the pictures with the household chores. Then listen and check your answers.



1



2



3



4



5



6



7



8

do the washing 3

clean the windows 1

tidy my room 2

feed the cat 8

wash the car 6

hoover 7

do the washing-up 4

take out the rubbish 5

2

Read 

A. Look at the pictures. Who do you think helps out at home?

Listen, read and check your answers. Alison helps out at home.

HOUSEWORK CRAZY



Alison Gibson always helps out at home. She helps with the washing, takes out the rubbish and tidies her room every day. And guess what! She likes it! 'I don't mind housework. It's great fun! My favourite chore is the windows. I clean the windows in our flat every week,' she says. Her friends think she's crazy but her mum doesn't, 'Alison is a real treasure,' she says.

Megan Roberts plays computer games, reads magazines, watches TV and does her homework every day. But she doesn't want to do housework. 'My room is often a mess but I like it like that. Anyway, I'm usually very busy. I haven't got time for chores,' she says. But her mum doesn't believe her. 'She's just lazy. You see, we live in a big house and we've got a lot of housework,' Megan's mum says. They argue about housework every day and in the end, they always do it together.

Answers

B.

1- Alison Gibson.

2- She helps with the washing, takes out the rubbish and tidies her room every day.

3- She plays computer games, reads magazines, don't watches TV and does her homework every do day.

4- She is a real treasure.

5- She is just lazy.

6- Alison Gibson.

7- It is often a mess.

8- Megan Roberts.

1

Vocabulary 

Listen and repeat. Have you got any hobbies?

jewellery

paper
flowers

make

rollerblading



go

fishing

model
planes

comics



collect

stamps



coins

arts and
crafts

do

karate



2

Listen 

Listen to Harry talking with his uncle Ted about their hobbies and write T for True or F for False.

1. Harry collects coins.
2. Uncle Ted makes model cars.
3. Uncle Ted plays tennis with a friend.
4. Harry's favourite hobby is rollerblading.
5. Uncle Ted thinks rollerblading is fun.

T

F

T

T

F

3

Speak & Write

A. Read about Ahmad's favourite day of the week and complete the table below. 



My favourite day of the week is Saturday. In the morning, I get up early, at about 8:00 and have my breakfast. Then I go to the shops and buy comics. You see, I collect comics and I've got about 200! In the afternoon, I usually play computer games with my friends and then I sometimes go rollerblading with my cousins. In the evening, my family and I often go bowling or we stay at home and sit around and talk. Saturdays are great!

When?	What?	Who with?
In the morning	buy comics	_____
in the afternoon	play computer	with his friends
	and go rollerblading	with his cousins
in the evening	go bowling	with his family
	or stay at home	

B. Complete the table below about your favourite day of the week. Then talk in pairs.

When?	What?	Who with?

What's your favourite day of the week?

...

What do you do in the morning?

...

What do you do in the afternoon?

...

What do you do in the evening?

...



C. Read and make sentences by putting the words in the correct order.

Word order

In English, we always put the subject of a sentence before the verb.

subject + verb

I collect stamps.
Ray doesn't play football.

- goes / Fridays / Rami / on / rollerblading
Rami goes rollerblading on Fridays.
- don't / I / make / planes / model
I don't make model planes.
- does / Maria / crafts / arts / and
Maria does arts and crafts.
- sister / play / games / doesn't / my / computer
My sister doesn't play computer games.
- mum / gets / my / 4:30 / home / at
My mum get home at 4:30.

D. Write a paragraph about your favourite day of the week. Use the information from activity B. First, go to the Workbook p. 130 and complete the plan.

My favourite day of the week is ...
In the morning, ...
In the afternoon, ...
In the evening, ...

TIP! Remember to check the word order in your writing (subject + verb, adverbs of frequency).

Vocabulary

A. Match.

- | | | |
|------------|-------|---------------------|
| 1. do | 1. b | a. golf |
| 2. surf | 2. d | b. the washing-up |
| 3. get | 3. e | c. lunch |
| 4. talk | 4. h | d. the Net |
| 5. have | 5. c | e. dressed |
| 6. collect | 6. i | f. an art gallery |
| 7. hang | 7. g | g. out with friends |
| 8. visit | 8. f | h. on the phone |
| 9. play | 9. a | i. comics |
| 10. take | 10. j | j. out the rubbish |

Score: / 10

B. Circle the correct words.

- My brother **goes** / plays mountain biking at the weekend.
- Lucy doesn't help at home. She's **lazy** / late.
- I've got an idea! Let's **go** / do fishing.
- John never **washes** / brushes his teeth after lunch.
- Murad loves sports. On Mondays and Wednesdays he **does** / plays football and at the weekend he goes **swimming** / gymnastics.
- This book is **boring** / exciting. I don't like it.

Score: / 7

Grammar

C. Complete the sentences with *in*, *on* or *at*.

- Alya gets up at six o'clock every day.
- Rob often goes out in the evenings.
- I never read books in my free time.
- My mother usually goes shopping on Thursday mornings.
- We always tidy our room at the weekend.
- Jack sometimes goes bowling on Sundays.

Score: / 6

D. Complete with the Present Simple of the verbs in brackets.

- My sister usually studies (study) after dinner.
- Every afternoon Ted goes (go) rollerblading.
- My friends read (read) comics.
- I often get (get) up late on Saturdays.
- Tina stays (stay) at home on Wednesdays and watches (watch) TV.

Score: / 6

E. Circle the correct words.

- A: **Do you** / You do want to play tennis?
B: Sorry. I **doesn't** / **don't** like sports.
- A: **What time** / **When** do you wash the car?
B: At the weekend.
- A: **Does** / **Do** your sister help with the housework?
B: Yes, she **does** / **doesn't**. But she **often** / **never** tidies her room. It's a mess.
- A: What time do you have lunch?
B: I **always have** / **have always** lunch at 12:30.
- A: Does Saleh **ride** / **rides** his bike in the afternoons?
B: Yes, sometimes.

Score: / 8

Communication



F. Complete the dialogue with the sentences a-d. Then listen and check your answers.



- What's wrong?
- Me too.
- Well, guess what!
- Don't be silly.

- A: Hey, Freddie. You like computer games, right?
B: Yeah.
A: (1) c
B: What? Have you got a new game console?
A: (2) d
B: What then?
A: I've got a new basketball game. Do you want to play later?
B: No thanks.
A: What? (3) a
B: I don't like basketball very much.
A: I've got a great football game, too.
B: Oh, I love football.
A: (4) b

Score: / 8

Speak

GAME

Go round the class, ask questions and complete the sentences. Be the first to complete five of the sentences with different names and you're the winner!

FREE TIME

	surfs the Net.
	plays table tennis.
	reads comics.
	collects coins or stamps.
	does housework.
	goes bowling.
	watches TV.
	does karate.
	goes mountain biking.
	plays baseball.

Write

Write a few sentences about what a classmate, a cousin or a family member does in his/her free time.

Score: / 5
TOTAL SCORE: / 55

Now I can...

- ▶ talk about free-time activities / chores / daily routines
- ▶ say how often I do things
- ▶ say what sports I like/dislike
- ▶ use the Present Simple
- ▶ use prepositions of time
- ▶ talk and write about my favourite day of the week

Do you surf the Net?

Yes, I do. / No, I don't.



Score: / 5

Rhyming Corner

Complete the rhyme with the words in the box. Then listen and check your answers.

shopping
homework
weekend
eight

fishing
late
friends
housework

My everyday life!

Weekdays are boring! Weekdays are boring!

I get up at (1) eight and then I get dressed
 But, I'm always (2) late and I don't have breakfast.

I always do (3) homework right after school
 I never do (4) housework and that's so cool.

But I don't have time to just hang out
 Or do the things I'm crazy about.

Then comes the (5) weekend, I have lots to do
 I have fun with my (6) friends, what about you?

We sometimes go (7) shopping, or play volleyball
 We never go (8) fishing, or play basketball.

Weekends are great! I just can't wait.



A. Look at the pictures. What can you guess about Omar's and Cliff's life? Listen, read and check your answer.



Omar Ahmed

The life of a typical Saudi teenager



On weekdays...

I go to school from seven to one, and in the evenings, I do my homework or sometimes go out with my family.

Lunch

is usually at half past one, and we eat different kinds of food like chicken kabsa or saliq with lamb. For dessert I always have some fruit and I usually have mint tea.



At the weekend...

In Saudi Arabia, the weekend is Friday and Saturday. On Fridays, I hang out at the mall or at the park with my friends.

On Saturdays,

I always do my homework and get ready for school on Sunday. In the afternoon, we sometimes visit our grandparents and have lunch together.

Glossary

mate = friend

nan = grandmother

Sunday dinner = lunch on Sunday

Cliff Lewis

The life of a typical British teenager



On weekdays...

I go to school from nine till three, and in the evenings, I hang out with friends.

Dinner

is usually at seven, and we eat a lot of different kinds of food like Indian, Chinese, Italian.



At the weekend...

In Britain, the weekend is Saturday and Sunday. On Saturdays, I usually go shopping with my mates.

On Sundays,

I usually stay at home. My nan usually visits, and we have Sunday dinner together as a family.

B. Read again and write O for Omar, C for Cliff or B for Both.

1. He wakes up very early in the morning.
2. He likes different kinds of food.
3. He always has dessert after lunch.
4. He goes shopping with his friends.
5. He visits his grandparents at the weekend.