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Exam Specification – Term 3

G12

Unit 1 Medical terminology

Unit	Performance Indicator	Lesson	Exam criteria
Unit 1 Medical terminology	12.1.1 Explain the rationale for medical terminology.	W1 L1	Introduction to medical terminology The importance of medical terminology
	12.1.2 Interpret simple medical prefixes, suffixes and combining vowels.	W1 L2	Medical terms Root words <ul style="list-style-type: none">• Root word meanings
		W1 L3	Medical prefixes <ul style="list-style-type: none">• common medical prefixes• examples of the prefixes used in medical terminology Medical suffixes <ul style="list-style-type: none">• examples of medical suffixes• examples of the suffixes used in medical terminology
		W2 L1	Combining vowels
	12.1.3 Identify medical terminology within medical record reports.	W2 L2	Medical record reports Information needed for a medical record report
	12.1.4 Respond appropriately to instructions which contain medical terminology.	W2 L3	Responding to medical instruction <ul style="list-style-type: none">• Do you recognise these words
	12.1.5 Spell and pronounce medical terminology correctly.	W3 L1	Spelling and pronunciation <ul style="list-style-type: none">• Prefixes and suffixes
		W3 L2	Word stress <ul style="list-style-type: none">• Syllables• Word stress

	<p>12.3.10 Identify the signs and explain how to provide emergency care for dehydration and heat-related illness.</p> <p>12.3.11 Identify the signs and explain how to provide emergency care for insect stings and bites.</p>	W9 L2	<p>Dehydration and heat-related illness Dehydration Signs of dehydration Emergency care for dehydration</p> <p>Heat exhaustion Signs of heat exhaustion Emergency care for heat exhaustion</p> <p>Heat stroke Signs of heat stroke Emergency care for heat stroke</p> <p>Insect stings and bites Signs of a spider bite or insect sting Emergency medical care for insect stings and bites</p>
	12.3.12 Identify and demonstrate first aid for choking and foreign body airway obstruction.	W9 L3	<p>Airway obstructions Signs of partial airway obstruction Signs of a complete airway obstruction Clearing a complete foreign body airway obstruction from a responsive adult or child</p>

Unit	Performance Indicator	Lesson	Exam criteria
Unit 4	12.4.1 Define the purpose and application of physical therapy interventions.	W10 L2	<p>Physical therapy What does physical therapy involve? <ul style="list-style-type: none"> Treatment may include </p>
	12.4.2 Explain the rationale for properly lifting patients and patient ambulation.	W10 L3	<p>Ambulation The importance of ambulating patients who are immobile Moving patients who are in bed Turning patients Assisting patients to stand and walk</p>
	12.4.3 Discuss the guidelines and safety precautions that need to be followed when moving a patient.	W11 L1	<p>How to safely move patients</p> <ul style="list-style-type: none"> General points to remember when lifting a patient Safe reaching technique Safe pushing and pulling technique Power lift

<p>12.4.4 Define good body mechanics and related terms, and apply proper body mechanics practise and techniques with all therapeutic activities.</p>	<p>W11 L2</p>	<p>Body mechanics Body mechanics when lifting or moving a patient General rules when lifting or moving someone Things to avoid when lifting The following steps explain how you should move a person from one object to another. Things to consider when moving someone Ergonomics Tips for good ergonomics</p> <ul style="list-style-type: none"> • Sitting at a desk using a computer • On your phone • Carrying bags
<p>12.4.5 List ways to practise proper body mechanics when assisting with activities of daily living (ADLs).</p>	<p>W11 L3</p>	<p>Activities of daily living Body mechanics when assisting people with ADLs – practical not much content</p>
<p>12.4.6 Describe the indications for an emergency move.</p>	<p>W12 L1</p>	<p>Moving someone in an emergency Different types of carrying techniques</p> <ul style="list-style-type: none"> • Pack-strap carry • Cradle Carry • One-person walking assist • Firefighter's Carry • Firefighter's carry steps
	<p>W12 L2</p>	<p>Two-rescuer carry Types of drags</p> <ul style="list-style-type: none"> • Clothes or bag drag • Blanket drag • Ankle drag
<p>12.4.7 Discuss the various devices associated with moving a patient.</p>	<p>W12 L3</p>	<p>Patient-carrying devices - wheelchairs, wheeled stretchers, portable stretchers, basket stretchers and long backboards.</p>

Unit 3 Medical emergencies

Performance Indicator	Lesson	Exam criteria
12.3.1 Identify the signs and explain how to provide emergency care for a head or spine injury.	W6 L3	<p>The spinal cord</p> <ul style="list-style-type: none"> Spinal cord injuries Signs and symptoms of a potential spinal injury First aid for potential spinal injuries <p>Head injuries</p> <ul style="list-style-type: none"> Symptoms of a head injury Emergency medical care for head injuries
12.3.2 Identify the signs and explain how to provide emergency care for a stroke.	W7 L1	<p>Stroke</p> <ul style="list-style-type: none"> Signs of stroke Emergency medical care for stroke
12.3.3 Identify the signs and explain how to provide emergency care for a diabetic episode.	W7 L2	<p>Diabetes</p> <p>Hypoglycaemia – signs</p> <p>Hyperglycaemia</p> <p>Emergency medical care for a diabetic episode</p>
12.3.4 Identify the signs and explain how to provide emergency care for seizures.	W7 L3	<p>Seizures</p> <p>Signs of a seizure</p> <p>Emergency medical care for a seizure</p>
12.3.5 Identify the signs and explain how to provide emergency care for an allergic reaction.	W8 L1	<p>Allergy</p> <p>Signs of an allergic reaction</p> <p>Emergency medical care for an allergic reaction</p> <p>Administering an epinephrine pen</p>
12.3.6 Identify the signs and explain how to provide emergency care for poisoning.	W8 L2	<p>Poisoning</p> <p>Signs of poisoning</p> <p>Medical care needed to deal with poisoning</p> <p>Poison on the skin or eyes</p>
12.3.7 Identify the signs and explain how to provide emergency care for burns. 12.3.8 Identify the signs and explain how to provide emergency care for an electrical injury.	W8 L3	<p>Burns</p> <p>Emergency care for small burns</p> <p>Emergency medical care for large burns</p> <p>Signs of an electrical injury</p> <p>Emergency medical care for an electrical injury</p>
12.3.9 Identify the signs and explain how to provide emergency care for a suspected fracture.	W9 L1	<p>Fracture</p> <p>Types of bone fractures</p> <p>Signs of a bone fracture</p> <p>Emergency medical care for a suspected fracture</p> <ul style="list-style-type: none"> Closed Compound

Unit 2 Disease prevention

Unit	Performance Indicator	Lesson	Exam criteria
Unit 2 Disease prevention	12.2.1 Identify and explain the modifiable and non-modifiable risk factors for disease.	W3 L3	Risk factors for developing disease or illness Modifiable risk factors <ul style="list-style-type: none"> • Examples Non-modifiable risk factors <ul style="list-style-type: none"> • Examples
	12.2.2 Explore the importance of personal health behaviours such as a healthy diet, adequate sleep and personal hygiene for the prevention of illness and disease.	W4 L1	Personal health behaviours Healthy diet <ul style="list-style-type: none"> • Healthy eating helps to maintain a healthy weight • Certain nutrients affect certain parts of the body/your health • Healthy eating improves mood • Healthy diet controls cholesterol levels
		W4 L2	Adequate sleep Personal hygiene <ul style="list-style-type: none"> • Washing your hands • How to wash your hands
	12.2.3 Explore the role of physical activity in the prevention of illness and disease.	W4 L3	What is physical activity? Physical benefits of exercise Emotional benefits of exercise
		W5 L1	How much exercise is enough? Exercise intensity Sedentary lifestyle
	12.2.4 Explore the role of immunisation in reducing the risk of developing disease.	W5 L2	Immunisation <ul style="list-style-type: none"> • How do vaccines work? • Herd immunity • HAAD immunisation schedule • National Immunisation Program
	12.2.5 Identify the importance of health screening for early detection of certain illnesses and diseases.	W5 L3	What is screening? What do the results mean? <ul style="list-style-type: none"> • The benefits of screening How often do you need screening and what for? General screening tests for adults – difference between men/women need exam to be the same
		W6 L1	The difference between screening and diagnostic test